

VISTA RESEARCH GROUP'S
SAMPLE ONE-YEAR SUMMARY REPORT

This report is for demonstration purposes only – DATA IS NOT REAL

TREATMENT OUTCOMES FOR APOLLO TREATMENT CENTER
For Clients Who Left Treatment Between 10/1/13 & 9/30/14

Total No. of Clients Who Left Treatment:	734
Clients Completing Intake Questionnaire:	682 (92.9%)
No. of Clients in Total Random Sample:	269
Random Sample Clients Who Completed Intake Questionnaire & Are Able to Be Contacted	250 (92.9%)

Abstinence Rates After Leaving Treatment

	<u>Months Since Leaving Treatment</u>		
	<u>1 Month</u>	<u>6 Months</u>	<u>1 Year</u>
Clients Who Completed Interview:	223	191	145
% of Random Sample Who Completed Intake Questionnaire & Could Be Contacted	89.2%	76.4%	58.0%
% of Total Random Sample contacted	82.9%	71.0%	53.9%
Of Clients Who Completed Interview:			
In the last 30 days:			
% Did not use alcohol	77.7%	65.7%	62.3%
% Did not use drugs	85.9%	75.8%	68.5%
% Did not use drugs or alcohol	73.5%	62.6%	57.3%
Since leaving treatment:			
% Did not use alcohol	77.7%	58.9%	46.9%
% Did not use drugs	85.9%	72.7%	58.7%
% Did not use drugs or alcohol	73.5%	55.3%	43.6%
% of random sample who were contactable & didn't use drugs or alcohol in last 30 days	60.9%	44.4%	30.9%

Difference in Abstinence Rates One Year After Treatment
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	All Clients	Completed Interview (% of all Clients)	In The Last 30 Days (% of completed interviews)		In the Year Since Treatment (% of completed interviews)	
			Totally Abstained	Used Drugs or Alcohol	Totally Abstained	Used Drugs or Alcohol
Sex:						
Male	156	78 (50%)	42 (54%)	36 (46%)	32 (41%)	46 (59%)
Female	113	67 (59%)	41 (61%)	26 (39%)	31 (46%)	36 (54%)
Total	269	145 (54%)	83 (57%)	62 (43%)	63 (43%)	82 (57%)
Age (Average years)	24.3	25.7	26.1	25.2	25.8	25.6
Days at Your Treatment Center:						
Average no. of days	35.6	40.2	43.3	36.0	41.8	38.9
Less than 28 days	46 (17%)	20 (14%)	8 (40%)	12 (60%)	7 (35%)	13 (65%)
28 – 35 days	137 (51%)	73 (50%)	40 (55%)	33 (45%)	30 (41%)	43 (59%)
36 – 60 days	65 (24%)	38 (26%)	24 (63%)	14 (37%)	19 (50%)	19 (50%)
61+ days	21 (8%)	14 (10%)	11 (78%)	3 (22%)	7 (50%)	7 (50%)
DSM-5 Addiction Severity at Intake (No. of Yes's for 11 questions):						
Average No. of Yes's	6.4	6.1	5.9	6.4	6.0	6.3
No Disorder (0-1 symptoms)	1 (0%)	1 (100%)	1 (100%)	0 (0%)	1 (100%)	0 (0%)
Mild (2-3 symptoms)	15 (6%)	9 (60%)	6 (67%)	3 (33%)	5 (55%)	4 (44%)
Moderate (4-5 symptoms)	108 (40%)	65 (60%)	40 (61%)	25 (39%)	28 (43%)	37 (57%)
Severe (6+ symptoms)	145 (54%)	70 (48%)	36 (51%)	34 (49%)	29 (41%)	41 (59%)
Have attended another treatment center since leaving yours		15 (10%)	8 (10%)	7 (11%)	0 (0%)	15 (18%)

	All Clients	Completed Interview	In The Last 30 Days (% of completed interviews)		In the Year Since Treatment (% of completed interviews)	
		(% of all Clients)	Totally Abstained	Used Drugs or Alcohol	Totally Abstained	Used Drugs or Alcohol
Primary Drug(s) of Choice*:						
Alcohol	143 (53%)	84 (59%)	50 (59%)	34 (41%)	39 (46%)	45 (54%)
Marijuana	13 (5%)	8 (61%)	5 (62%)	3 (38%)	4 (50%)	4 (50%)
Amphetamines	23 (8%)	13 (57%)	7 (54%)	6 (46%)	6 (46%)	7 (54%)
Cocaine	18 (7%)	10 (55%)	5 (50%)	5 (50%)	4 (40%)	6 (60%)
Methamphetamines	33 (12%)	15 (45%)	9 (60%)	6 (40%)	7 (47%)	8 (53%)
Hallucinogens	15 (5%)	9 (60%)	6 (67%)	3 (33%)	5 (55%)	4 (45%)
Opiates (non-heroin)	65 (24%)	29 (45%)	14 (48%)	15 (52%)	12 (41%)	17 (59%)
Benzodiazepines	25 (9%)	15 (60%)	8 (53%)	7 (47%)	6 (40%)	9 (60%)
Stimulants	11 (4%)	7 (64%)	5 (71%)	2 (29%)	4 (57%)	3 (43%)
Heroin	101 (38%)	44 (44%)	21 (48%)	23 (52%)	18 (41%)	26 (59%)
Inhalants	7 (3%)	5 (71%)	3 (60%)	2 (40%)	3 (60%)	2 (40%)
Club drugs	5 (2%)	4 (80%)	2 (50%)	2 (50%)	2 (50%)	2 (50%)
Bath salts	6 (2%)	4 (67%)	2 (50%)	2 (50%)	2 (50%)	2 (50%)
Total	1.73 per client	145 (54%)	83 (57%)	62 (43%)	63 (43%)	82 (57%)

* Adds to more than 100% because many clients claimed more than one primary drug of choice

SAMPLE ONE-YEAR QUESTIONNAIRE

FEEDBACK FROM CLIENTS ONE YEAR AFTER LEAVING TREATMENT CENTER

Looking back at your stay at Apollo Treatment Center, what elements of their program were particularly effective at helping you remain clean and sober after leaving?

The one-on-one therapy was really helpful in terms of understanding what was driving me to drink to lethal levels.

I've stayed in touch with most of the guys in my section, and they've really helped me when I've been struggling.

Jason was a fabulous counselor. I always knew he really cared & could see through my b.s.

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What do you think Apollo Treatment Center could have done better to help prepare you for a life of sobriety?

It would have been nice if I could have reached out to any of my counselors when the cravings struck. I felt like I had built a really solid relationship with Karen, and suddenly I had no way to contact her.

Apollo recommended I go to a half-way house for at least six months, but we couldn't afford it, so I can't really blame them that I relapsed soon after leaving. Perhaps if they had helped me find some cheaper options, I could have avoided those 3 months of hell.

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