

# Vista Research Network

Treatment Effectiveness: Adolescent SUD Patients

(Patients in treatment between 1/1/16 & 6/30/23)

### Demographics:

- Gender/Age
- Living Arrangements
- Ethnicity
- Employment
- Education
- Patients Location

### Why Patients Entered Treatment

### Key Life Goals

### Drug Use:

- Primary Drug of Choice
- Addiction Severity
- Previous Treatment Episodes
- Medication Supported Recovery

### Overall Feeling/Co-Occurring Disorders at Intake:

- Overall Feeling
- Depression Symptoms (PHQ-9)
- Anxiety Symptoms (GAD-7)
- Trauma Symptoms (PCL-6)
- Eating Disorders (Dr. Eric Stice's EDDS)
- Other Disorders
- Suicidal Thoughts (CSSRS)
- Self-Harming Behavior

### Co-Occurring Disorder Improvement During Treatment:

- Depression Symptoms (PHQ-9)
- Anxiety Symptoms (GAD-7)
- Trauma Symptoms (PCL-6)
- Eating Disorders (Dr. Eric Stice's EDDS)
- Suicidal Thoughts (CSSRS)

### Treatment Completion Rates

- All programs
- By Source of Payment
- By Program(s) Attended

### Patient Satisfaction

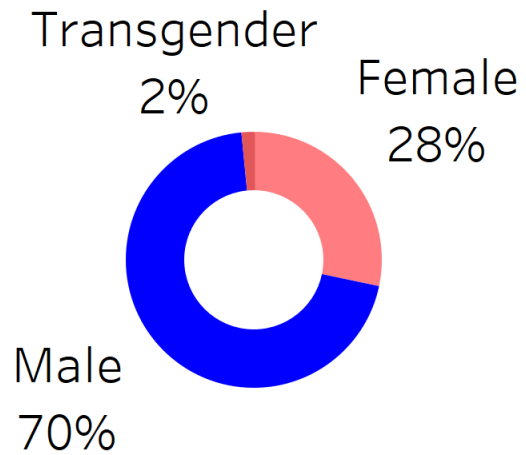
### Treatment Goals

- Were patients asked about treatment goals
- Were treatment goals met

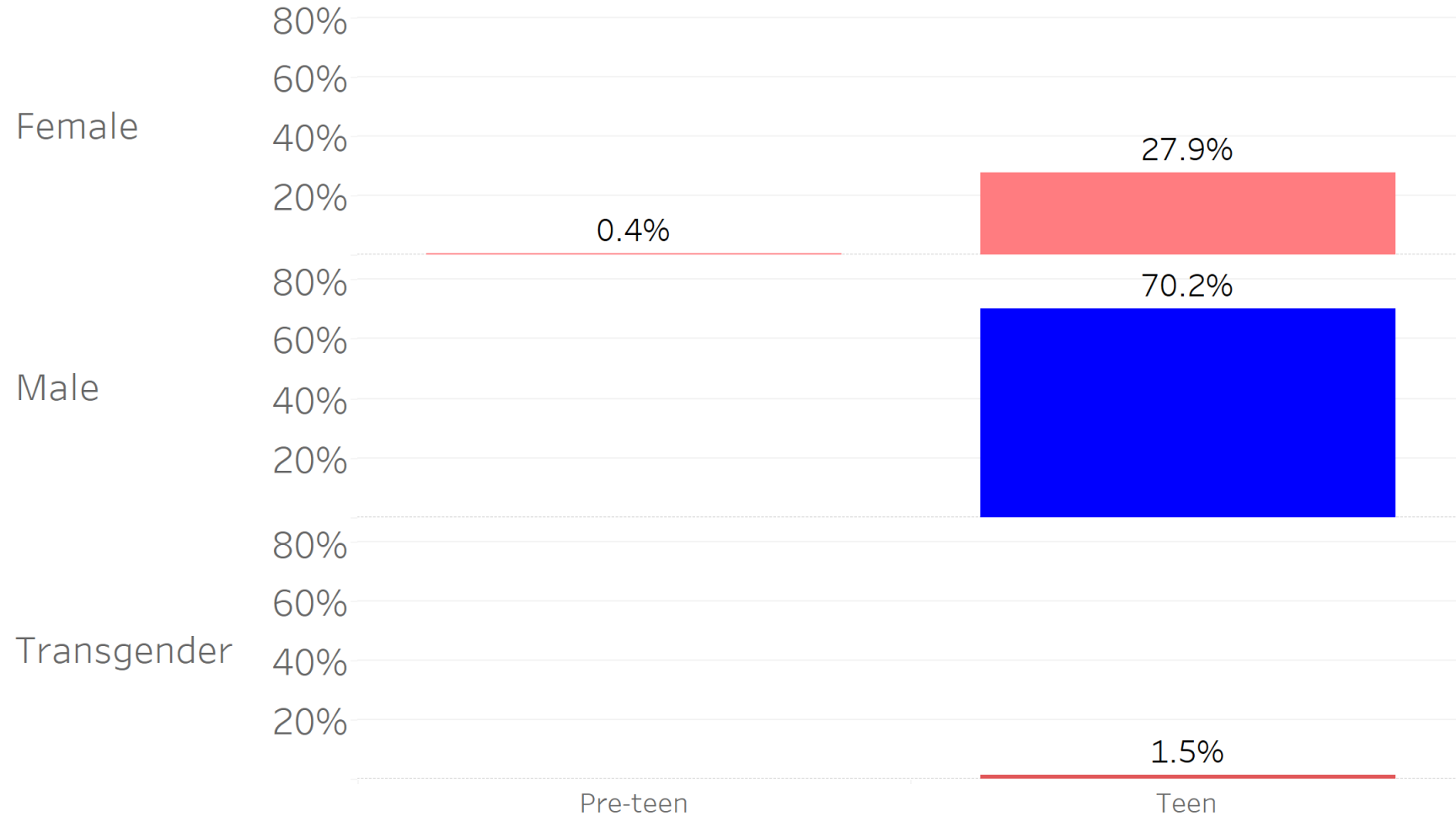
# Vista Research Network

(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)

## Gender



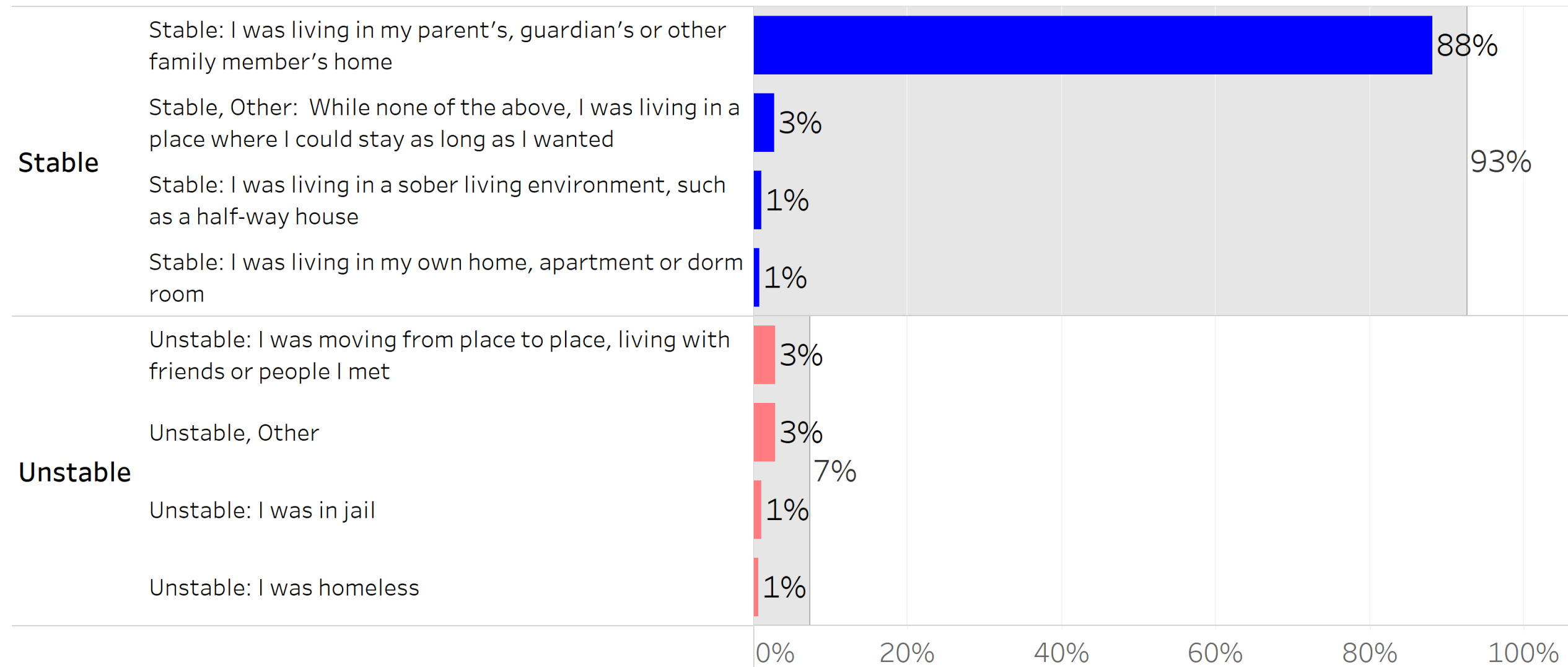
## Age Distribution by Sex



# Living Arrangements

## Vista Research Network

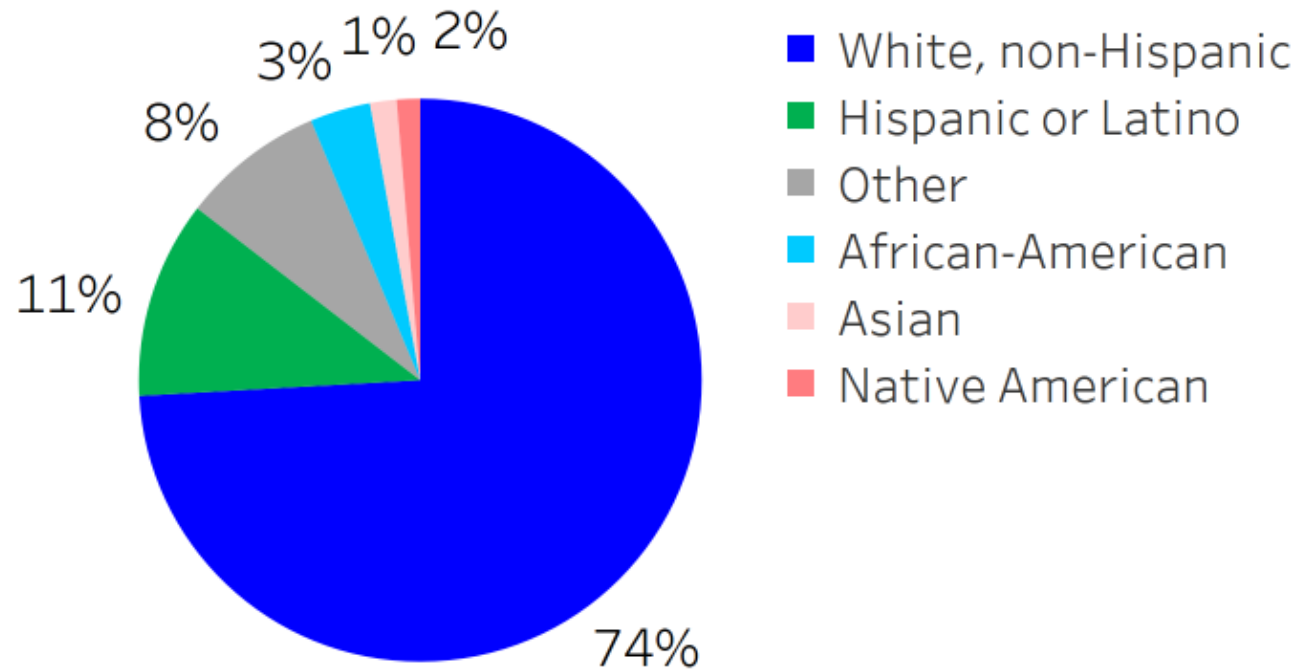
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(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)

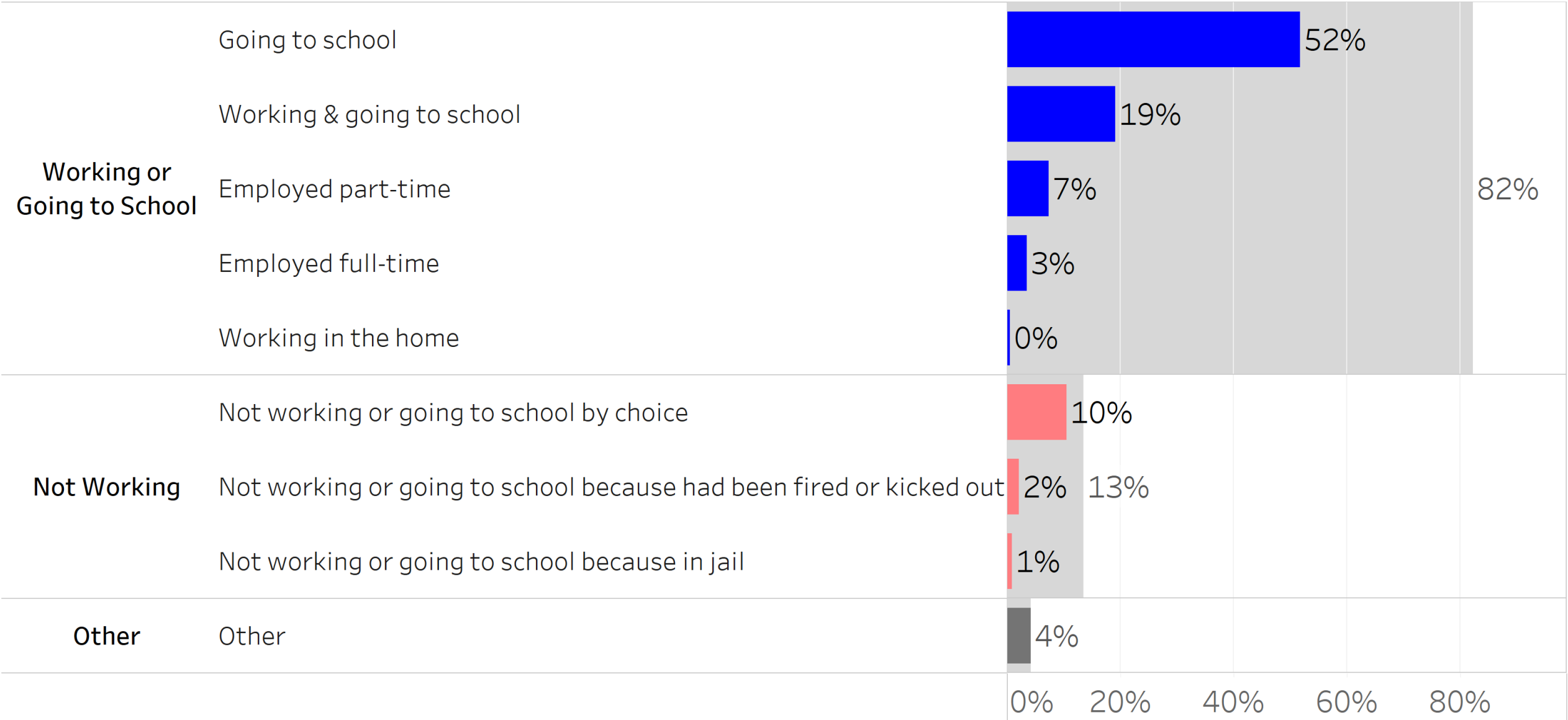
### Ethnicity



# Employment

## Vista Research Network

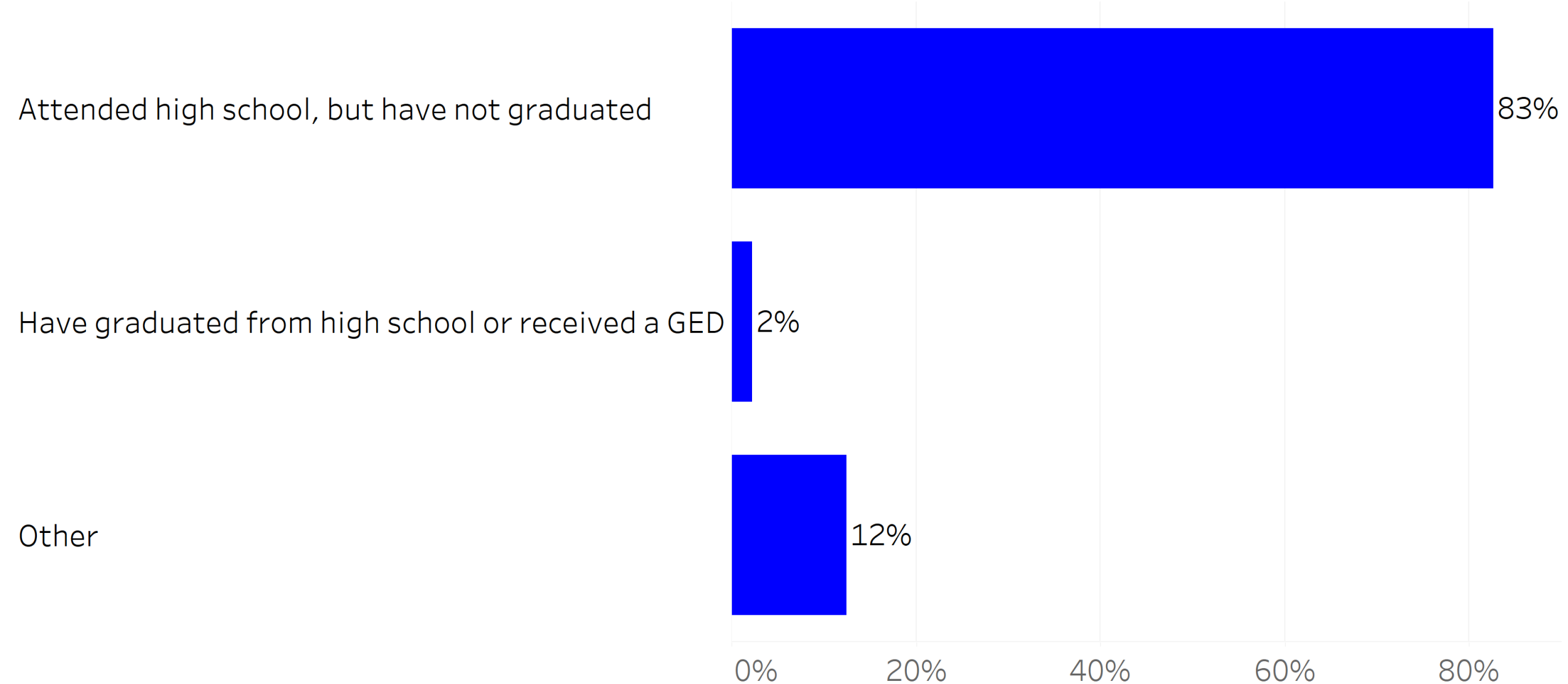
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Highest Education Level

## Vista Research Network

(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Where Patients' Live

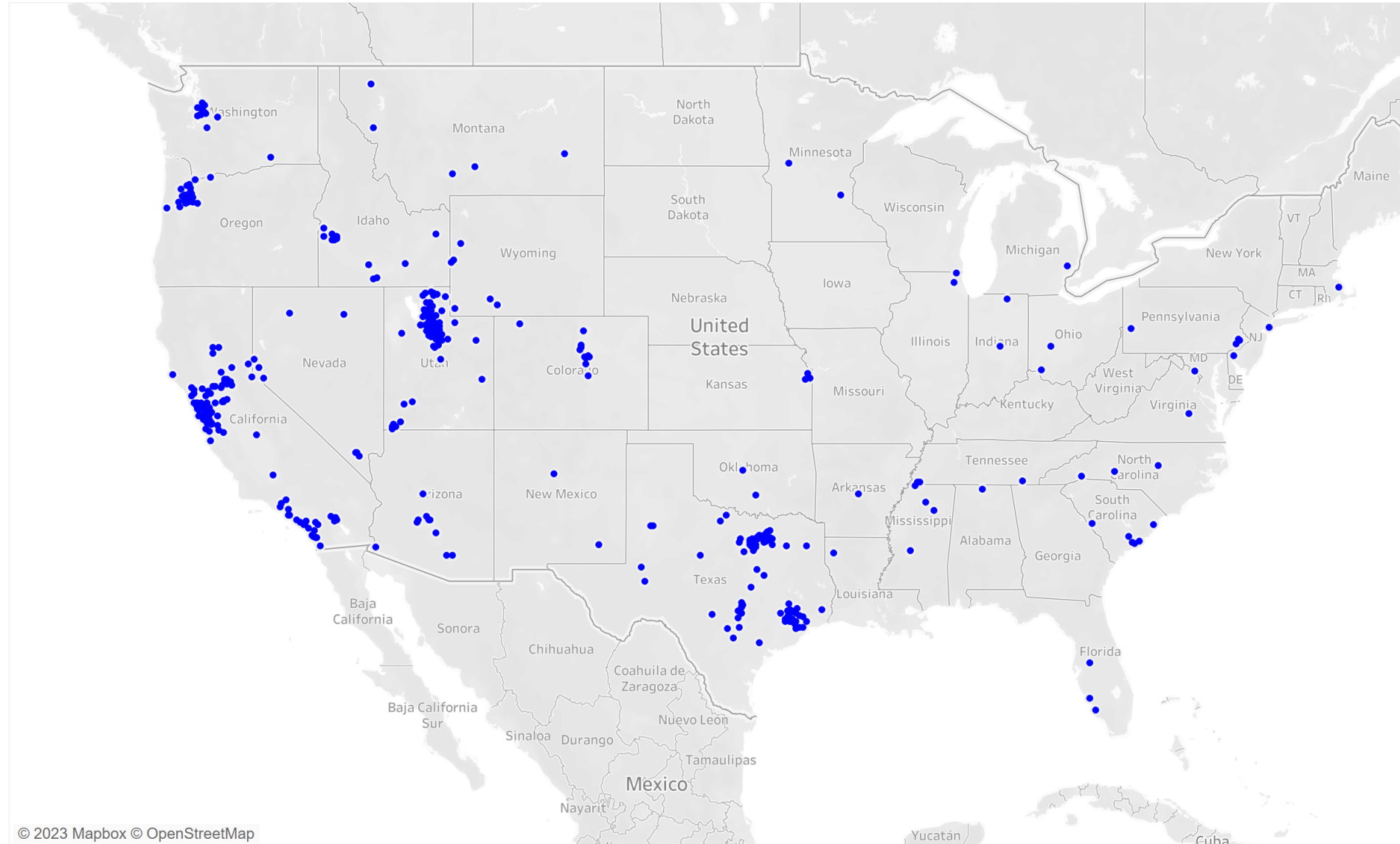
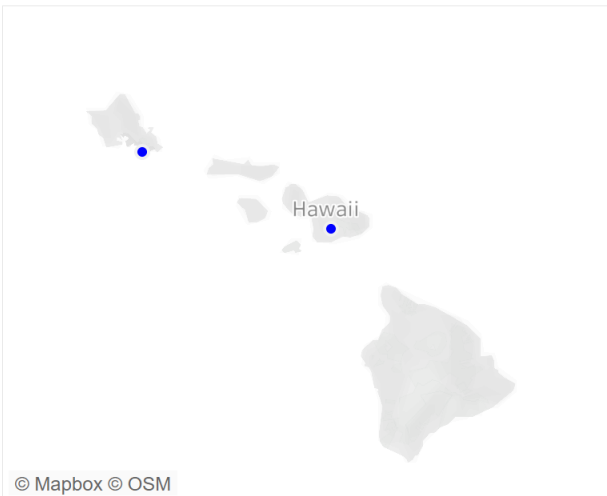
## Vista Research Network

(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)

### Patients' Location - Alaska



### Patients' Location - Hawaii

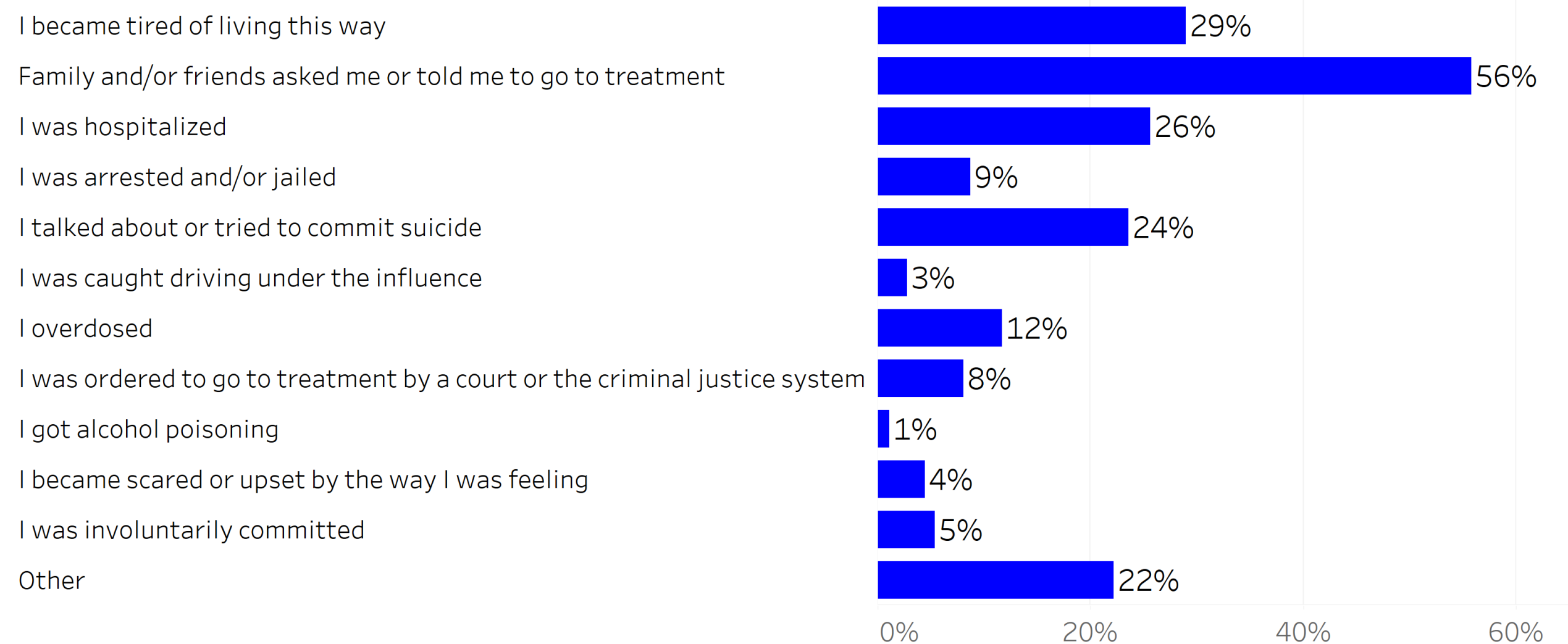




# What Happened Right Before that Led to Treatment

## Vista Research Network

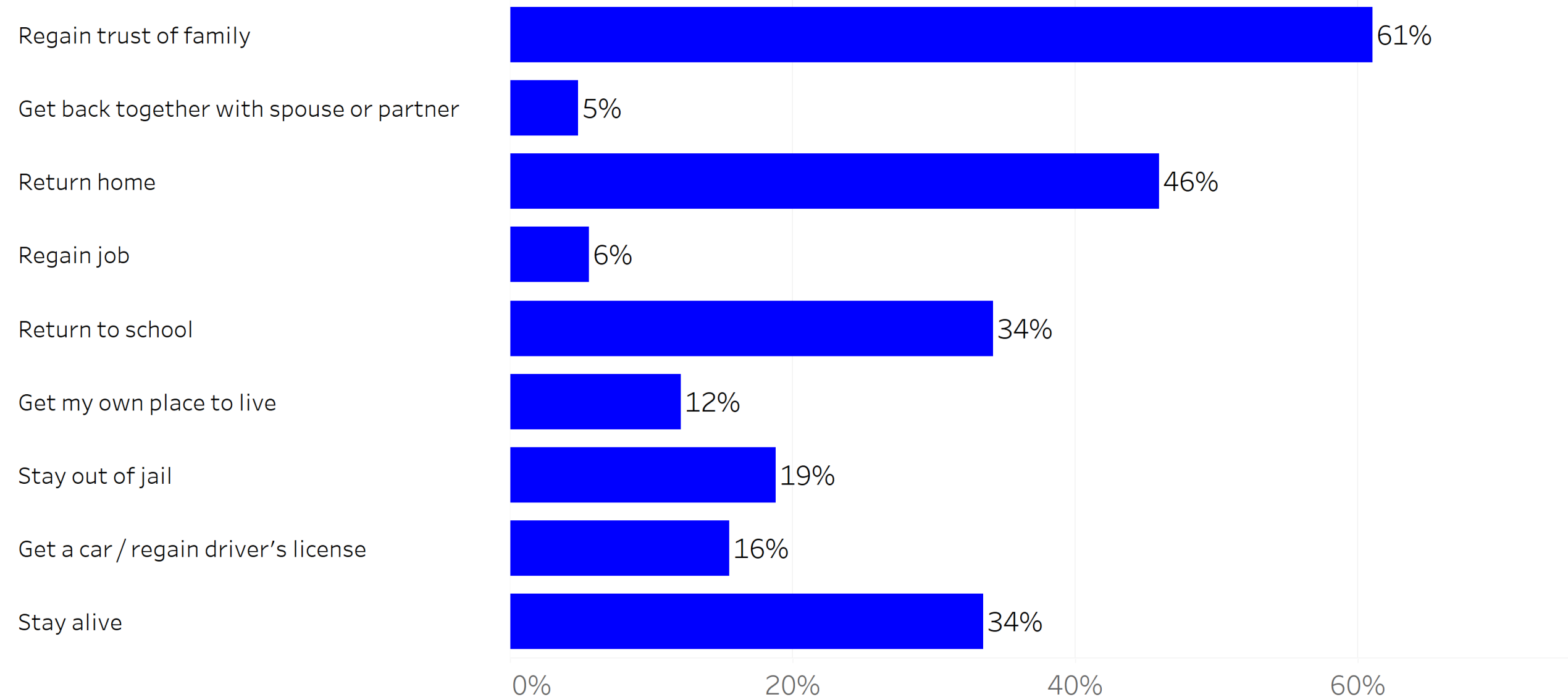
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Key Life Goals Named At Intake

## Vista Research Network

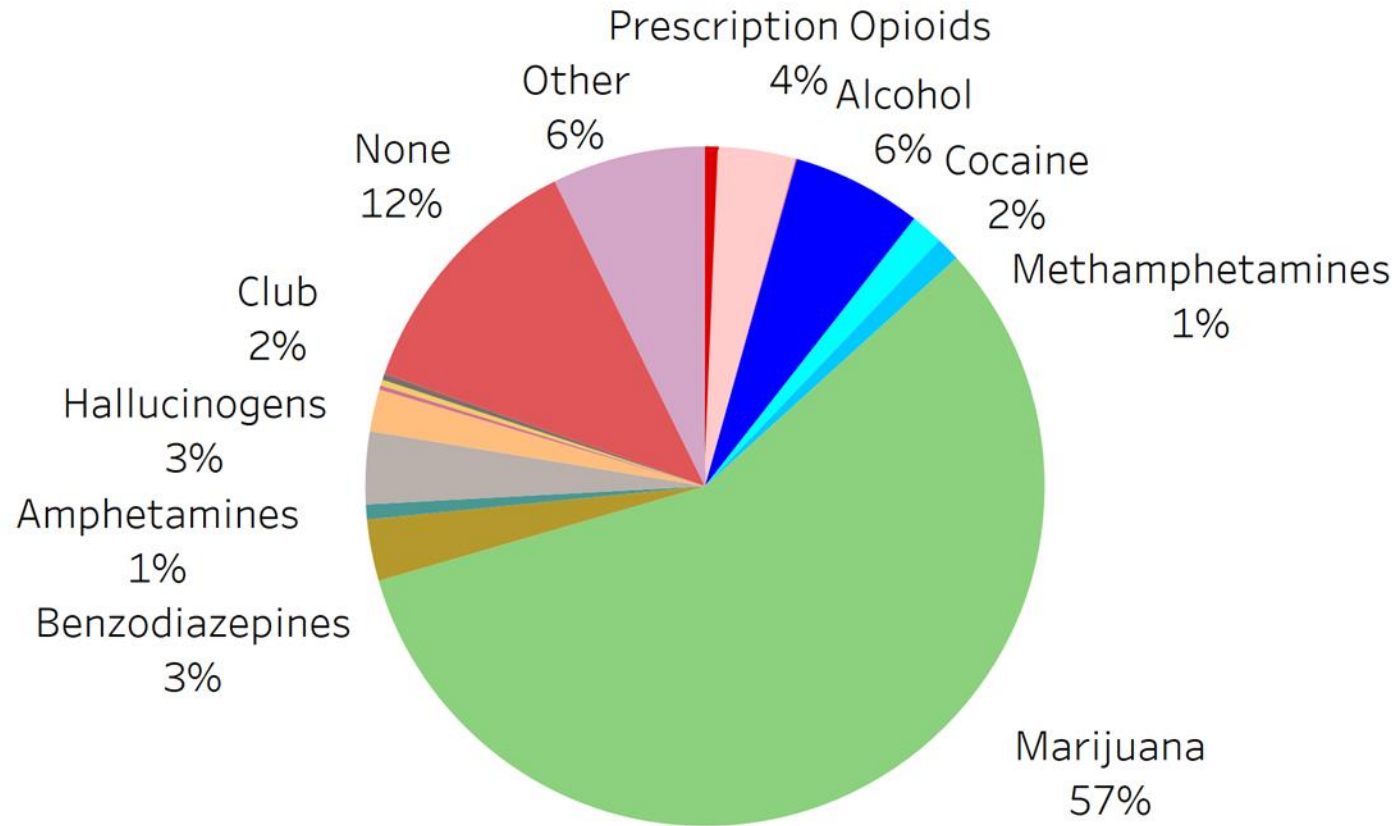
(among 701 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# What is Your Primary Drug of Choice?

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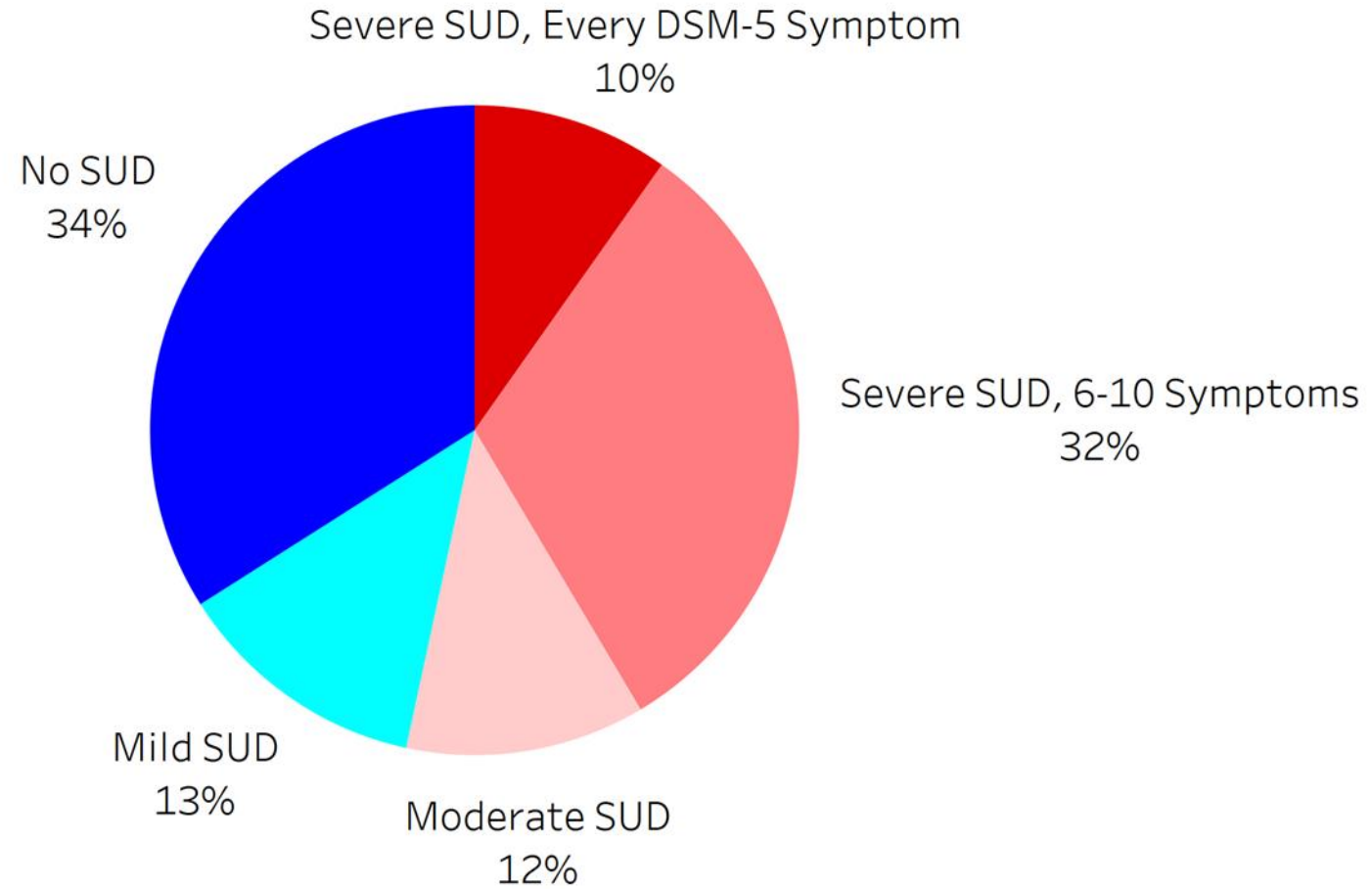
(among 1,401 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Addiction Severity

## Vista Research Network

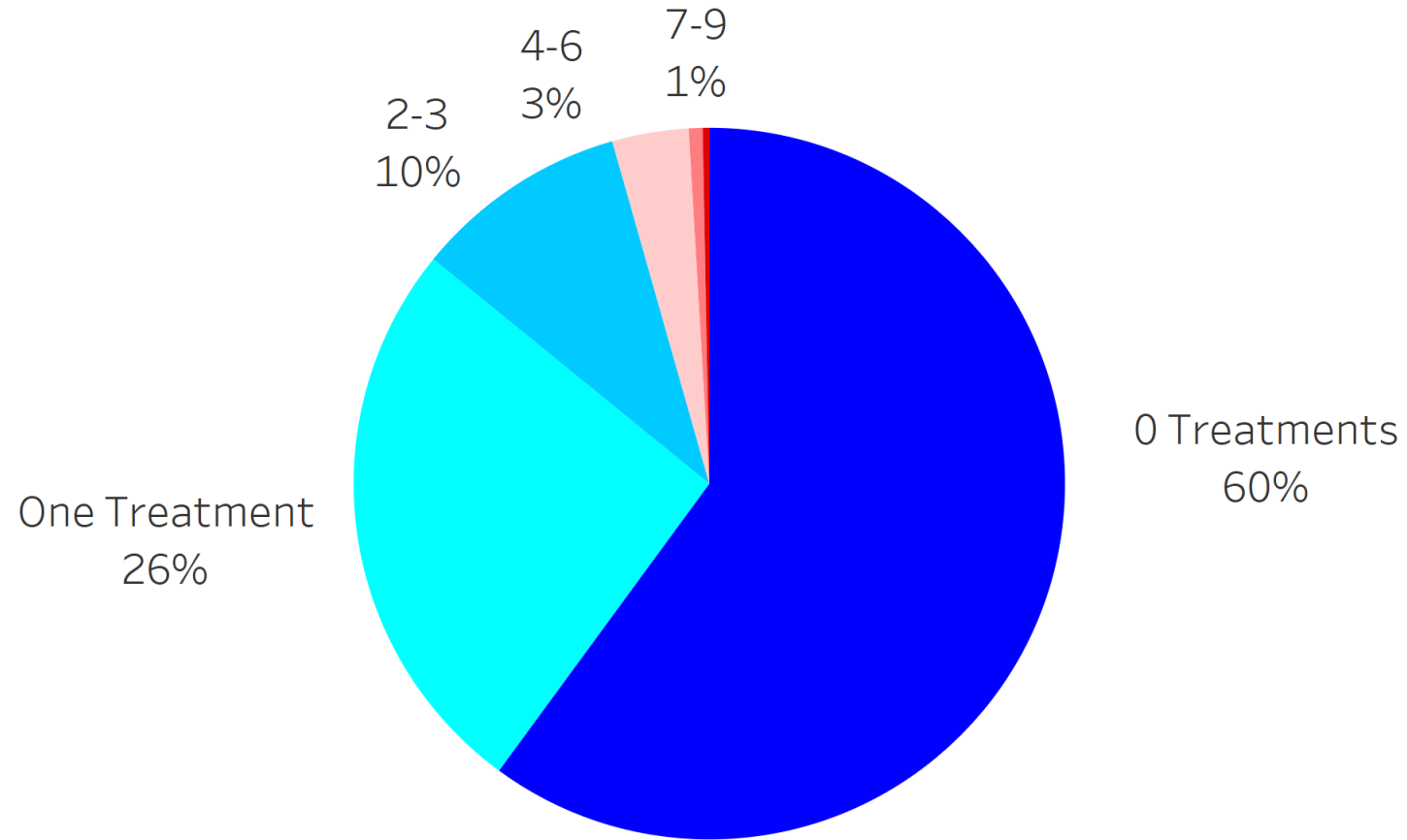
(among 1,401 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# No. of Previous Treatments

## Vista Research Network

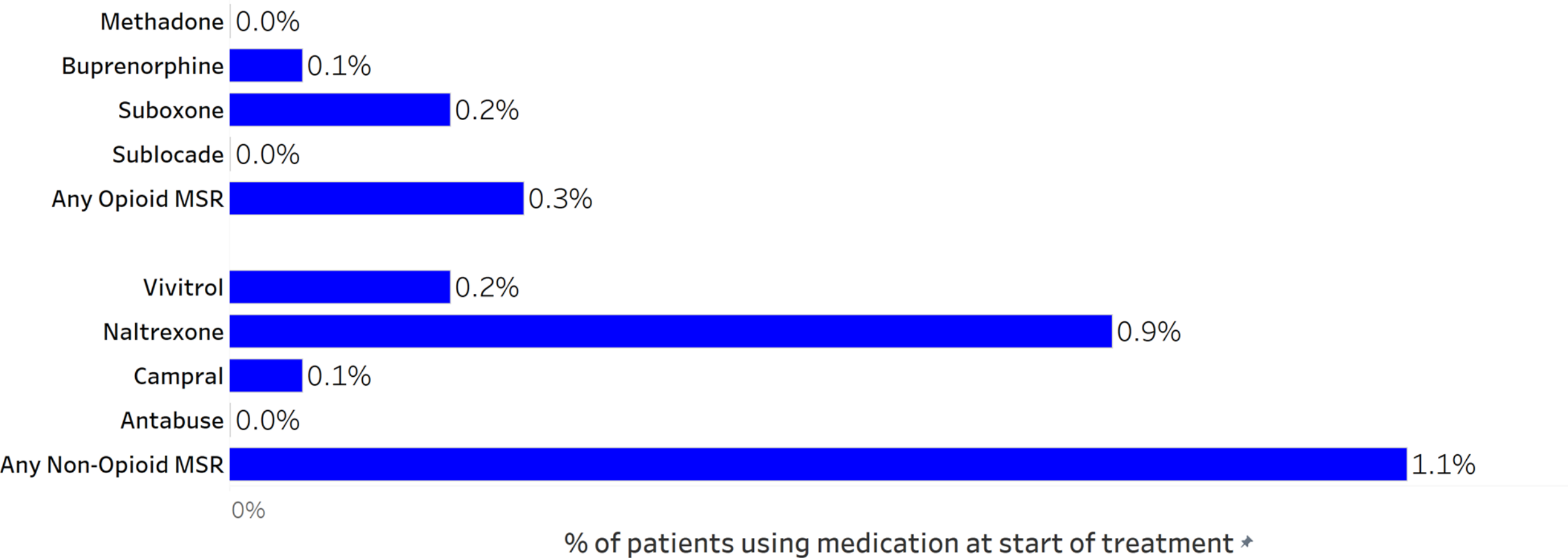
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Percent of Medication Supported Recovery Patients at Intake

## Vista Research Network-Intake

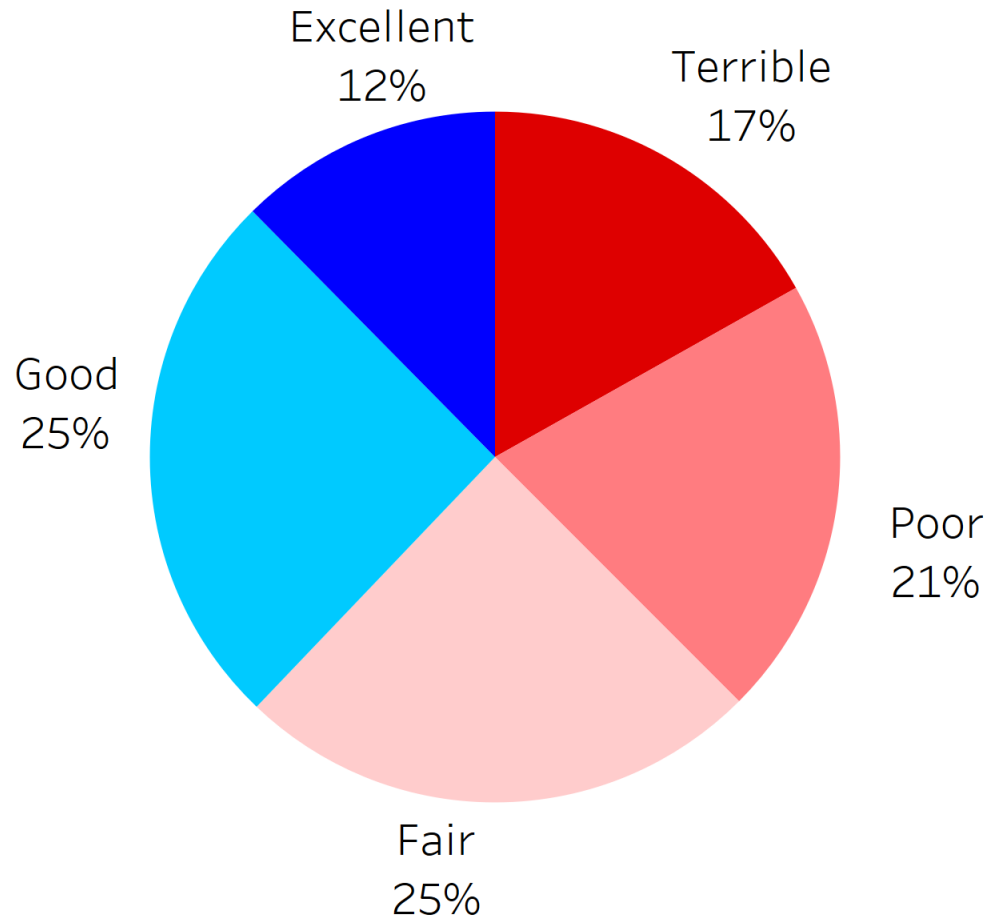
(among 1,401 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Overall Feeling at Intake

## Vista Research Network

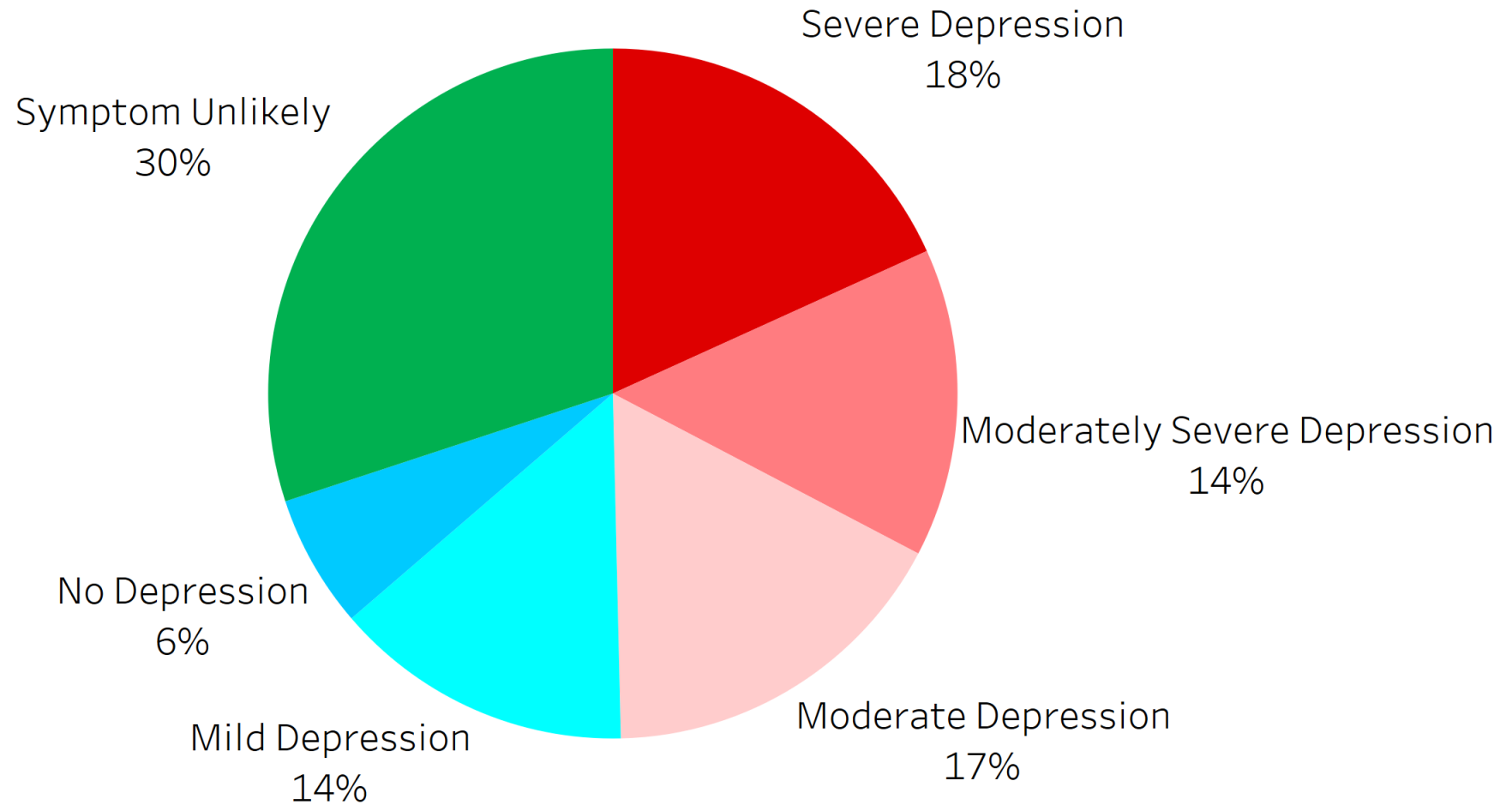
(among 1,413 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Depression Symptoms at Intake (PHQ-9)

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(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)

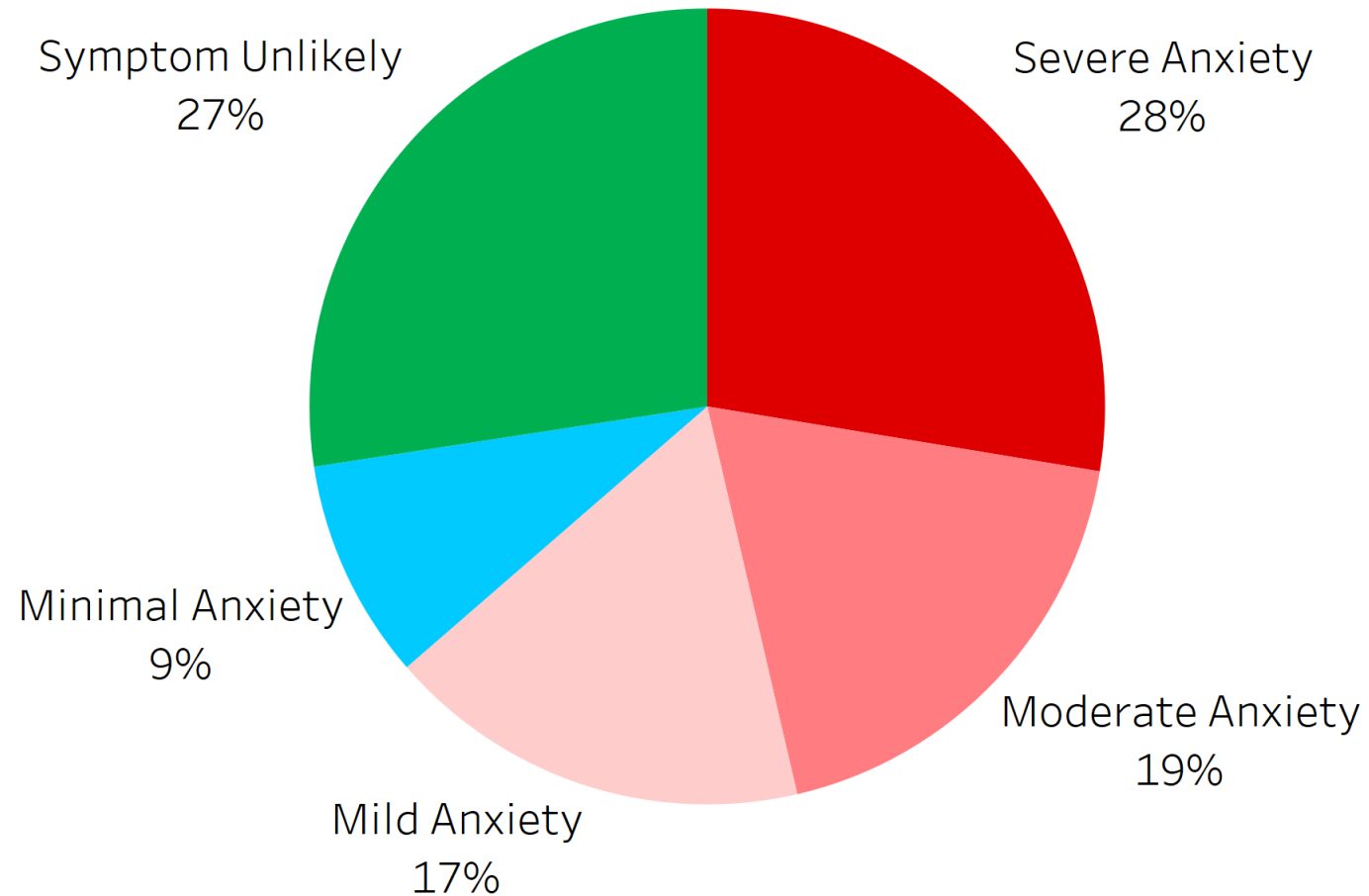




# Anxiety Symptoms at Intake (GAD-7)

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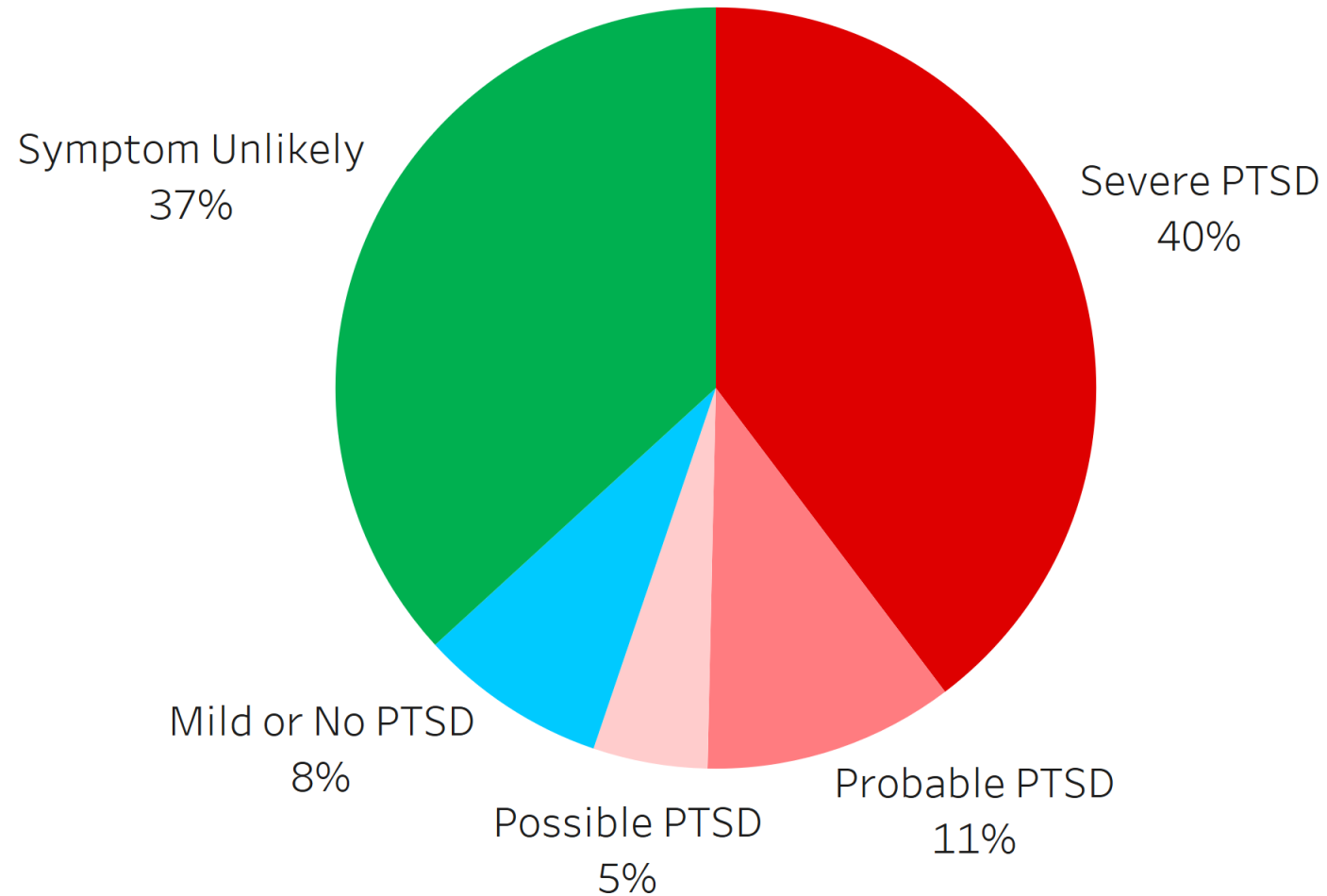
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Trauma Symptoms at Intake (PCL-6)

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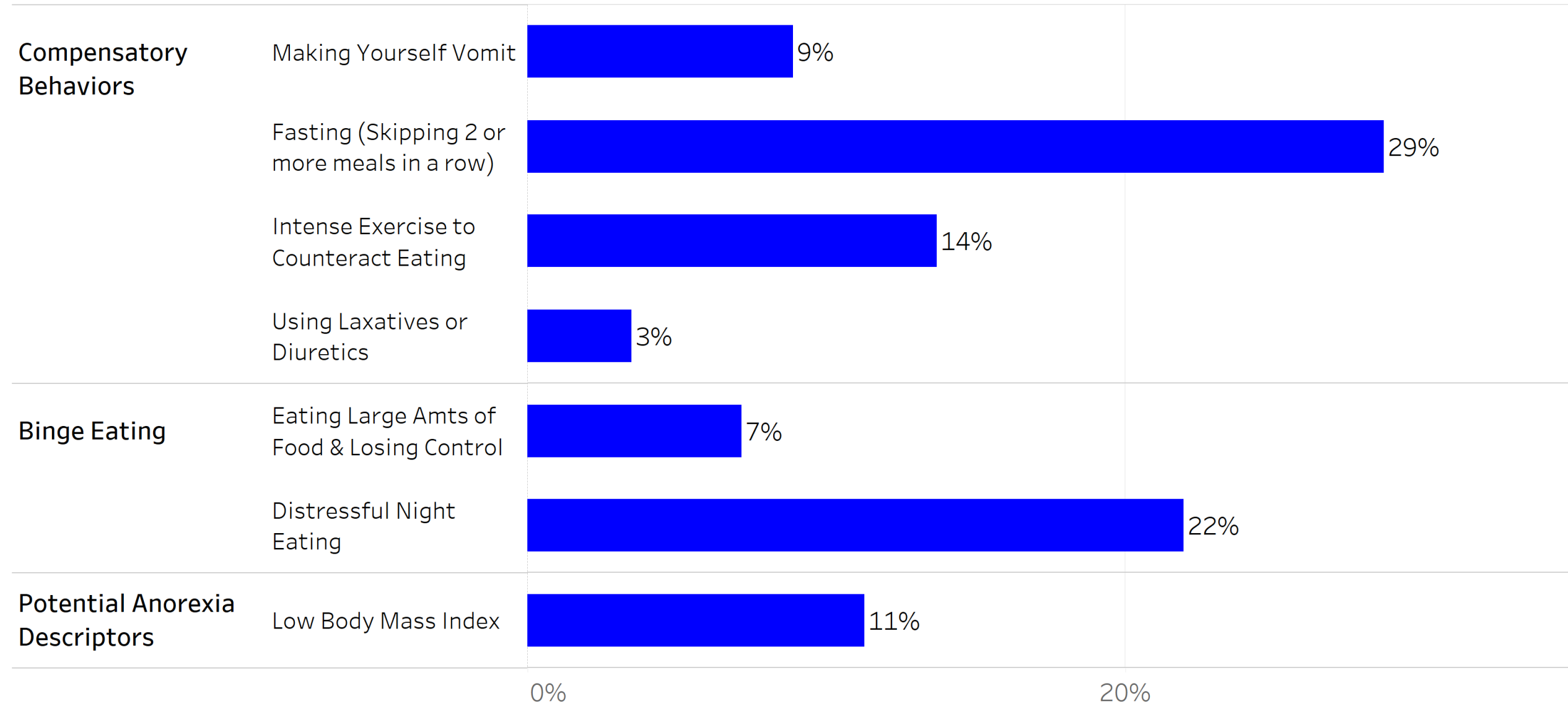
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Eating Disorders at Intake

## Vista Research Network

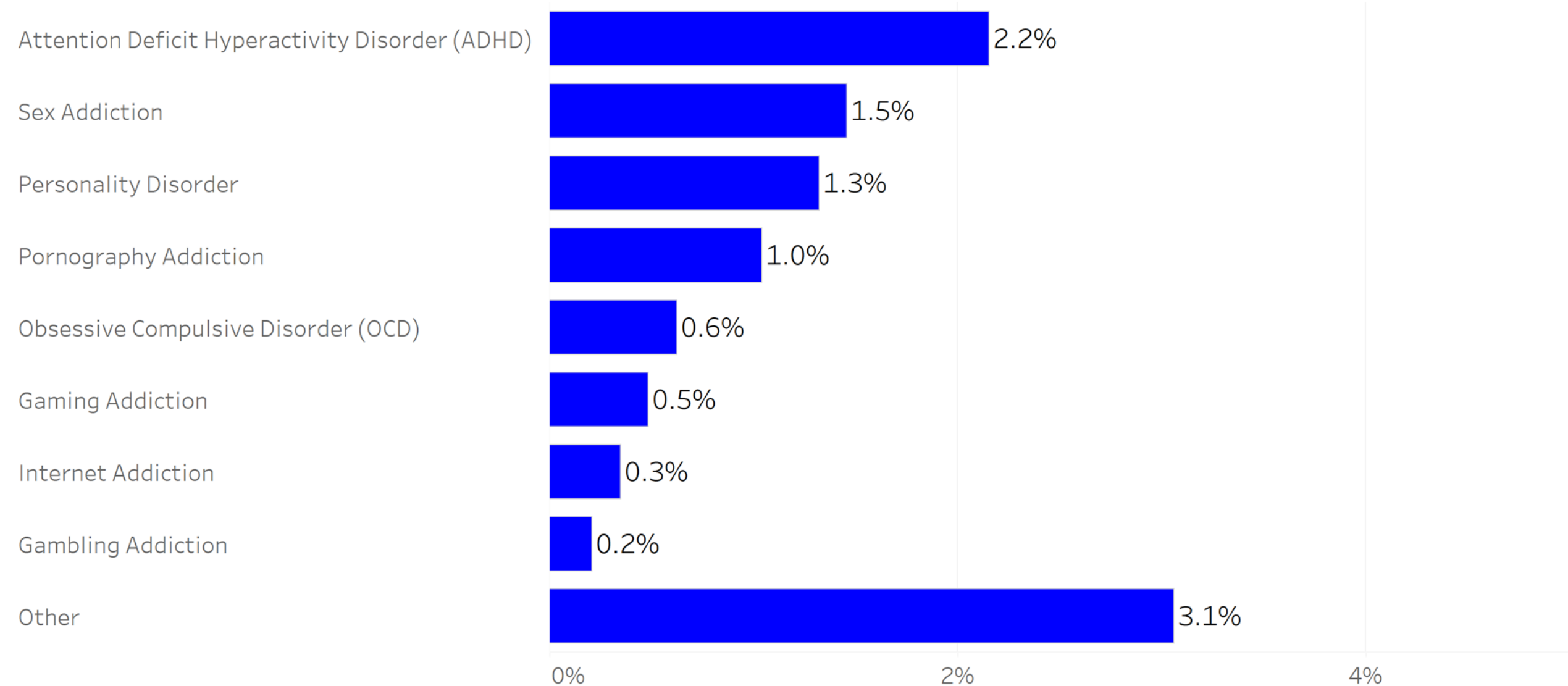
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Presence of Other Issues or Disorders

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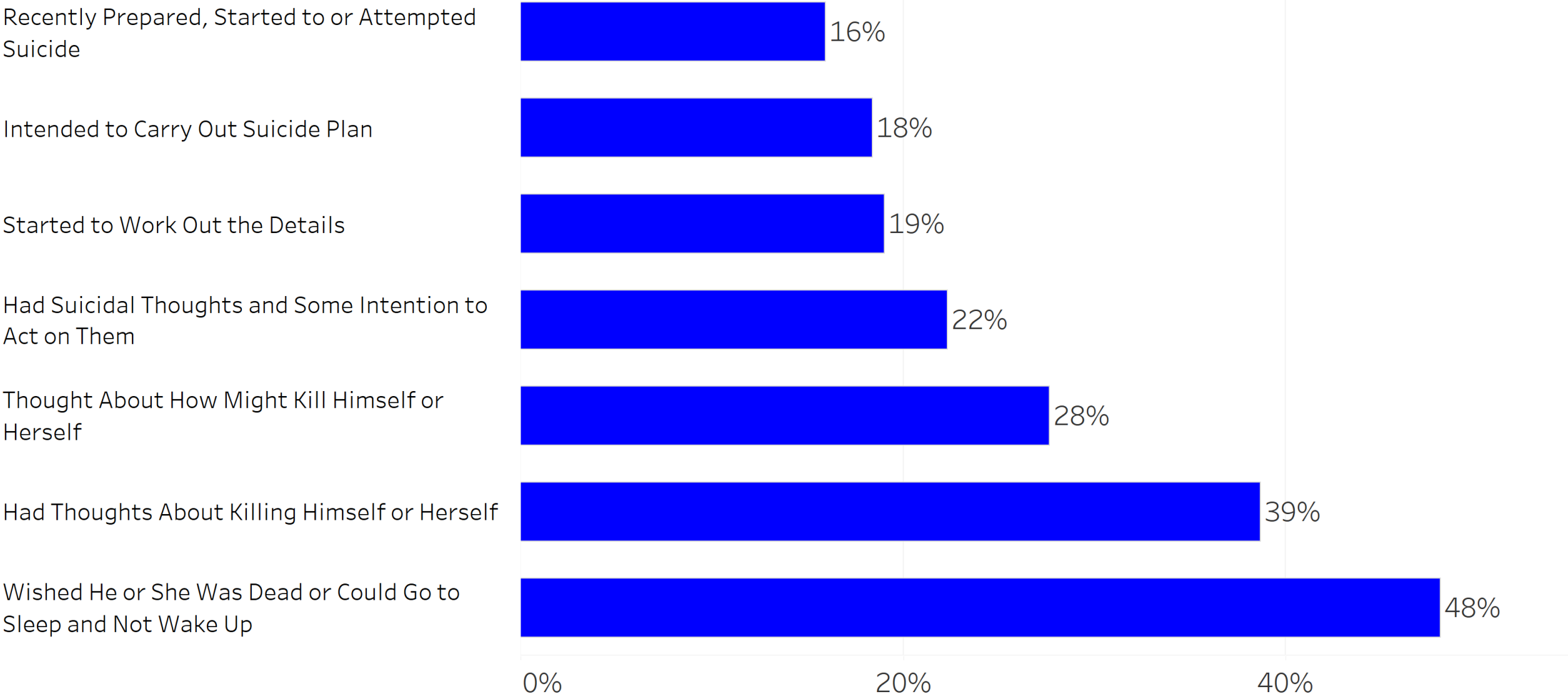
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Suicidal Thoughts and Intentions at Intake

## Vista Research Network

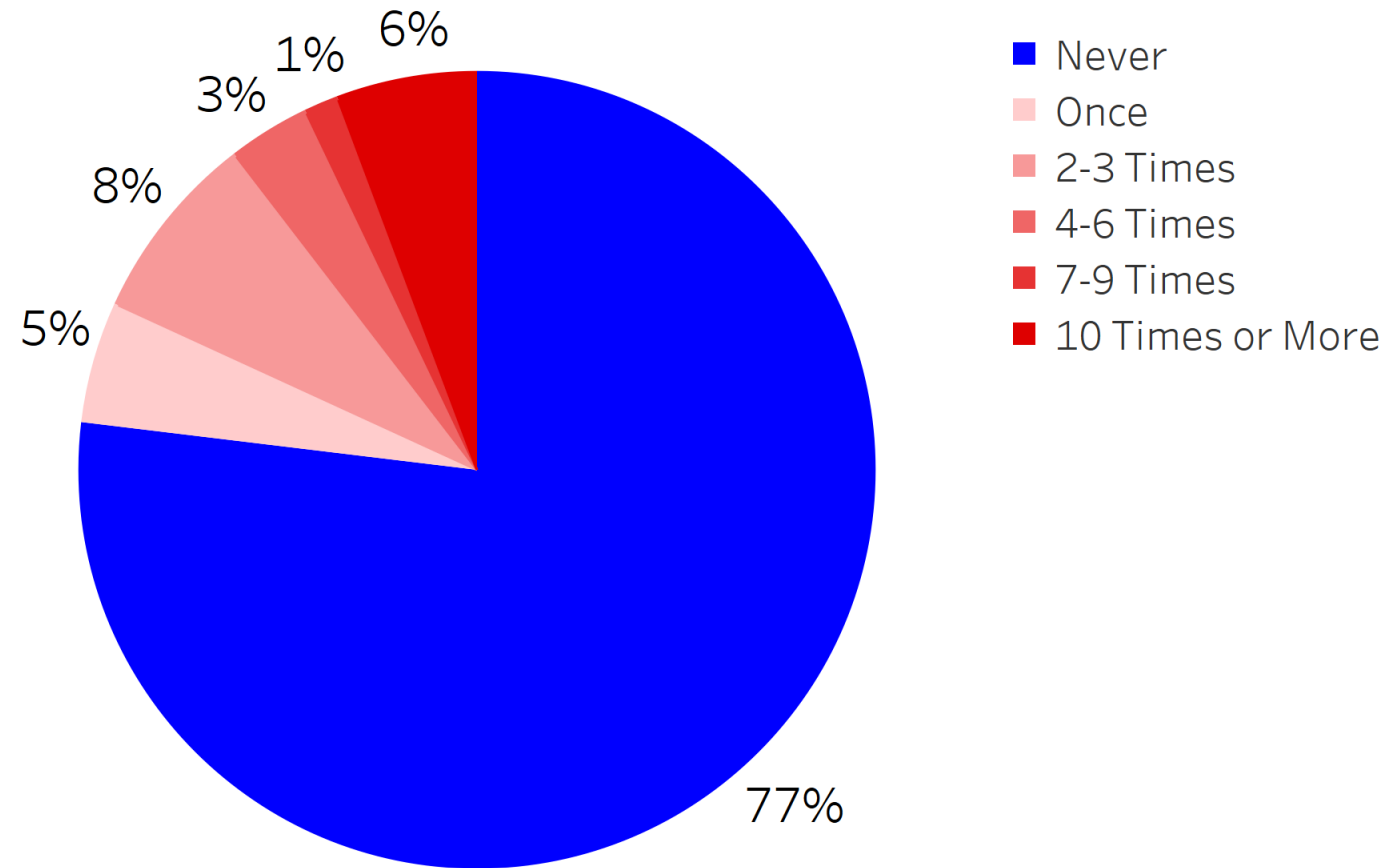
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Self Harm Symptoms at Intake

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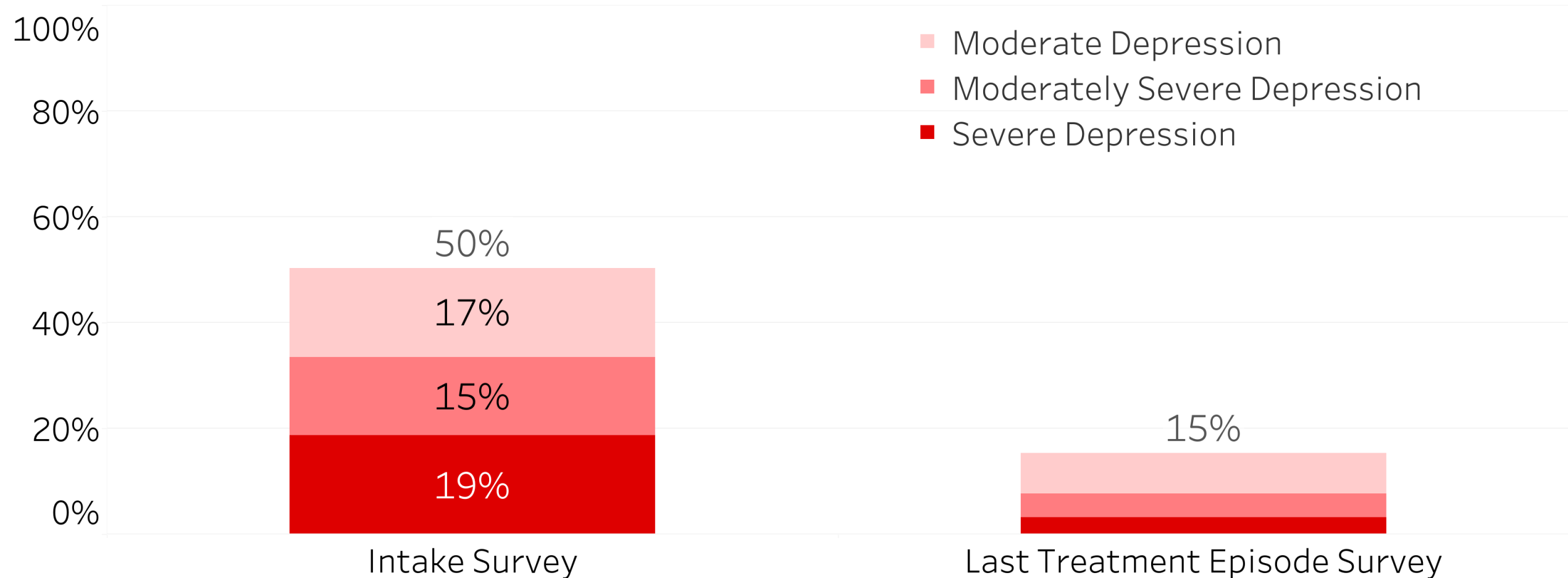
(among 1,438 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)



# Patient Progress on Depression Symptoms (PHQ-9)

## Vista Research Network

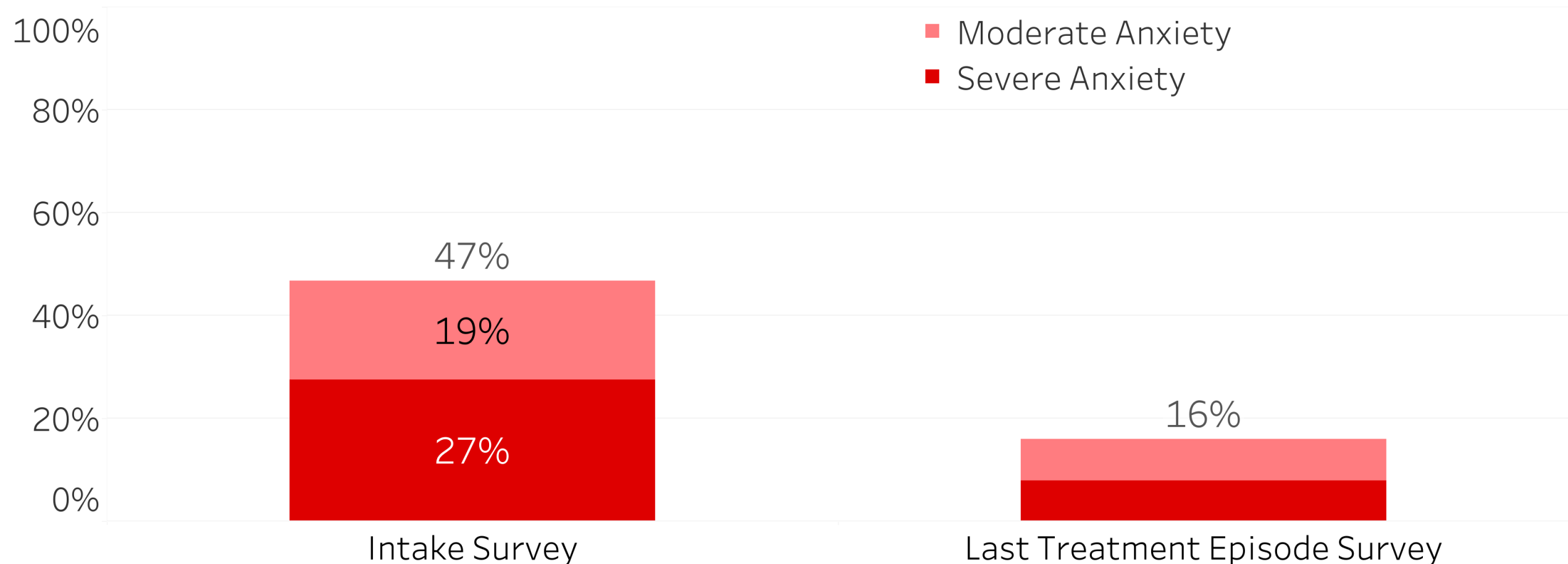
(among 1,288 adolescent SUD patients in treatment between 1/1/16 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Anxiety Symptoms (GAD-7)

## Vista Research Network

(among 1,288 adolescent SUD patients in treatment between 1/1/16 and 6/30/23 with at least 1 progress survey response)

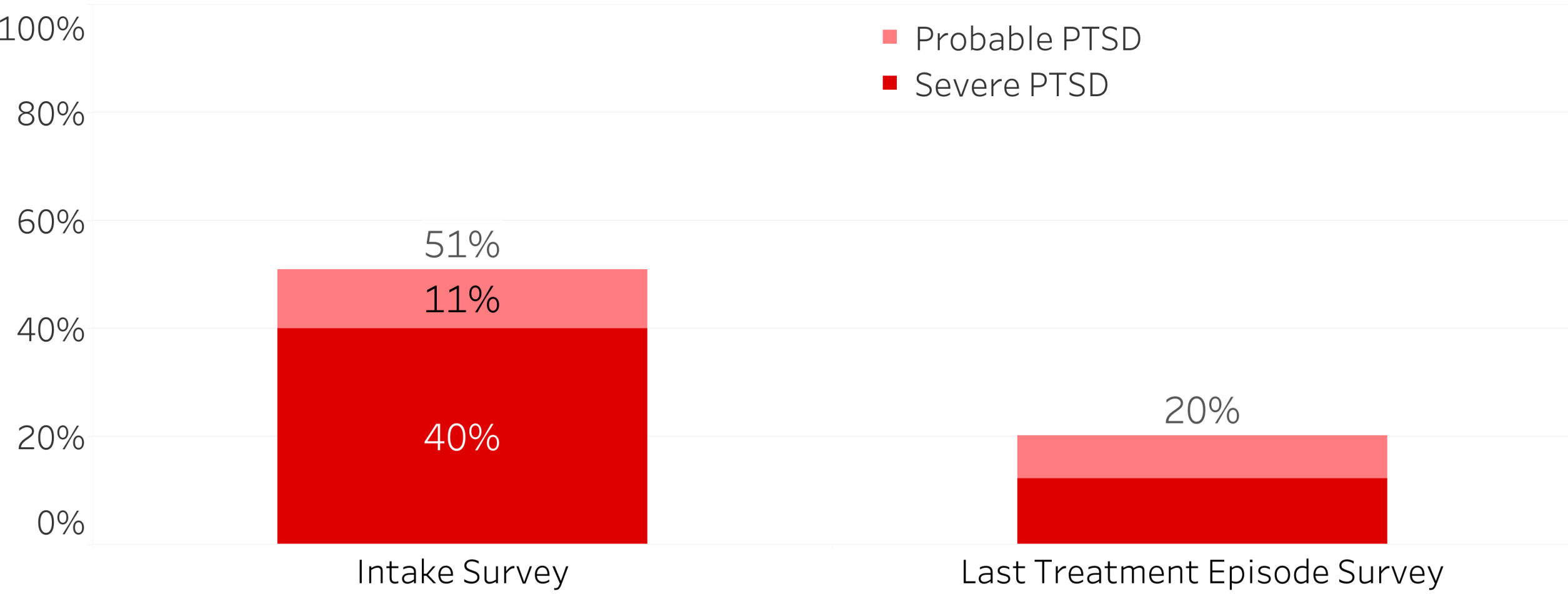




# Patient Progress on Trauma Symptoms (PCL-6)

## Vista Research Network

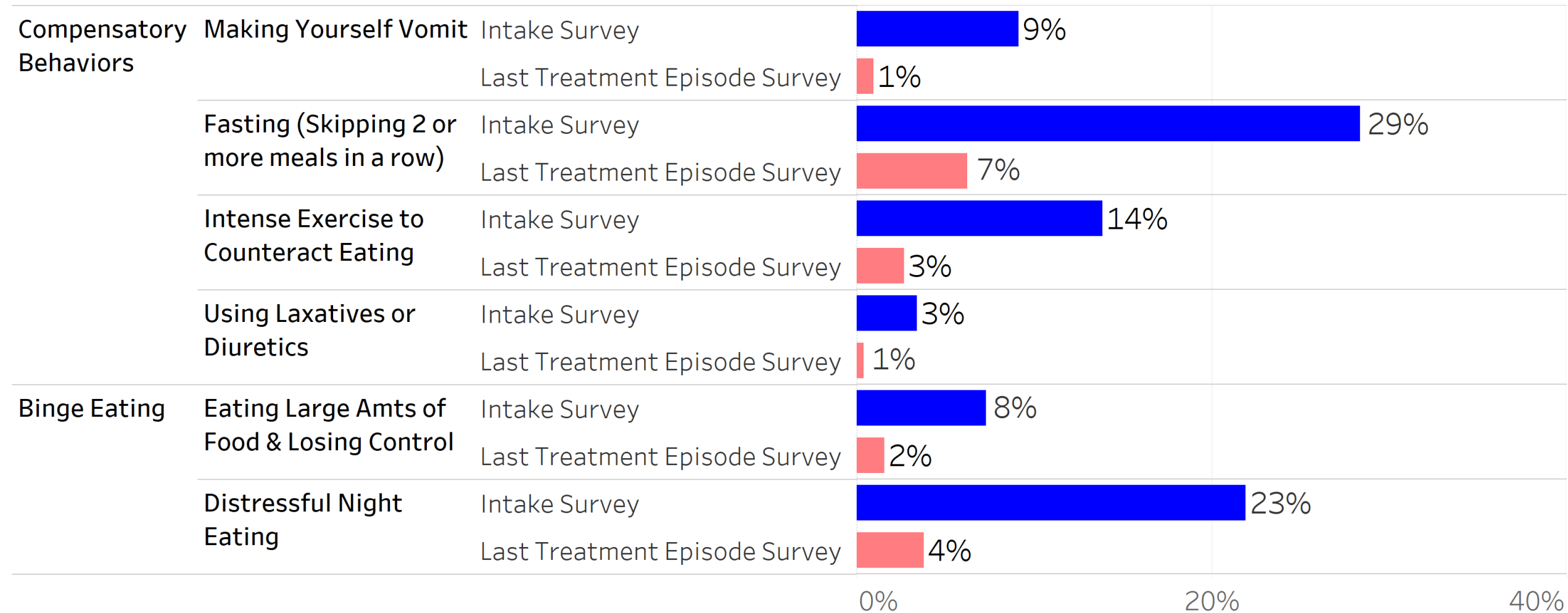
(among 1,288 adolescent SUD patients in treatment between 1/1/16 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Eating Disorders

## Vista Research Network

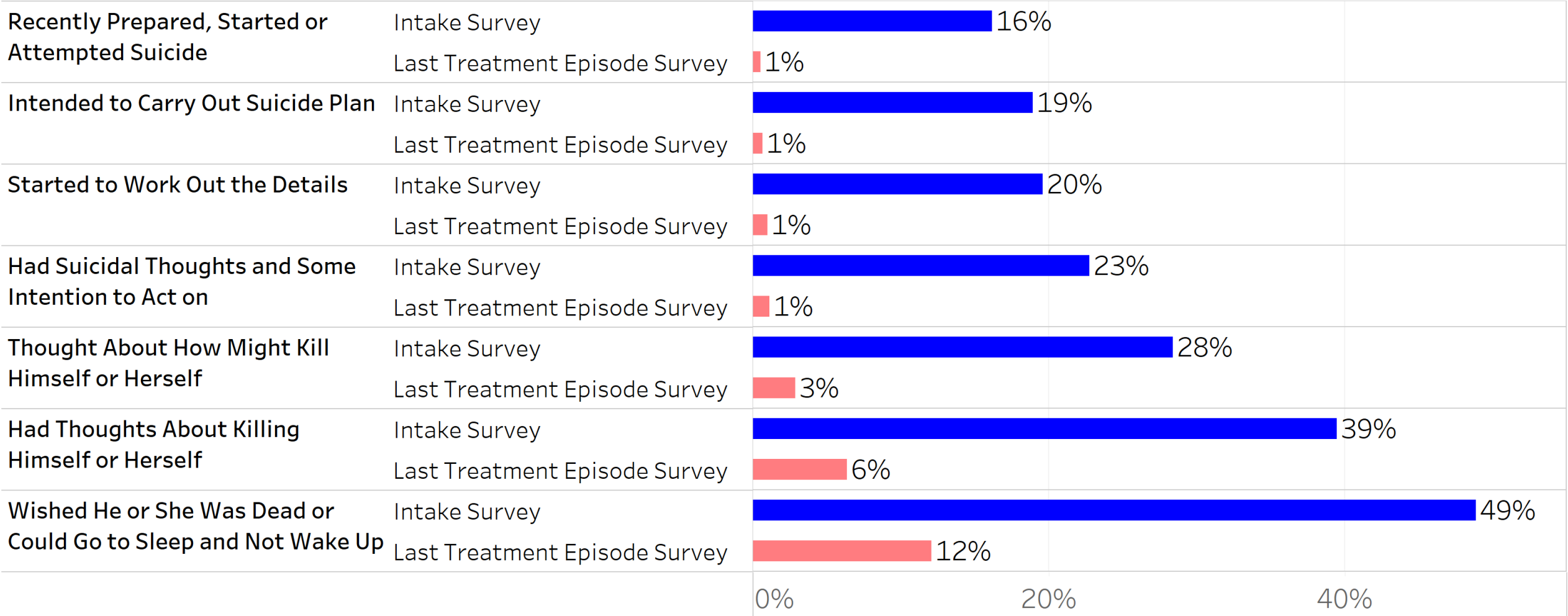
(among 1,288 adolescent SUD patients in treatment between 1/1/16 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Suicidal Thoughts and Intentions

## Vista Research Network

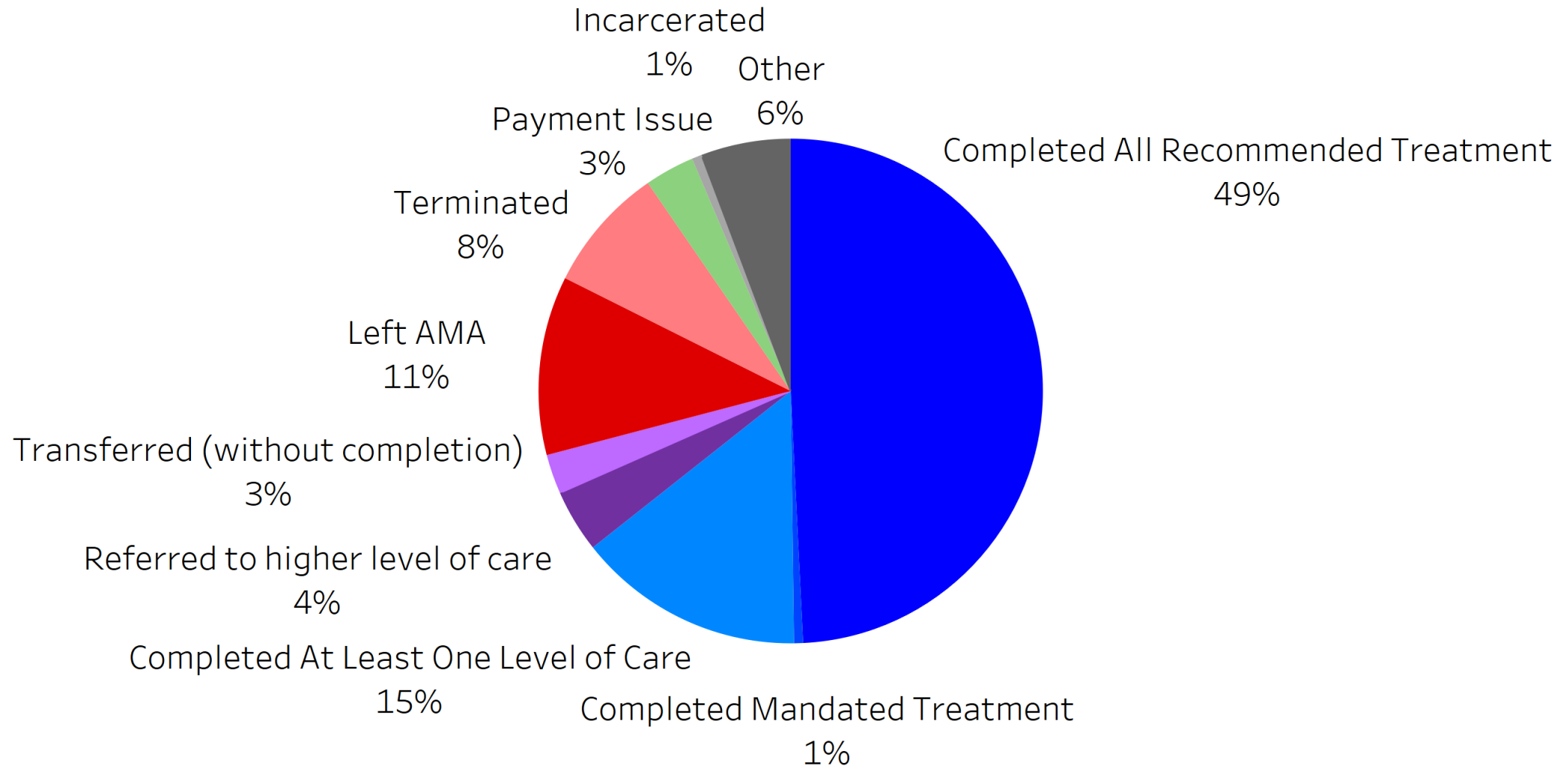
(among 1,288 adolescent SUD patients in treatment between 1/1/16 and 6/30/23 with at least 1 progress survey response)



# Treatment Completion

## Vista Research Network

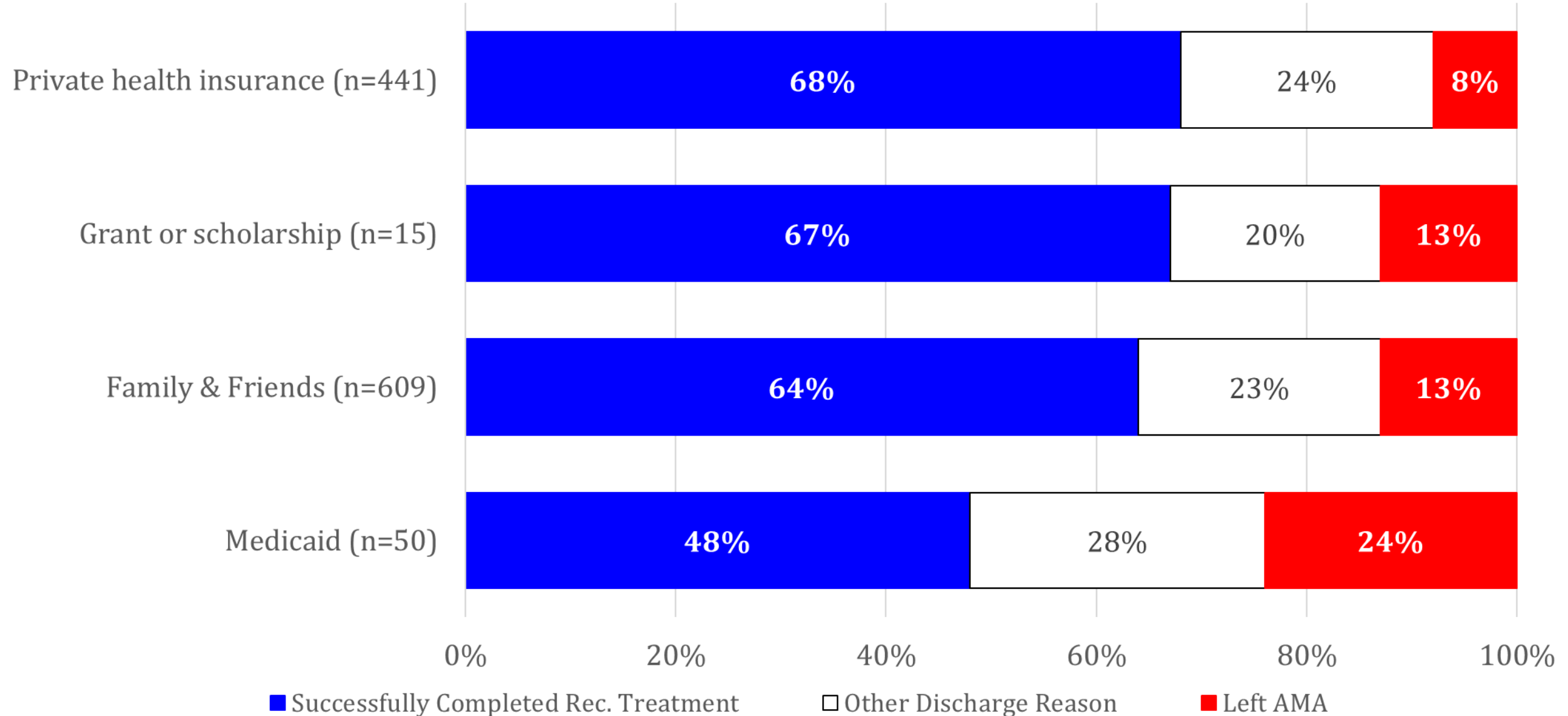
(among 1,221 adolescent SUD patients discharged from treatment between 1/1/16 and 6/30/23)



# Vista Research Network

## Treatment Completion Rates by Source of Payment

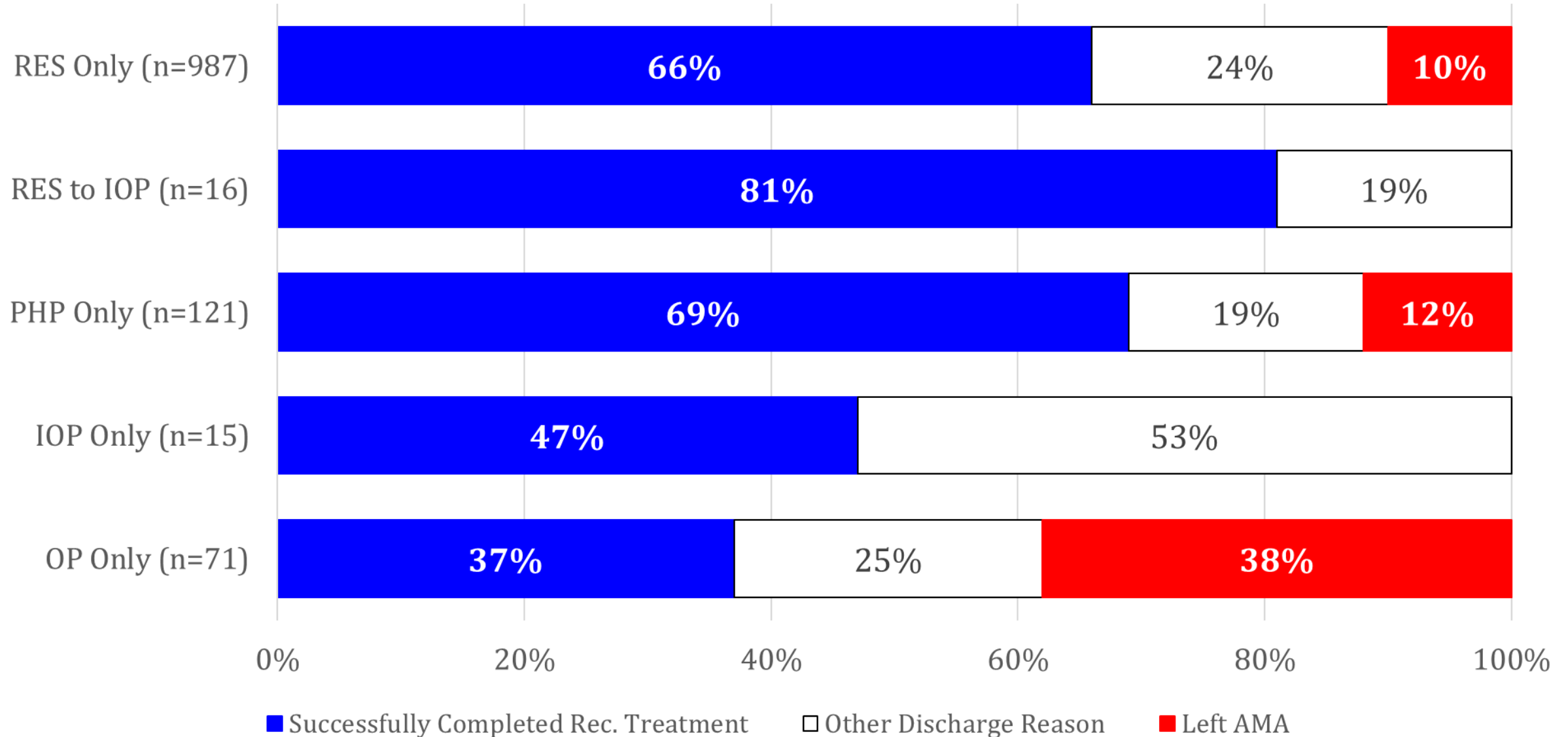
(among adolescent SUD patients who discharged between 1/1/16 and 6/30/23)



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## Treatment Completion Rates According to Programs Attended

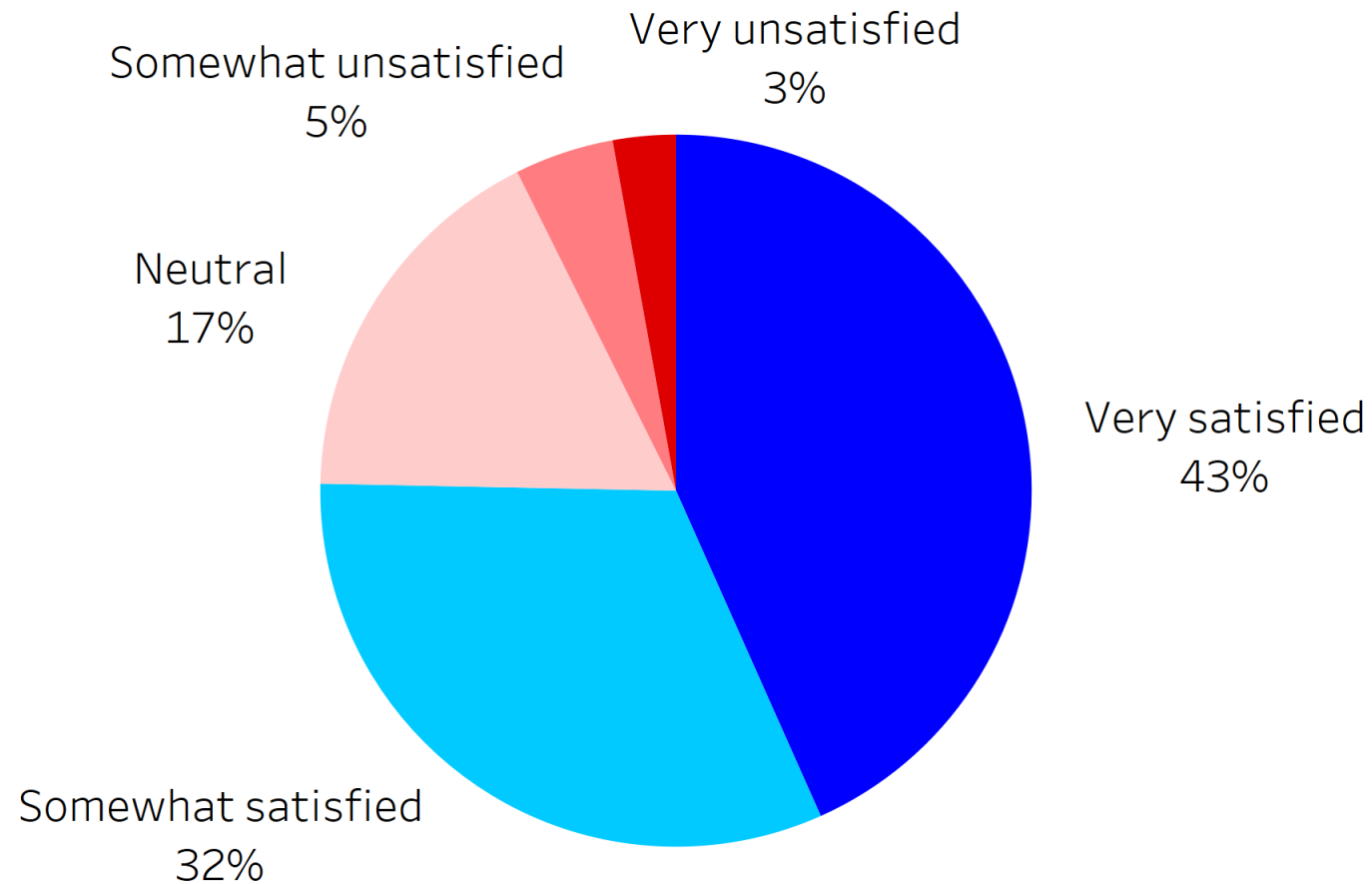
(among adolescent SUD patients who discharged between 1/1/16 and 6/30/23)



# Patient Satisfaction with Treatment

## Vista Research Network

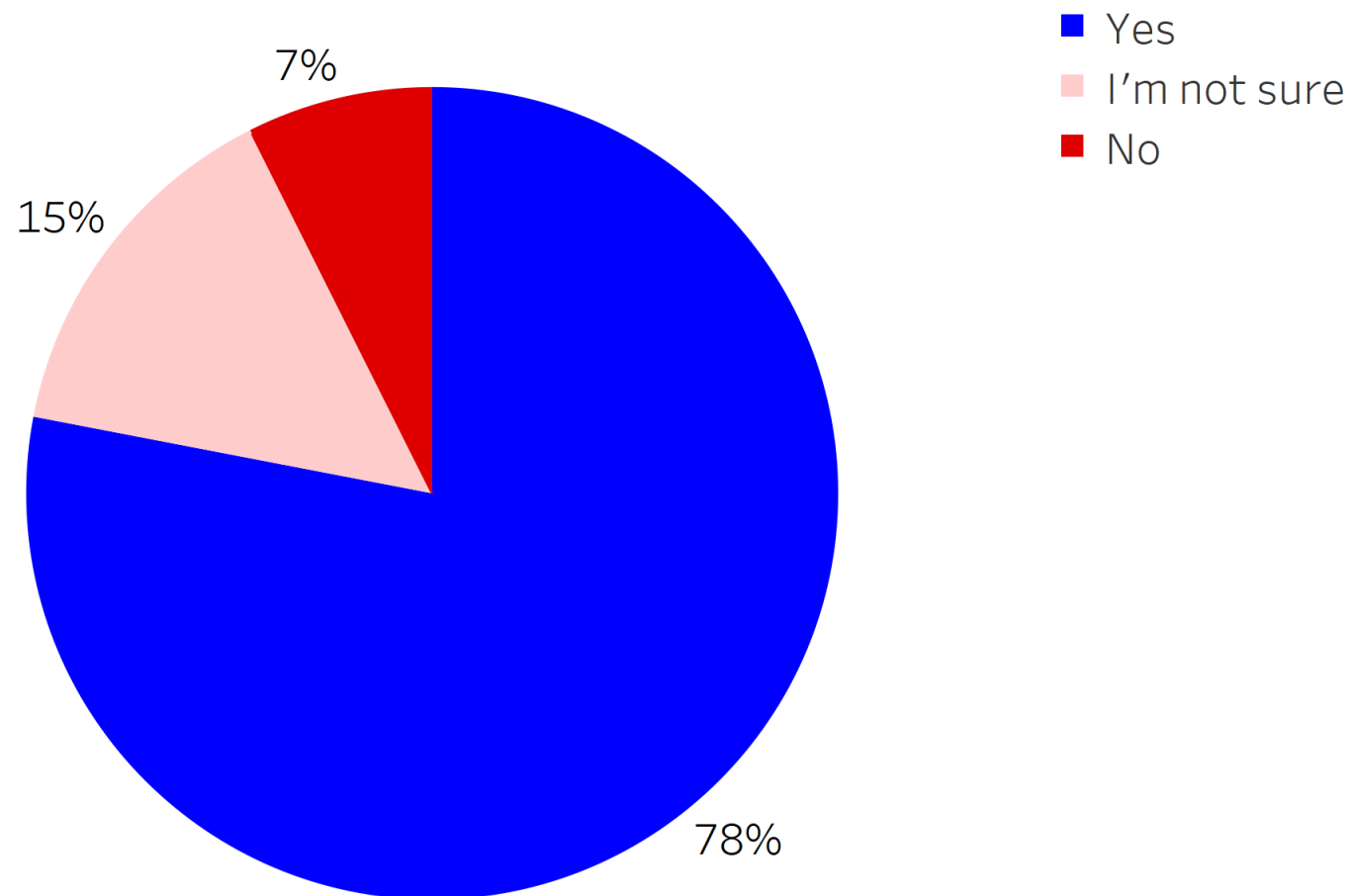
(among 12,450 monitoring surveys submitted between 1/1/16 and 6/30/23)



# Were Patients Asked About Treatment Goals

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(among 974 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)





# Were Your Treatment Goals Met?

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(among 974 adolescent SUD patients in treatment between 1/1/16 and 6/30/23)

