

Vista Research Network Outcomes

Adult, Non-Professional
Behavioral Health Patients

Discharge Dates 7/1/16-5/31/23
(Last Survey Due date 6/30/23)

369 Patients Feeling
Excellent or Good at 12
Months Post-Treatment

POST-TREATMENT OVERALL FEELING

- Overall Feeling at One Month Post-Treatment
- Overall Feeling at Six Months Post-Treatment
- Overall Feeling at Twelve Month Post-Treatment
- Overall Feeling Trends

POST-TREATMENT ABSTINENCE (BH PATIENTS WITH SEVERE TO MODERATE SUD)

- 1M/6M/12M Post-Treatment Abstinence
- Abstinence Rate Trends

FACTORS FAVORING TREATMENT SUCCESS

- Overall Feeling at One Month Post-Treatment by Treatment Completion
- Overall Feeling at Six Months Post-Treatment by Treatment Completion
- Overall Feeling at Twelve Month Post-Treatment by Treatment Completion
- Twelve Month Post-Treatment Overall Feeling by Length of Stay
- Twelve Month Post Treatment Overall Feeling by Addiction Severity
- Overall Feeling at Twelve Month Post Treatment by After-Care Choices
- Abstinence at Twelve Month Post Treatment by After-Care Choices (Severe to Moderate SUD)

REDUCTION IN SEVERITY OF MENTAL DISORDERS

- Depression Symptoms (PHQ-9)
- Anxiety Symptoms (GAD-7)
- Trauma Symptoms (PCL-6)
- Mania Symptoms (Altman Self-Rating Mania Scale)
- Psychosis Symptoms (Yale's PRIME Screen Revised)
- Functioning Symptoms (WHODAS 2.0)

QUALITY OF LIFE: ONE YEAR POST-TREATMENT

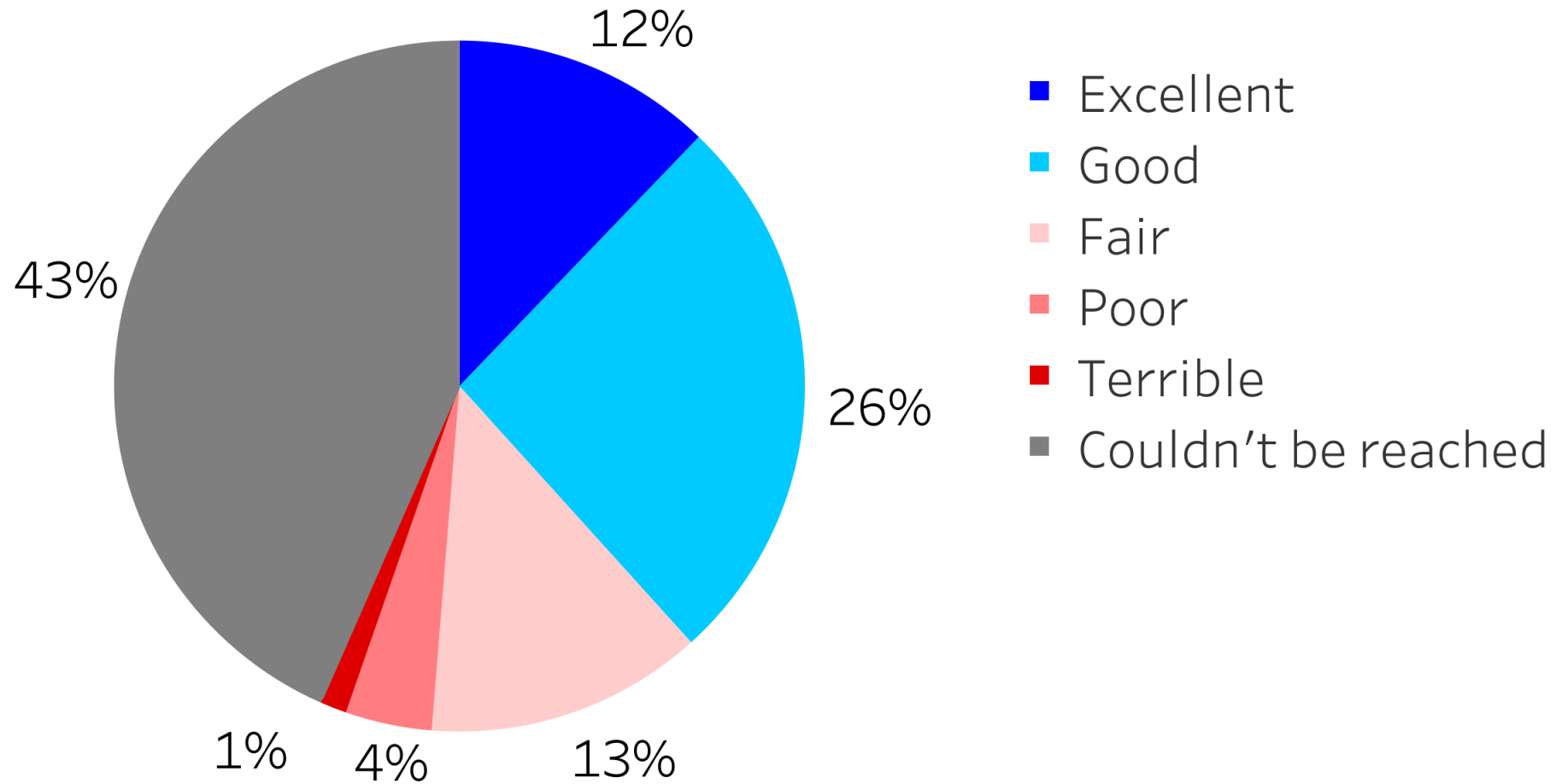
- Overall Feeling
- Stable Housing
- Relationship with Closest Family Members
- Employment
- Criminal Justice Offenses
- Progress on Achieving Non-Usage Related Goals at 12M Post-Treatment (Overall Feeling)
- Expensive Medical Interventions

PATIENT SATISFACTION

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Feeling Good at One Month Post-Treatment

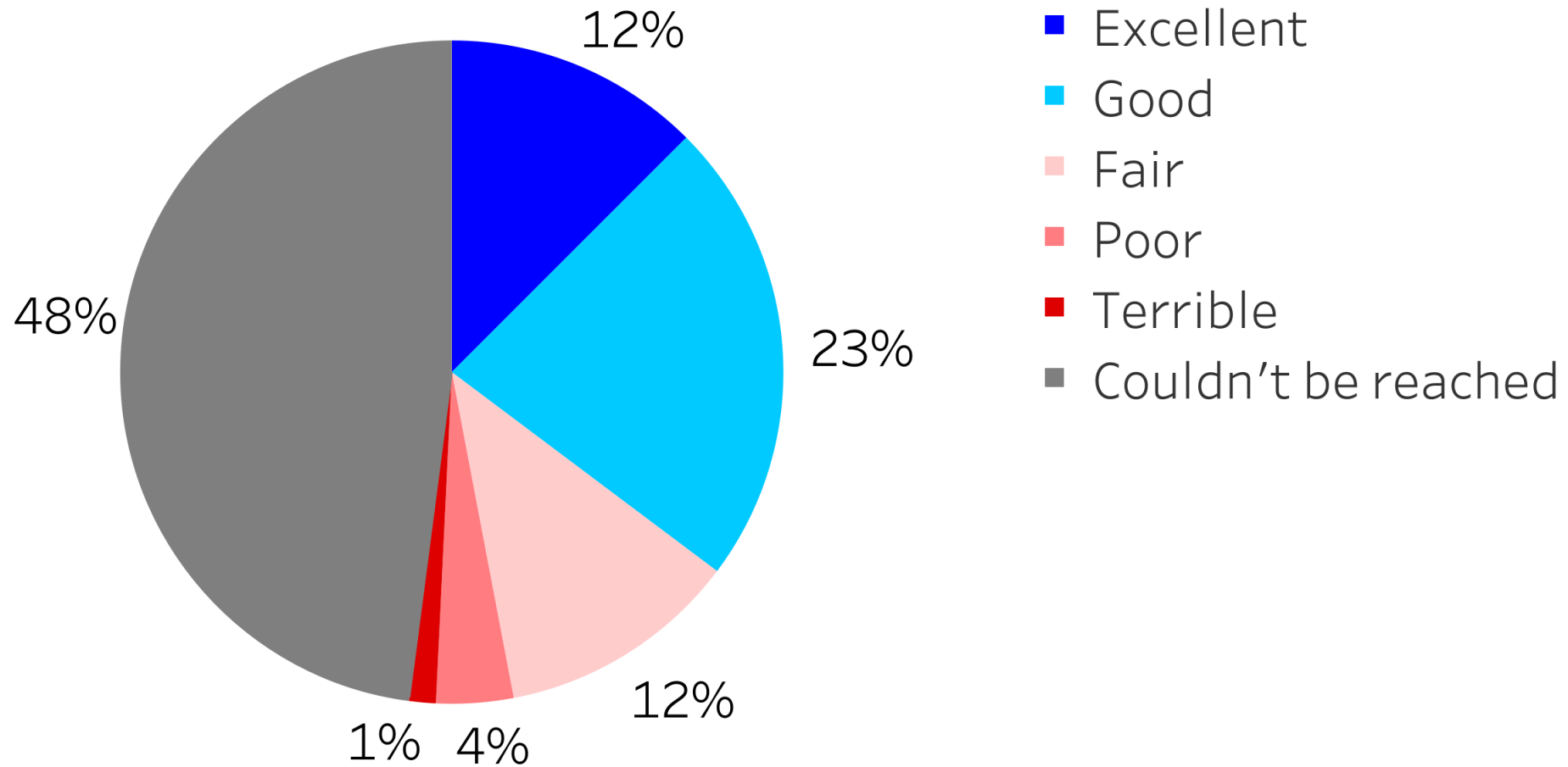
(among 2,472 adult, non-professional behavioral health patients discharged between 7/1/2016 and 5/31/2023)



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Feeling Good at Six Months Post-Treatment

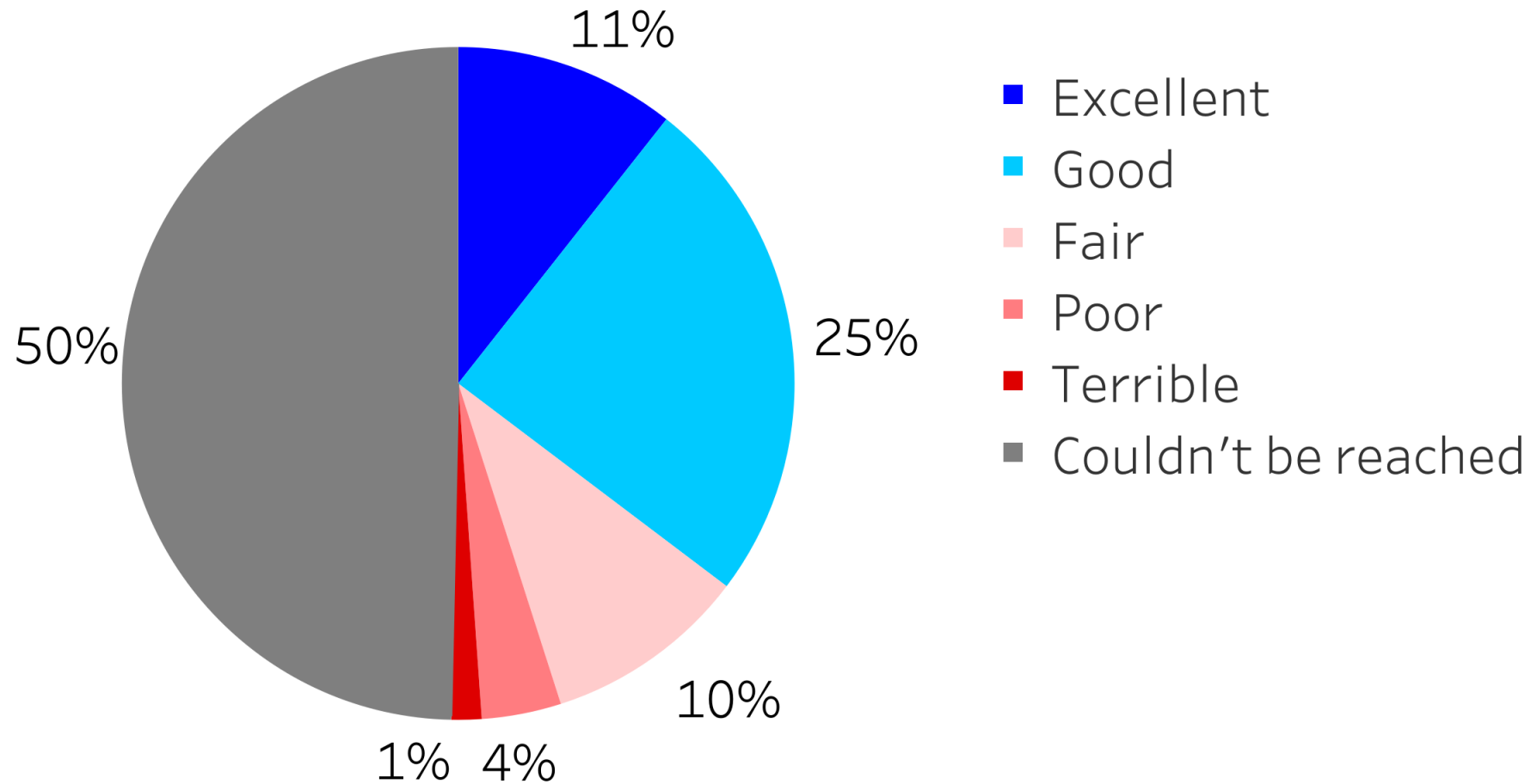
(among 1,682 adult, non-professional behavioral health patients discharged between 7/1/2016 and 12/31/2022)



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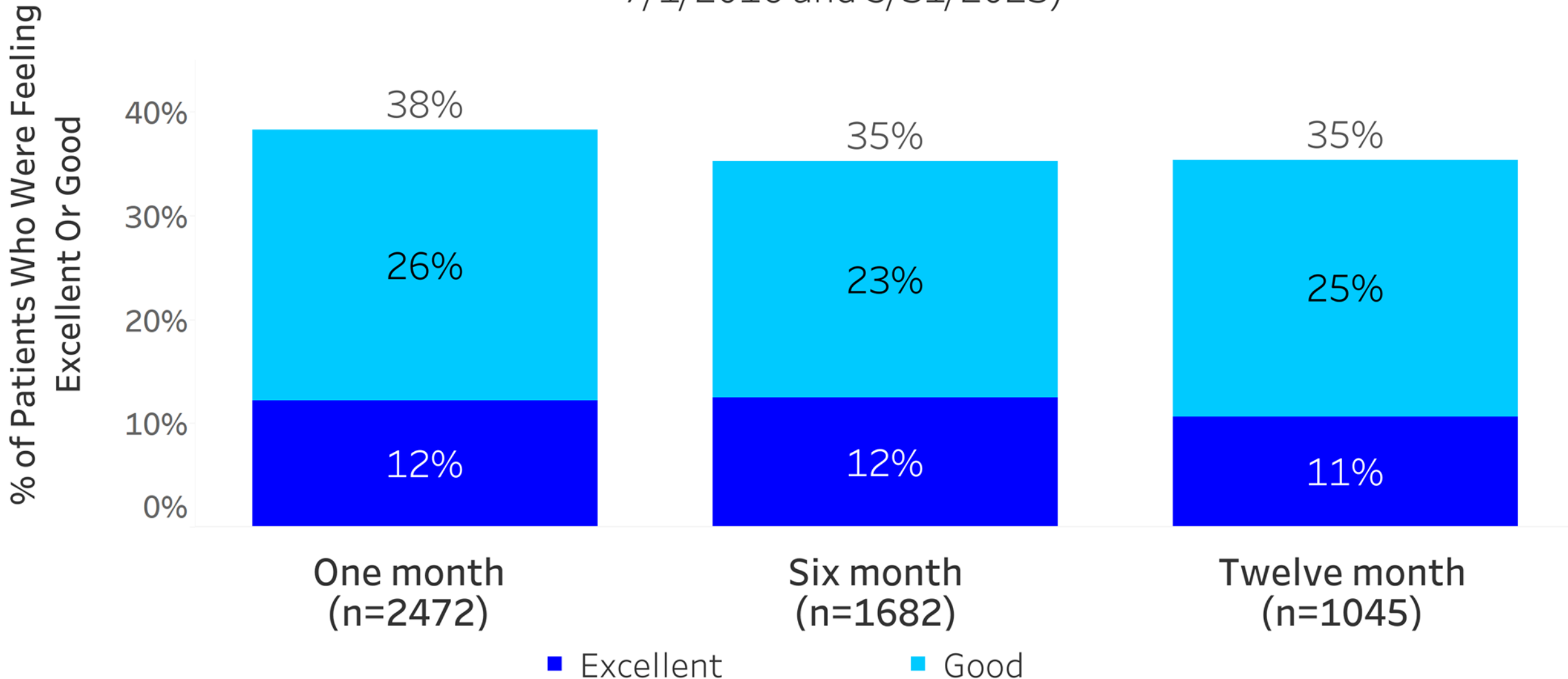
Feeling Good at Twelve Months Post-Treatment

(among 1,045 adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)



Percent of Patients Reachable & Feeling Good Vista Research Network

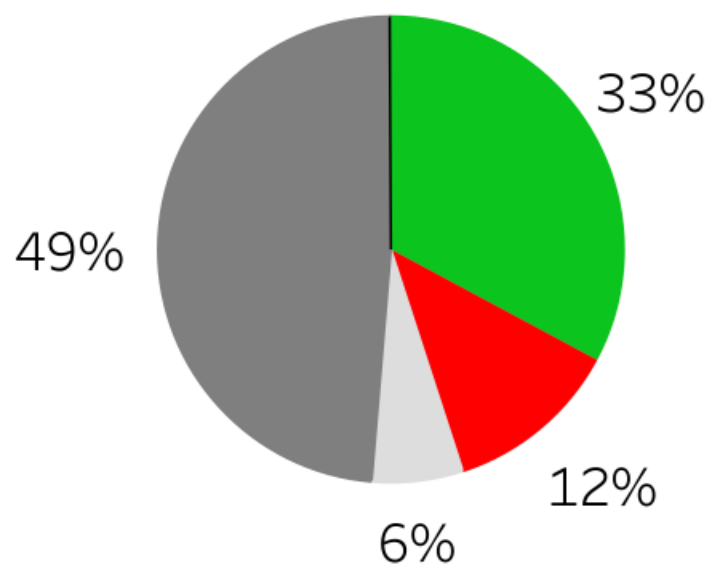
(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 5/31/2023)



Vista Research Network-Moderate to Severe SUD

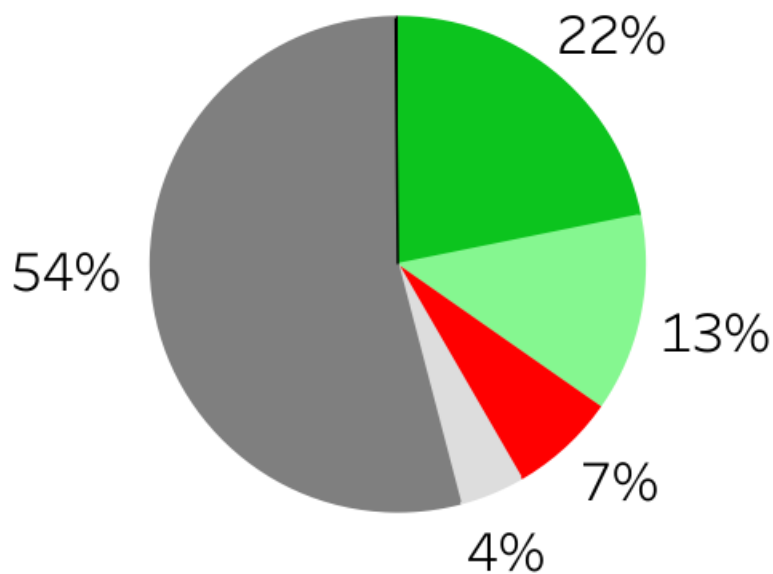
Abstinence One Month Post-Treatment

(among 1,200 adult, non-professional behavioral health patients discharged between 7/1/2016 and 5/31/2023)



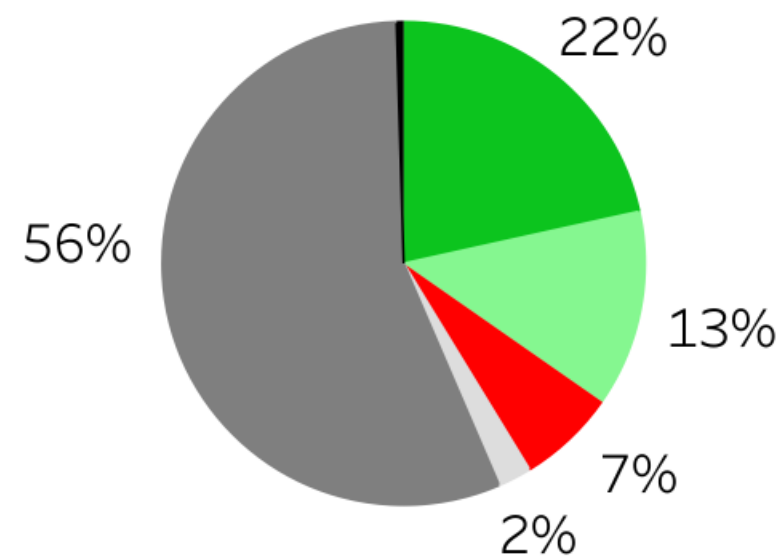
Abstinence Six Months Post-Treatment

(among 775 adult, non-professional behavioral health patients discharged between 7/1/2016 and 12/31/2022)



Abstinence Twelve Months Post-Treatment

(among 441 adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)

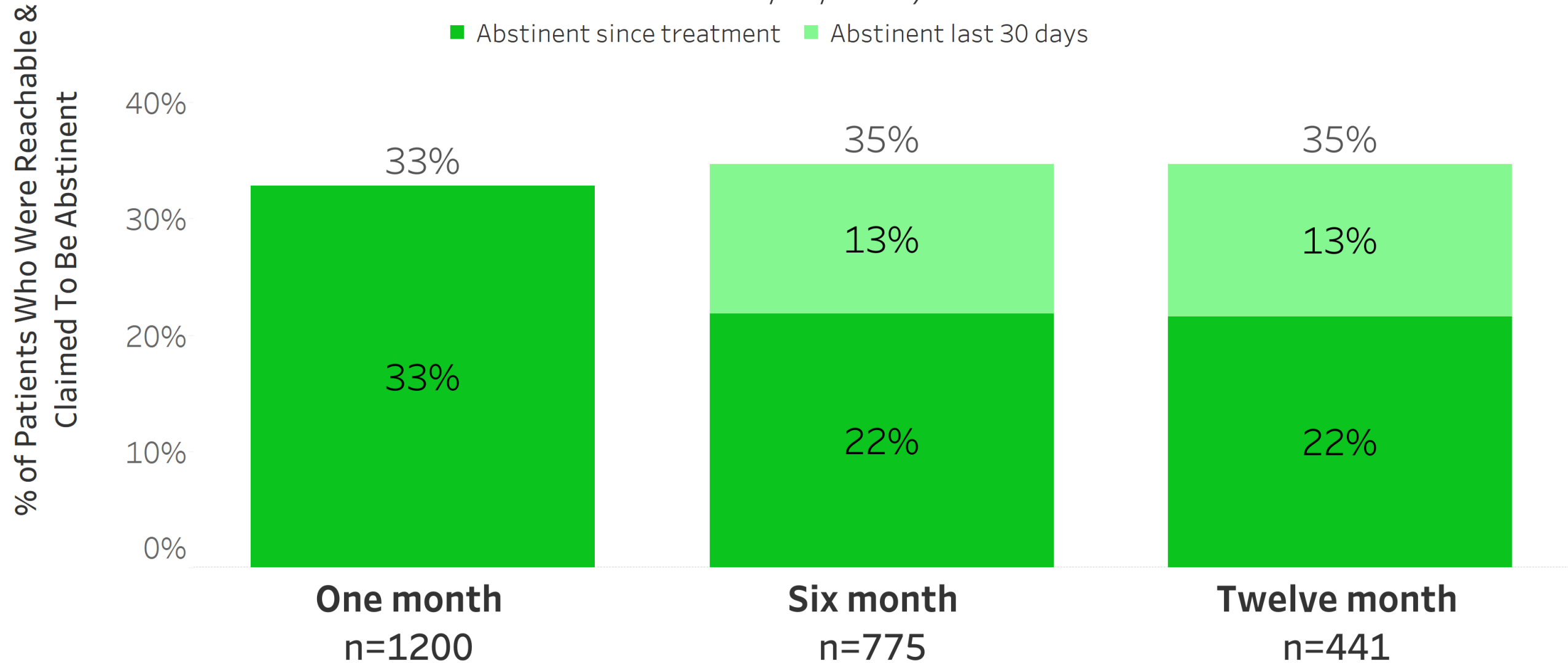


■ Abstinent since treatment ■ Abstinent last 30 days ■ Used last 30 days ■ Unknown usage ■ Couldn't be reached

Abstinence Rate Trends

Vista Research Network-Moderate to Severe SUD

(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 5/31/2023)

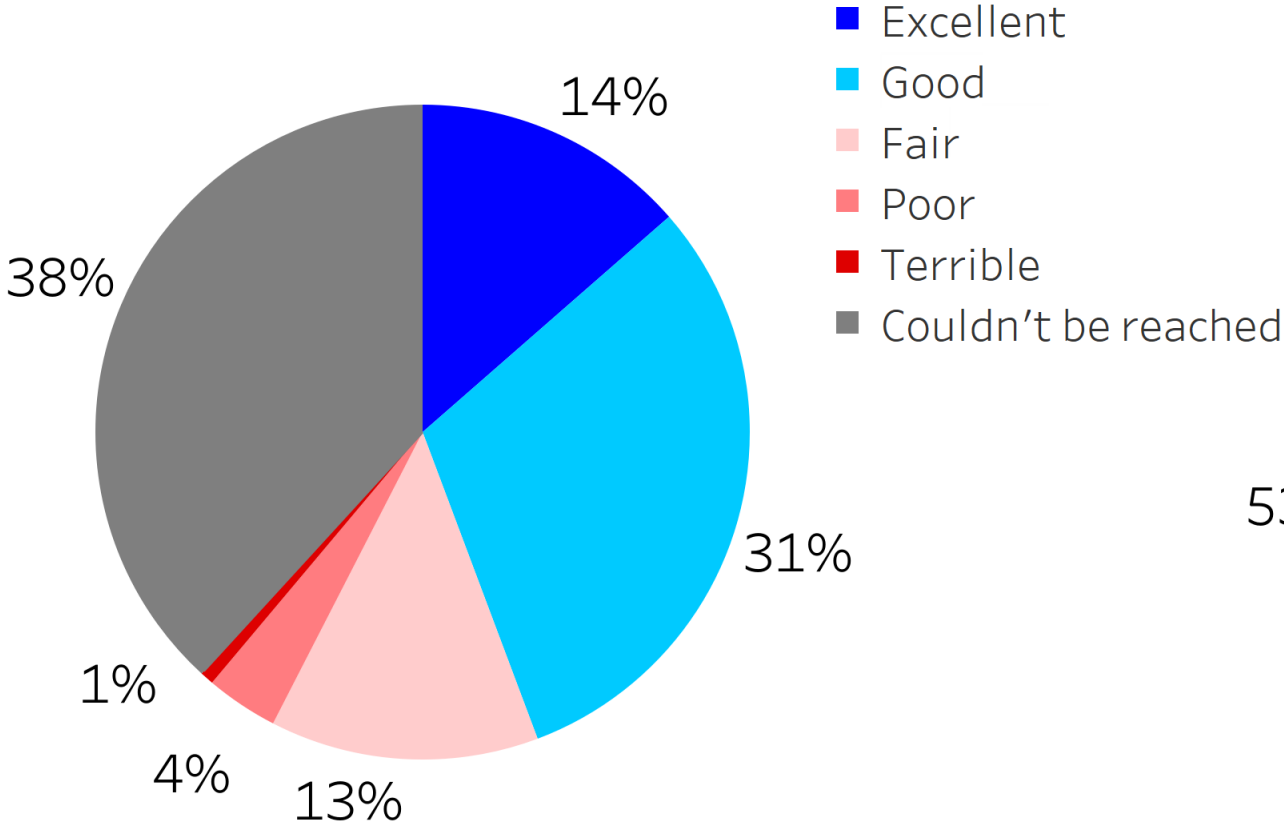


Vista Research Network

Feeling Good at One Month Post-Treatment

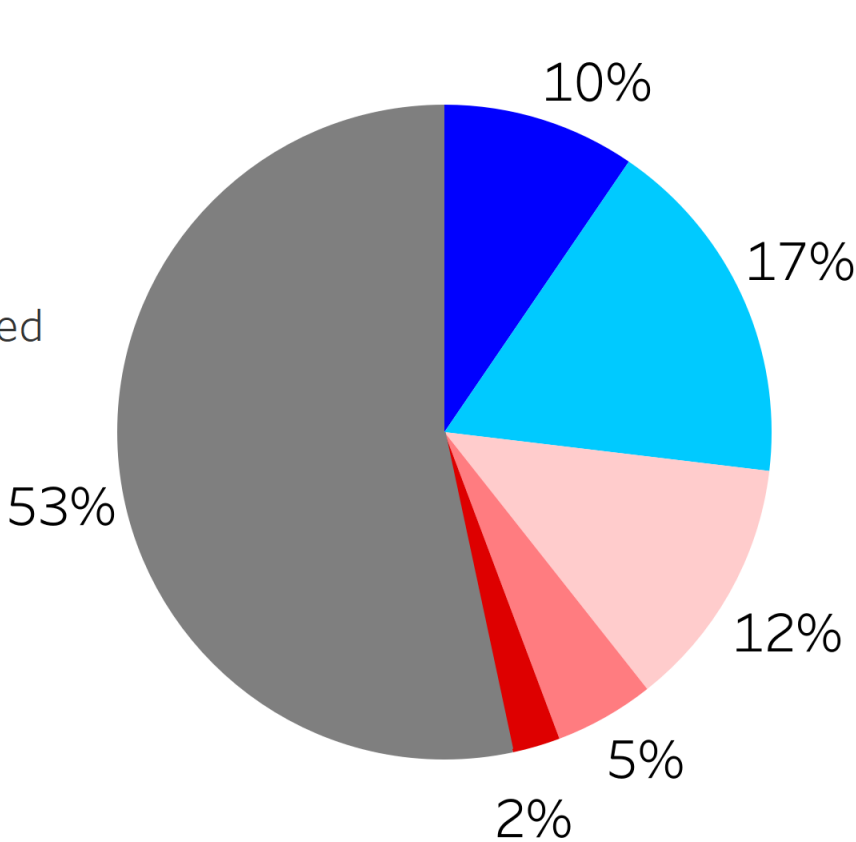
Feeling Good at One Month - Completed Recommended Treatment

(among 1621 adult, non-professional patients discharged between 7/1/2016 and 5/31/2023)



Feeling Good at One Month - Did Not Complete Recommended Treatment

(among 851 adult, non-professional patients discharged between 7/1/2016 and 5/31/2023)

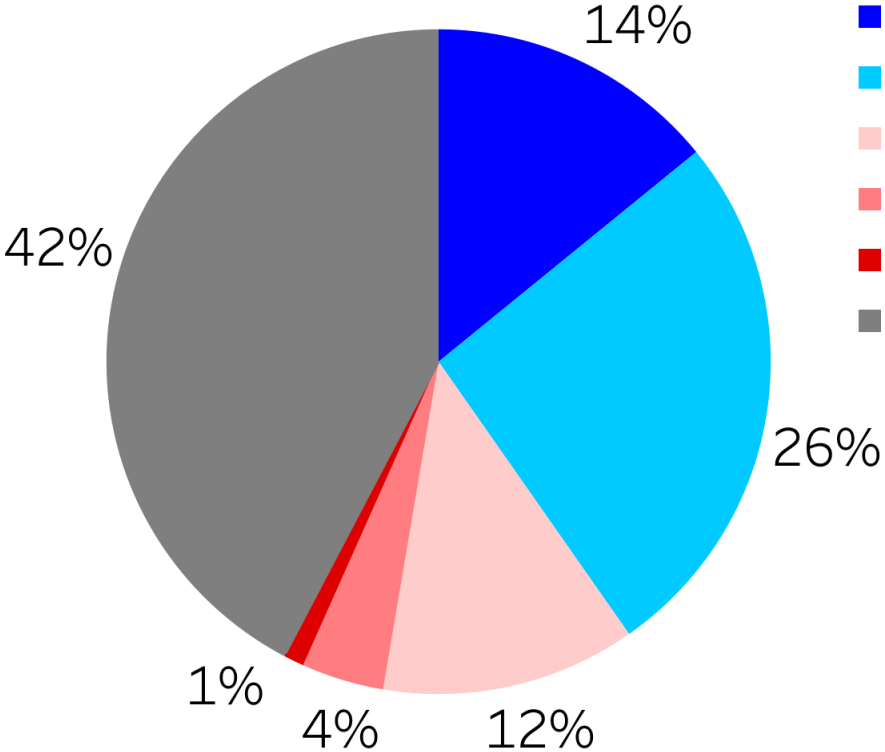


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Feeling Good at Six Months Post-Treatment

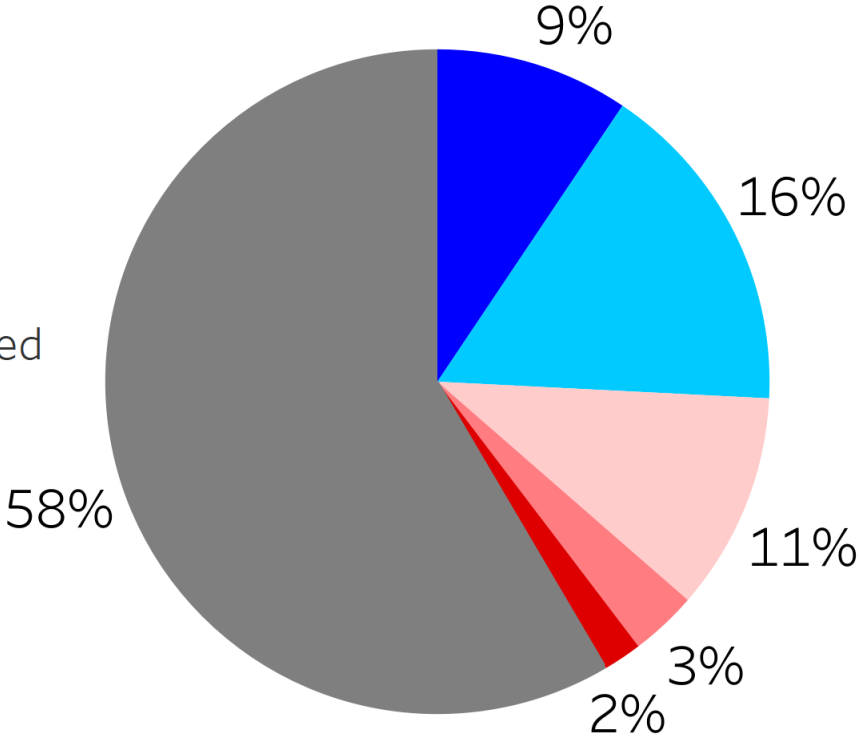
Feeling Good at Six Month - Completed Recommended Treatment

(among 1097 adult, non-professional patients discharged between 7/1/2016 and 12/31/2022)



Feeling Good at Six Month - Did Not Complete Recommended Treatment

(among 585 adult, non-professional patients discharged between 7/1/2016 and 12/31/2022)



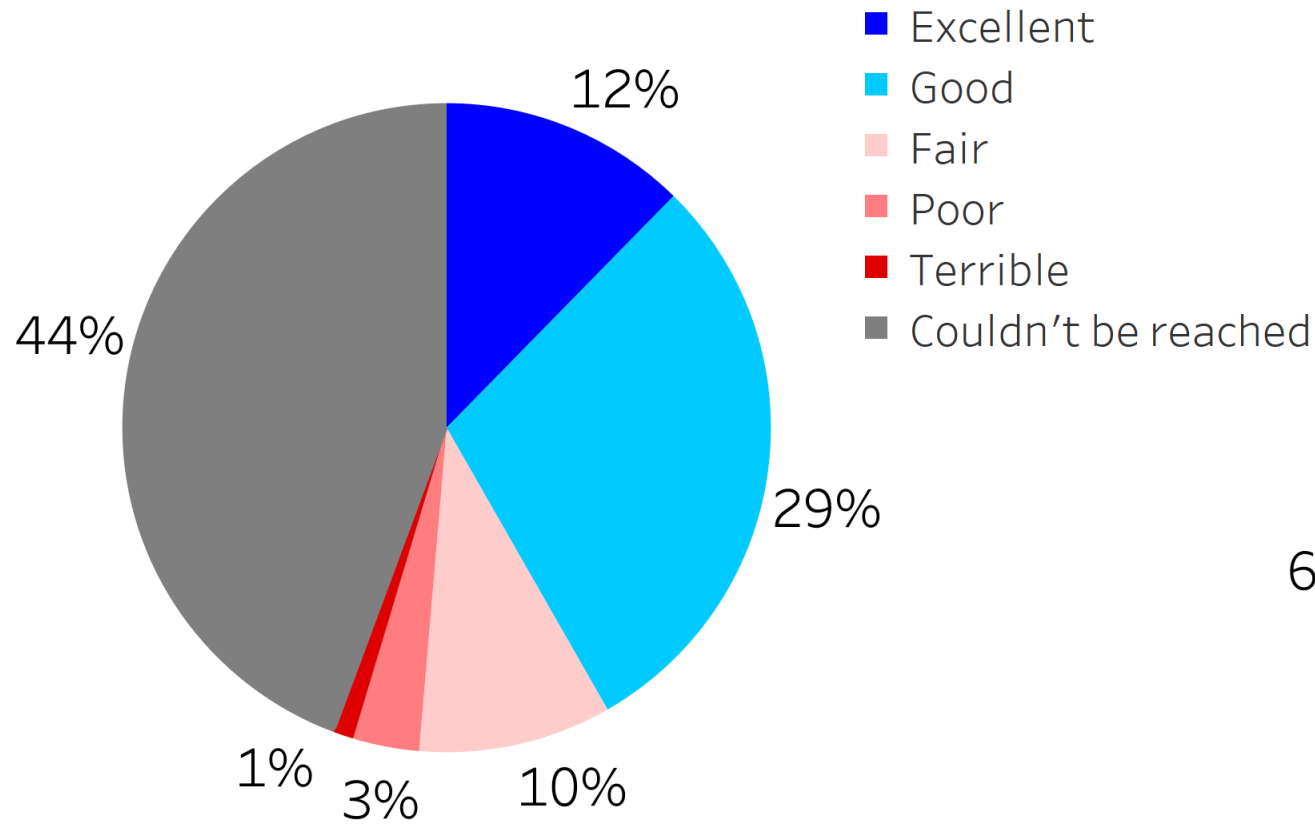
- Excellent
- Good
- Fair
- Poor
- Terrible
- Couldn't be reached

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Feeling Good at Twelve Months Post-Treatment

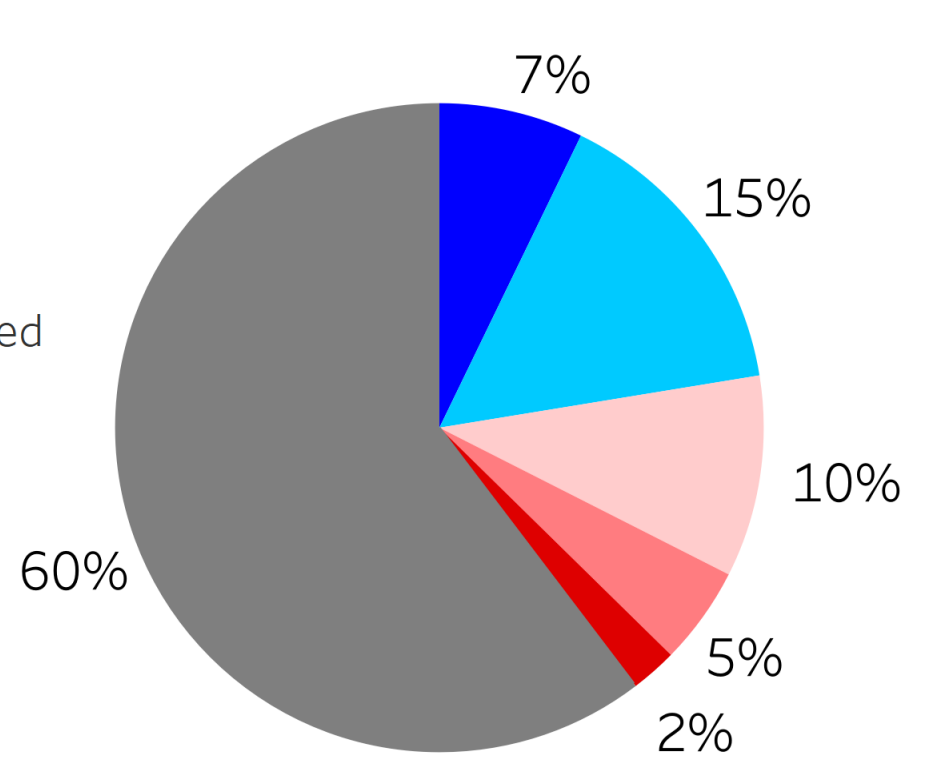
Feeling Good at Twelve Month - Completed Recommended Treatment

(among 697 adult, non-professional patients discharged between 7/1/2016 and 6/30/2022)



Feeling Good at Twelve Month - Did Not Complete Recommended Treatment

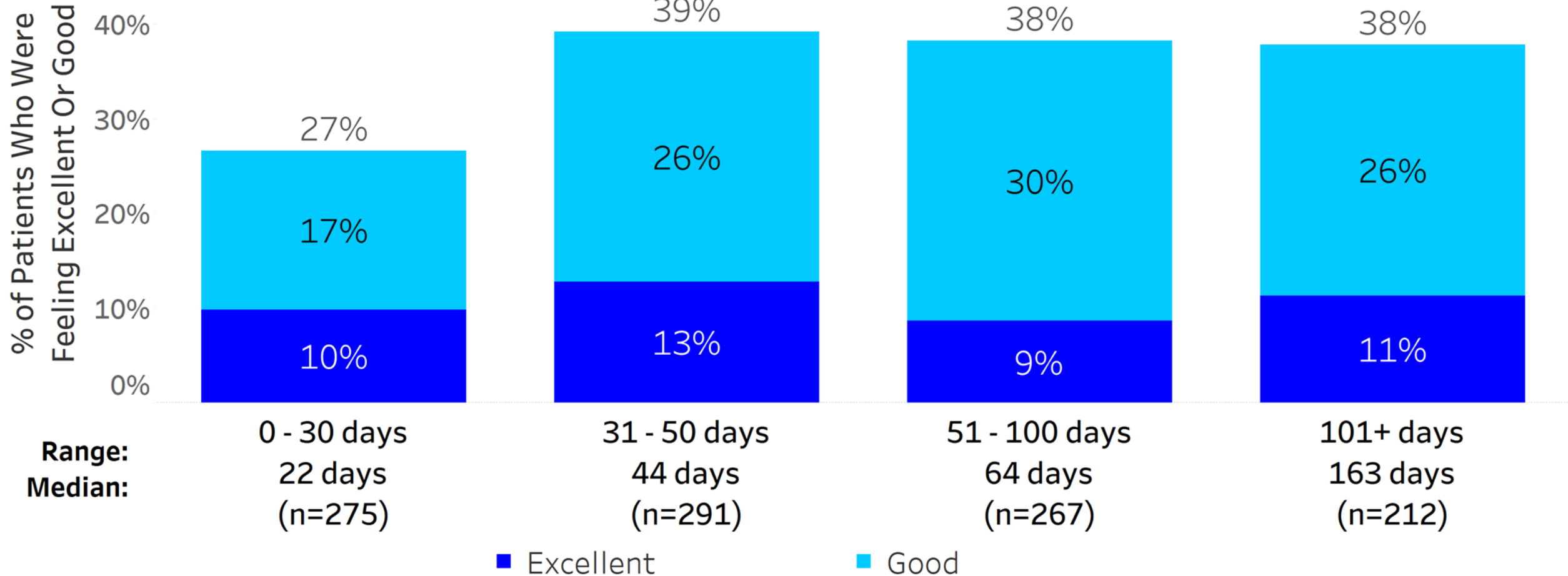
(among 348 adult, non-professional patients discharged between 7/1/2016 and 6/30/2022)



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Overall Feeling by Length of Stay At Twelve Months Post-Treatment

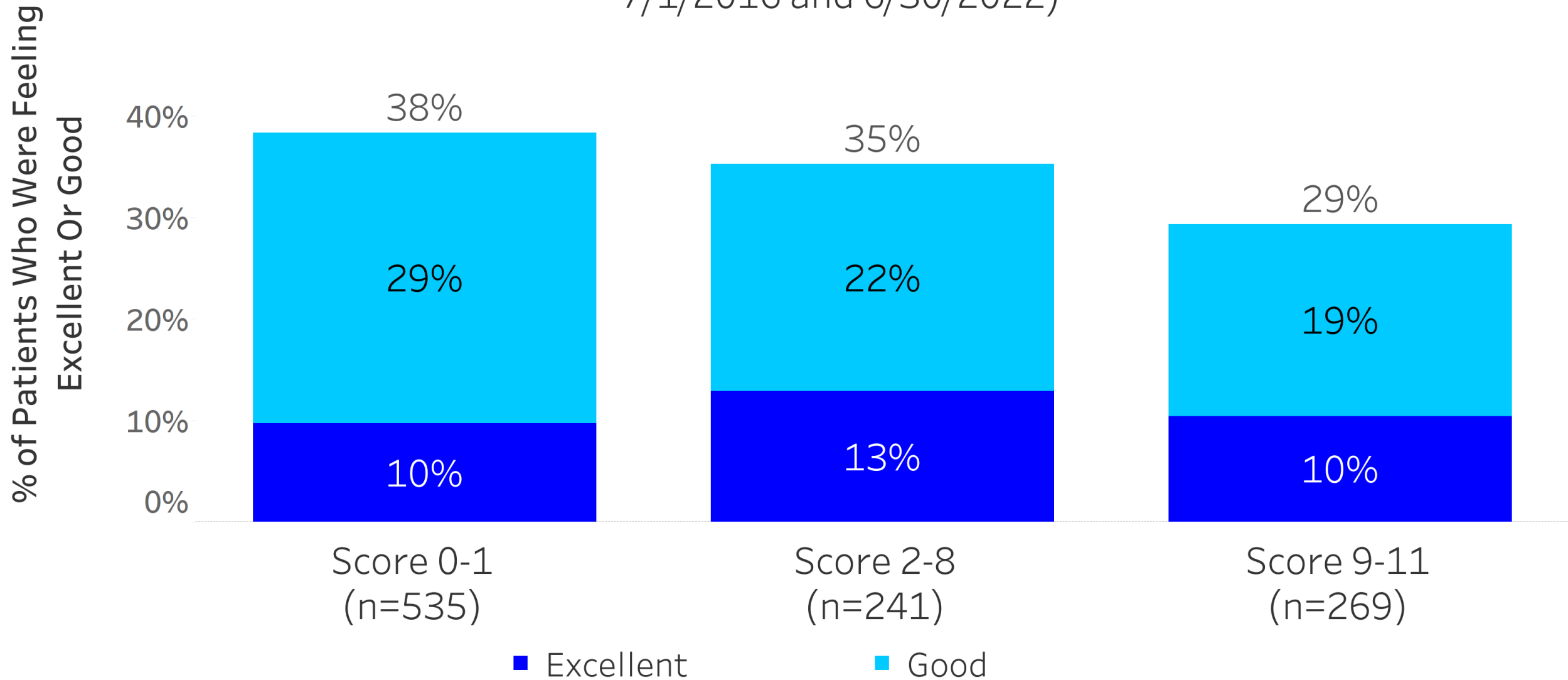
(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)



Twelve Months Post-Treatment Outcomes by Addiction Severity

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(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)

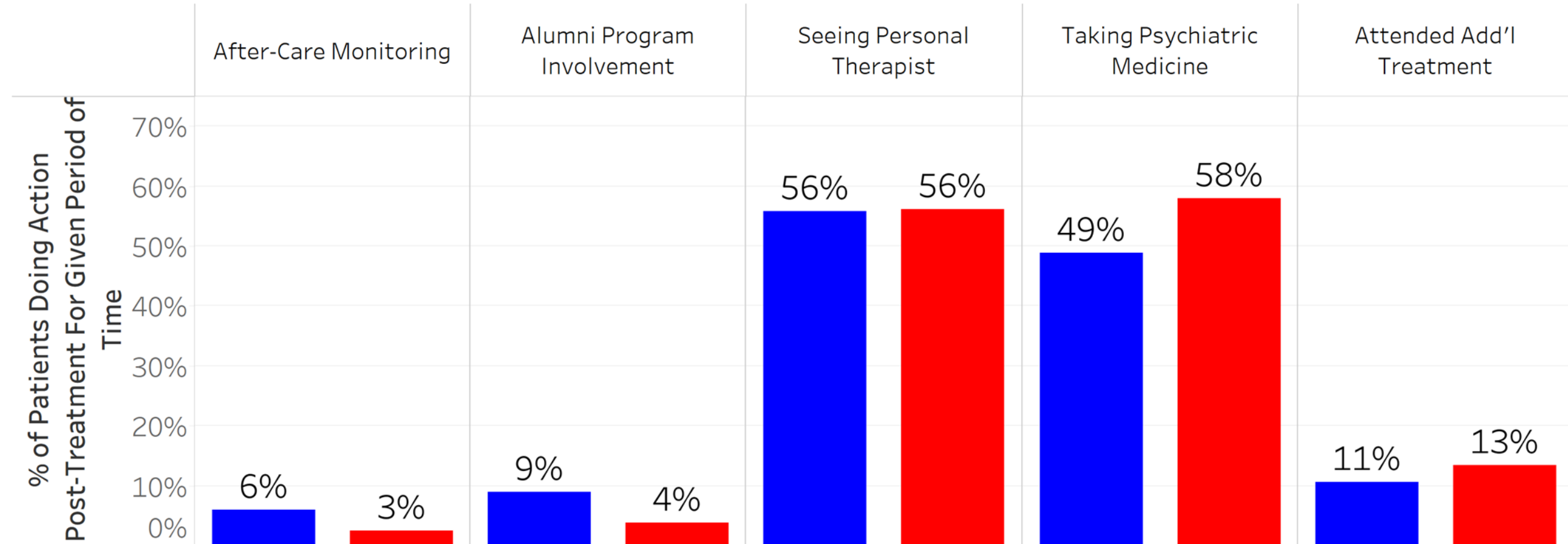


Vista Research Network

Actions Taken For At Least Six Months Post-Treatment That May Or May Not Have Helped Patients Feel Better at Twelve Months

(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)

- Feeling Excellent or Good at 12M post-treatment (n=369)
- Feeling Fair, Poor or Terrible at 12M post-treatment (n=157)

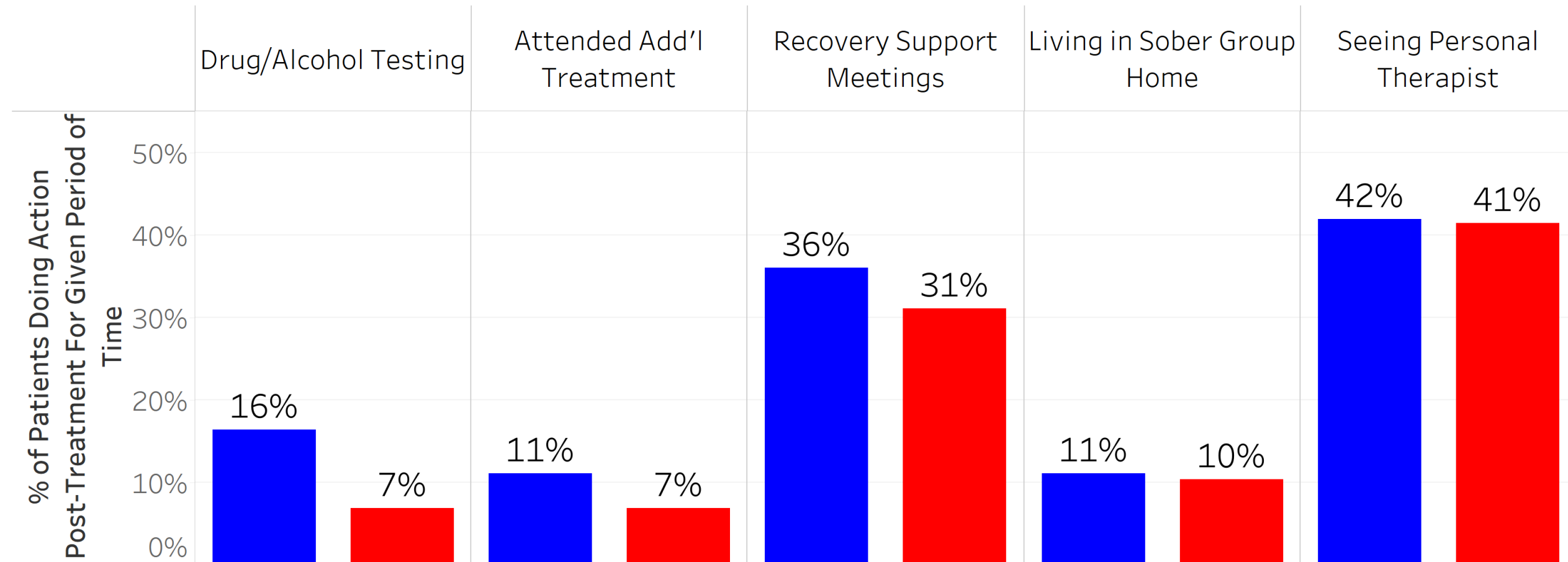


Vista Research Network (Moderate to Severe SUD)

Actions Taken For At Least Six Months Post-Treatment That Appear To Have Helped Patients Remain Abstinent at Twelve Months

(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)

- Abstinent for at least L30D at 12M post-treatment (n=153)
- Used drugs/alcohol in L30D at 12M post-treatment (n=29)

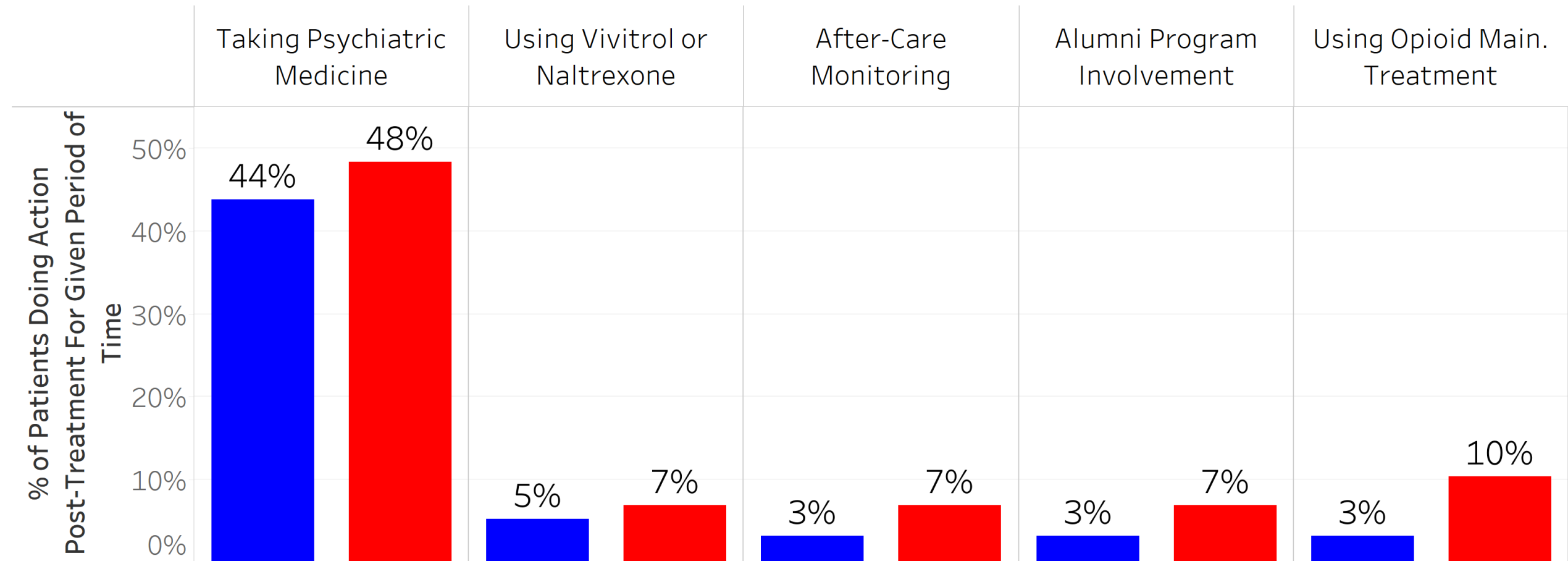


Vista Research Network (Moderate to Severe SUD)

Actions Taken For At Least Six Months Post-Treatment That Did Not Appear To Have Helped Patients Remain Abstinent at Twelve Months

(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 6/30/2022)

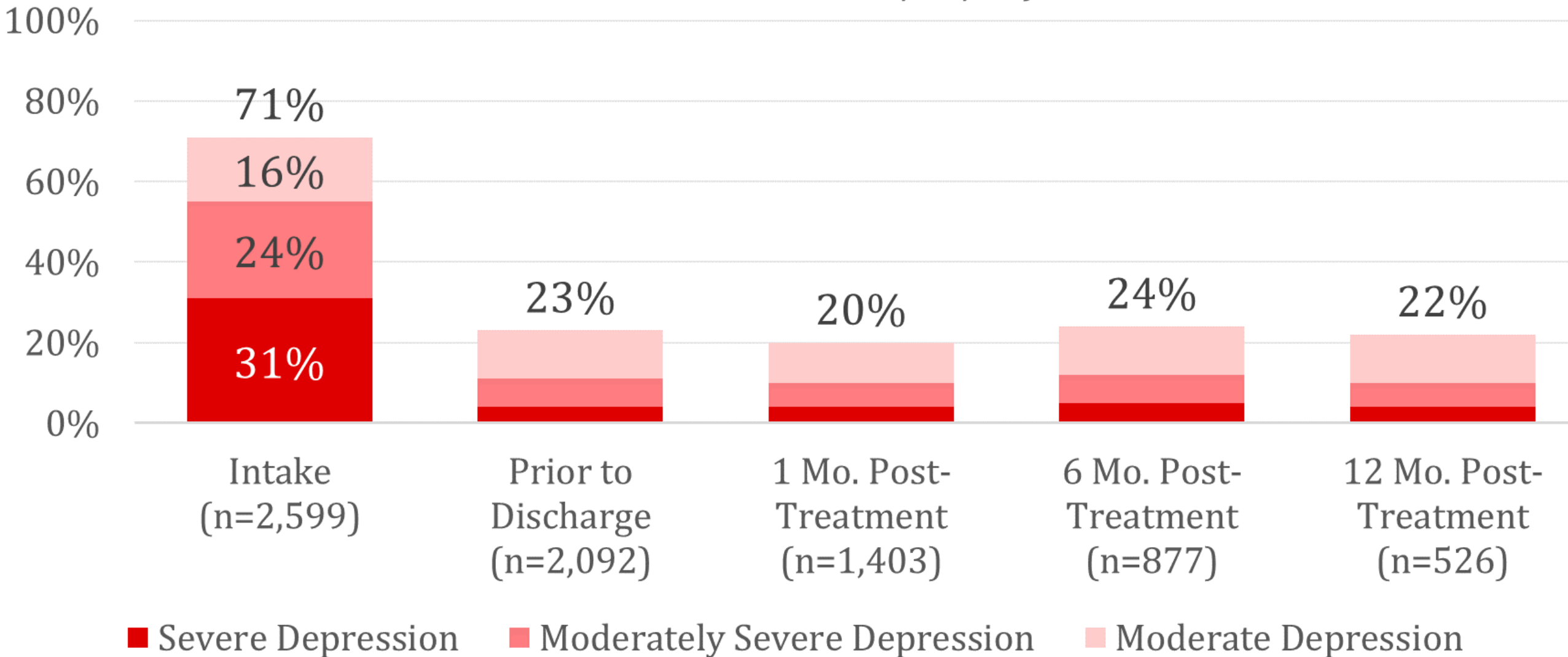
- Abstinent for at least L30D at 12M post-treatment (n=153)
- Used drugs/alcohol in L30D at 12M post-treatment (n=29)



Vista Research Network

Patient Progress on Depression Symptoms

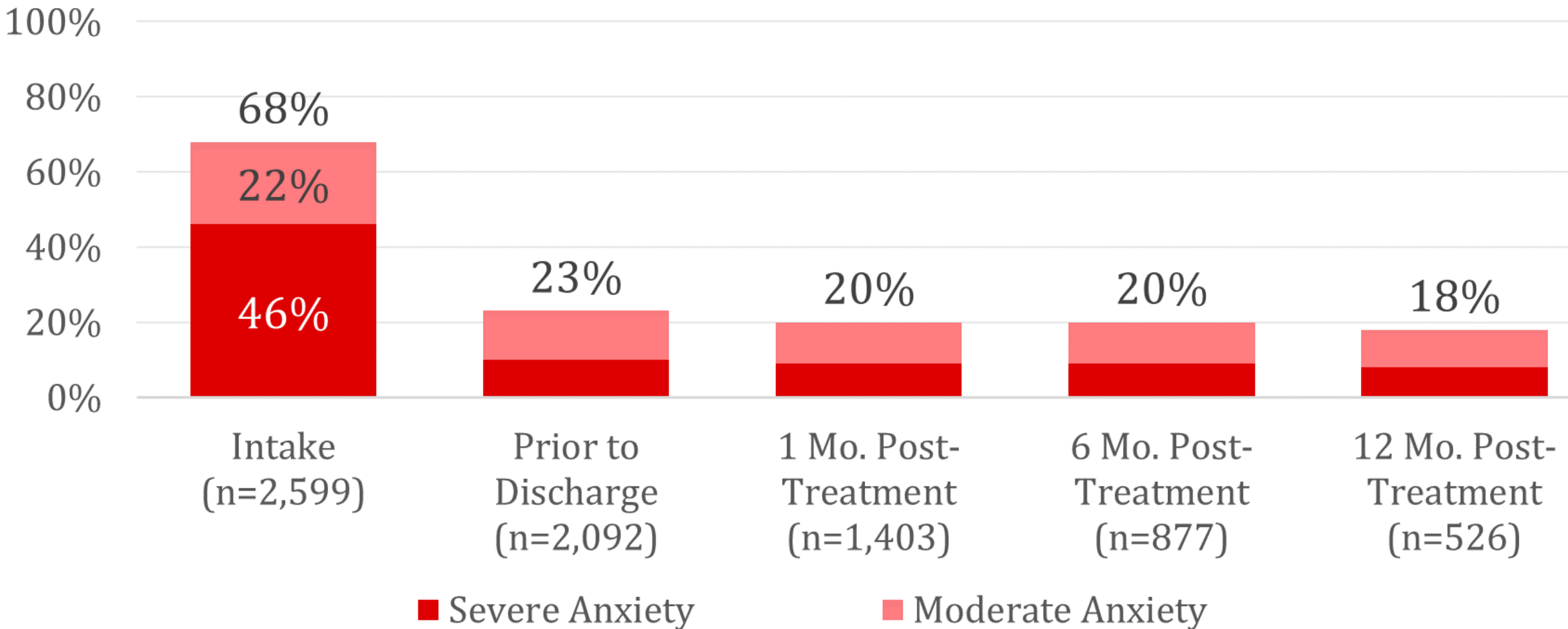
(among adult, non-professional behavioral health patients with survey due dates no later than 6/30/23)



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Patient Progress on Anxiety Symptoms

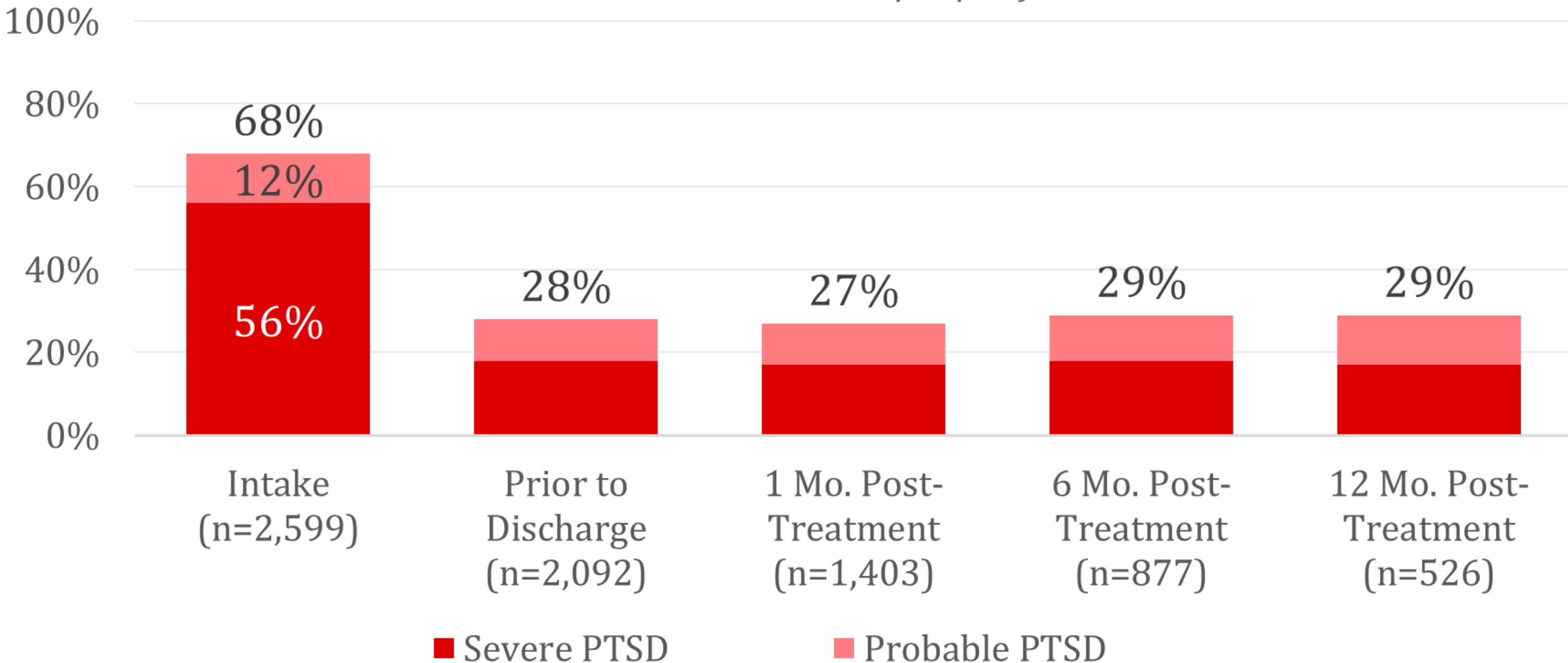
(among adult, non-professional behavioral health patients with survey due dates no later than 6/30/23)



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Patient Progress on Trauma Symptoms

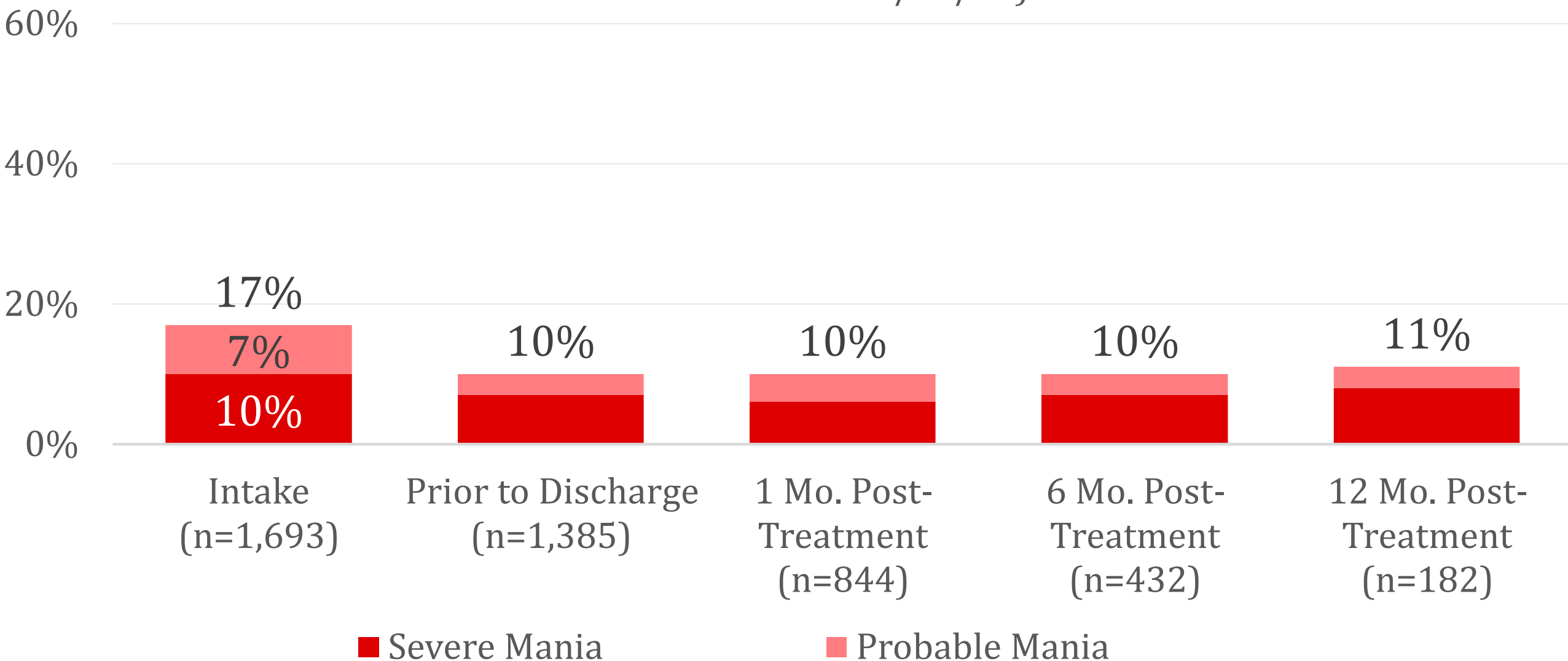
(among adult, non-professional behavioral health patients with survey due dates no later than 6/30/23)



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Patient Progress on Mania Symptoms

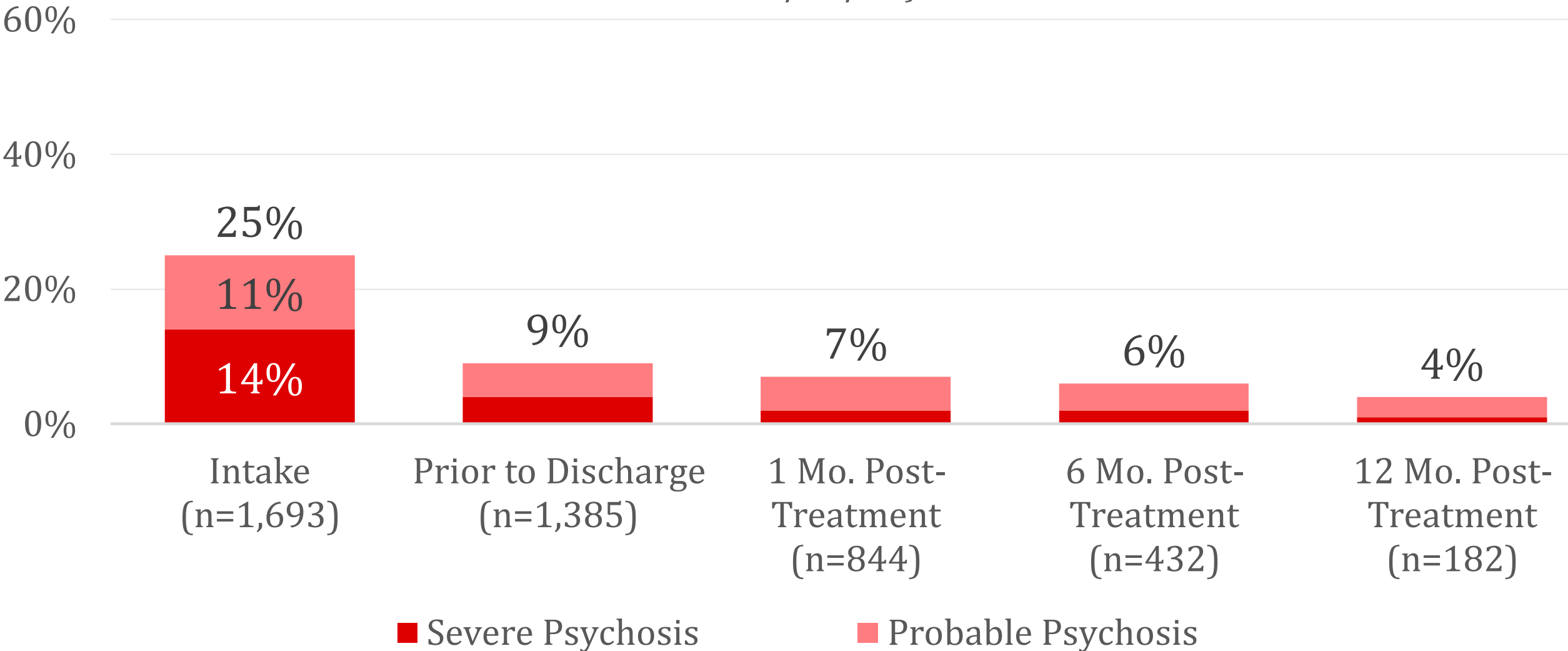
(among adult, non-professional behavioral health patients with survey due dates no later than 6/30/23)



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Patient Progress on Psychosis Symptoms

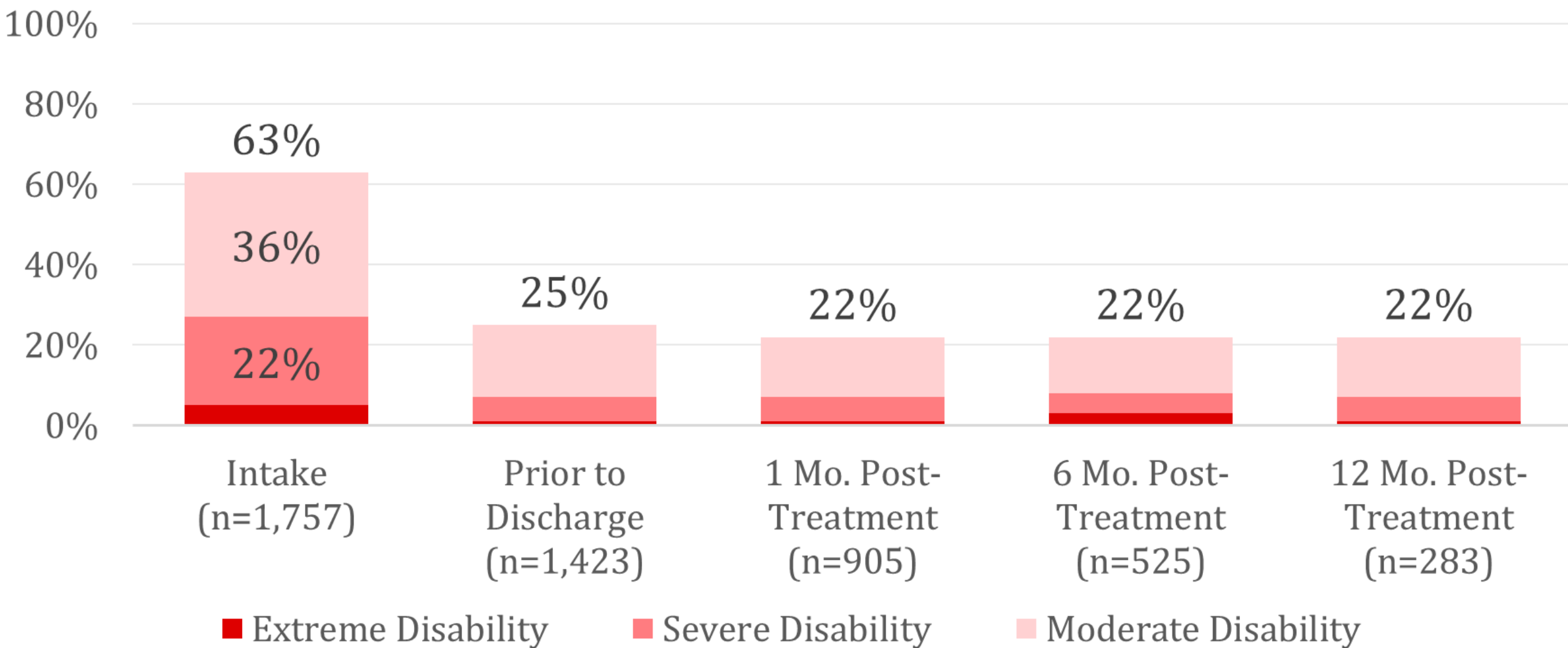
(among adult, non-professional SUD patients with survey due dates no later than 6/30/23)



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Patient Progress on Functioning

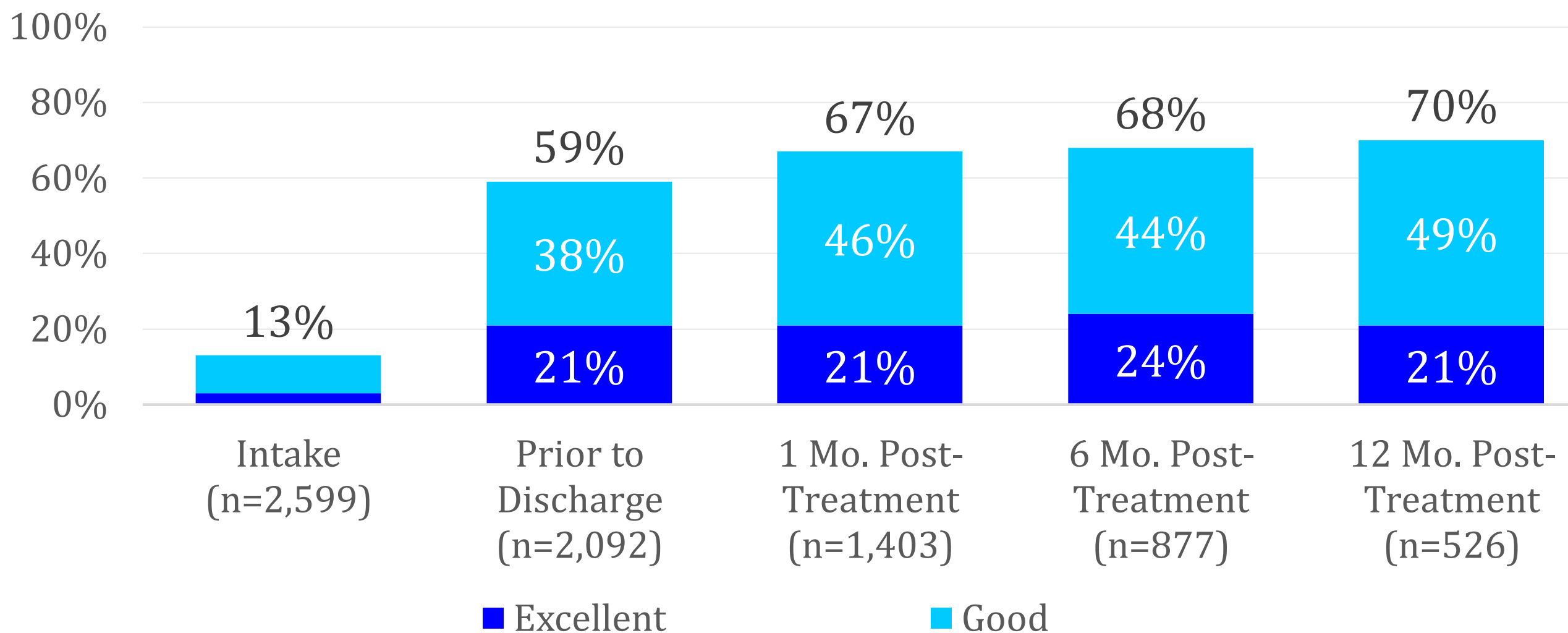
(among adult, non-professional behavioral health patients with survey due dates no later than 6/30/23)



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Patient Progress on Overall Feeling

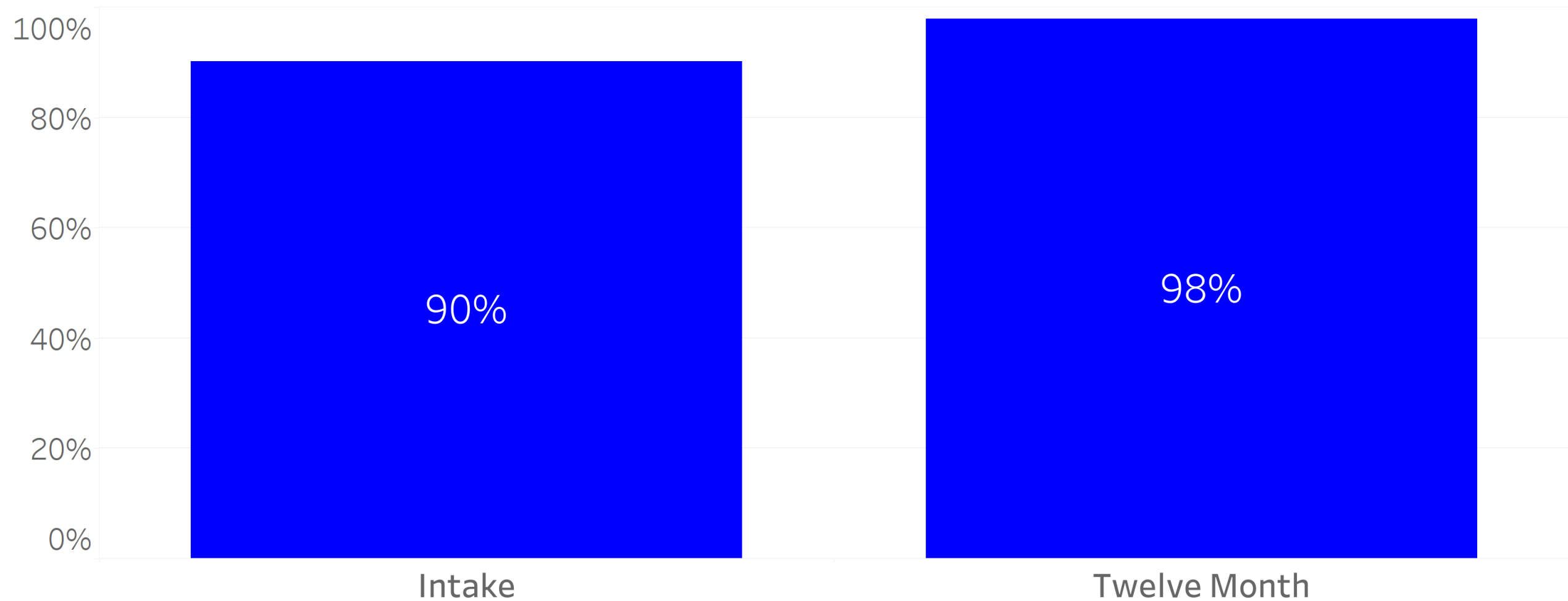
(among adult, non-professional behavioral health patients with survey due dates no later than 6/30/23)



% Living in Stable Housing

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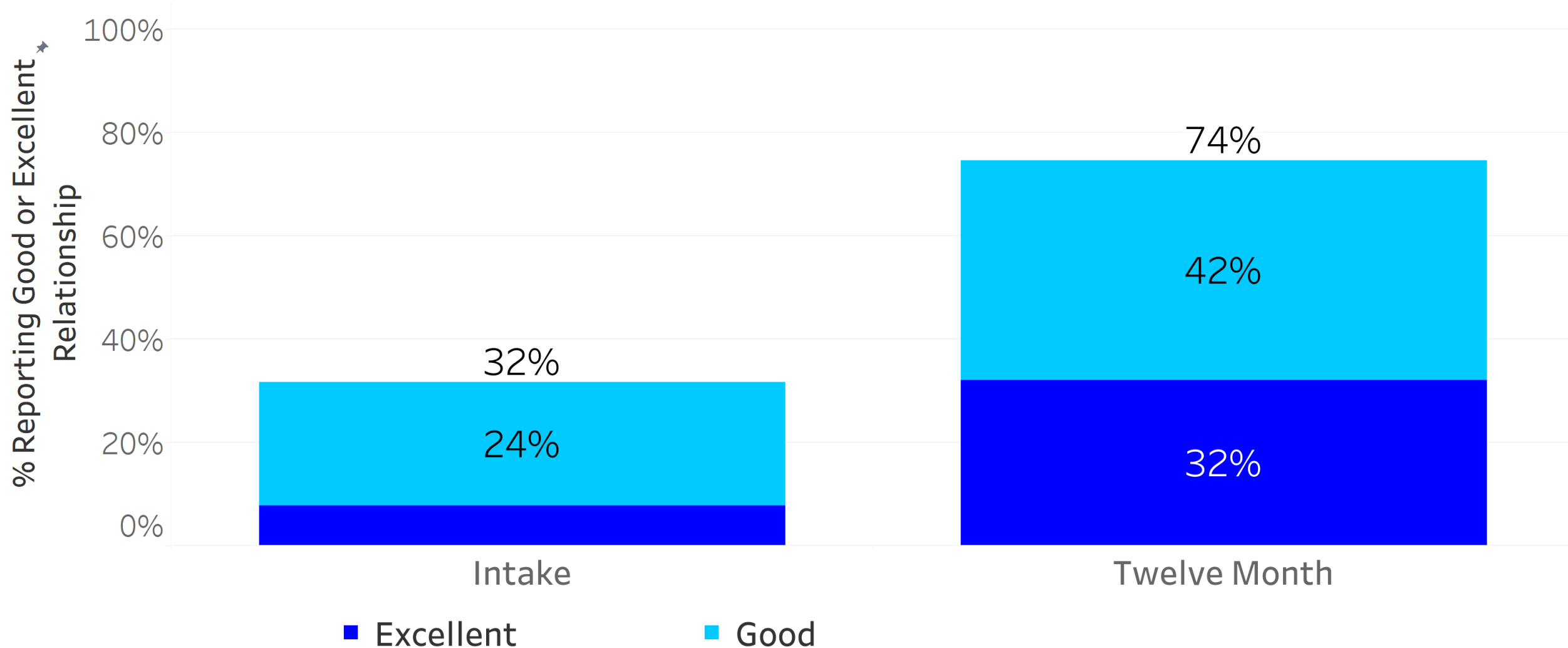
(among 513 adult, non-professional behavioral health patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)



Good Relationship with Closest Family Members

Vista Research Network

(among 513 adult, non-professional behavioral health patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)

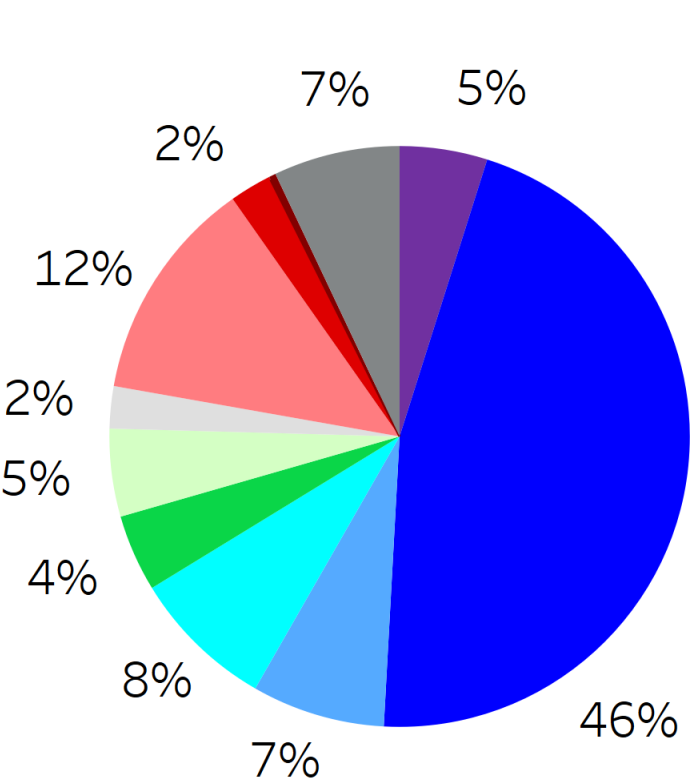


Impact of Treatment on Employment

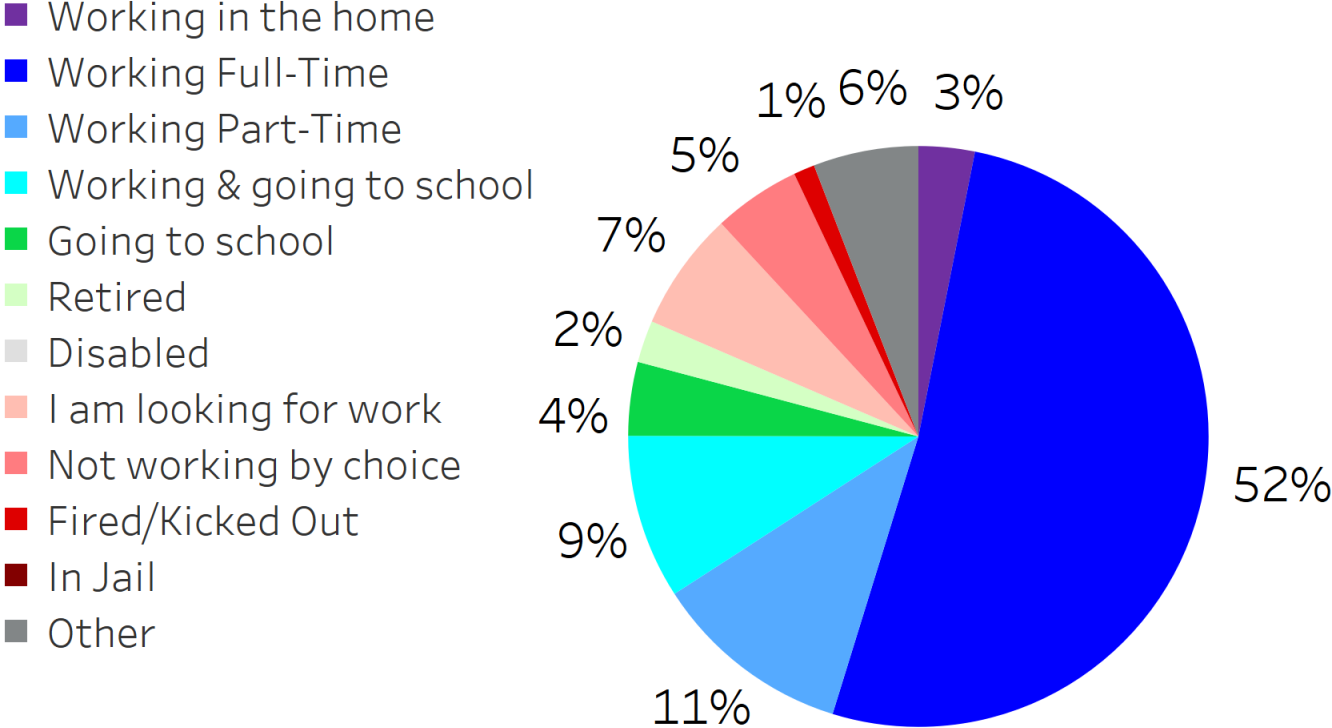
Vista Research Network

(among 513 adult, non-professional behavioral health patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)

Employment at Intake



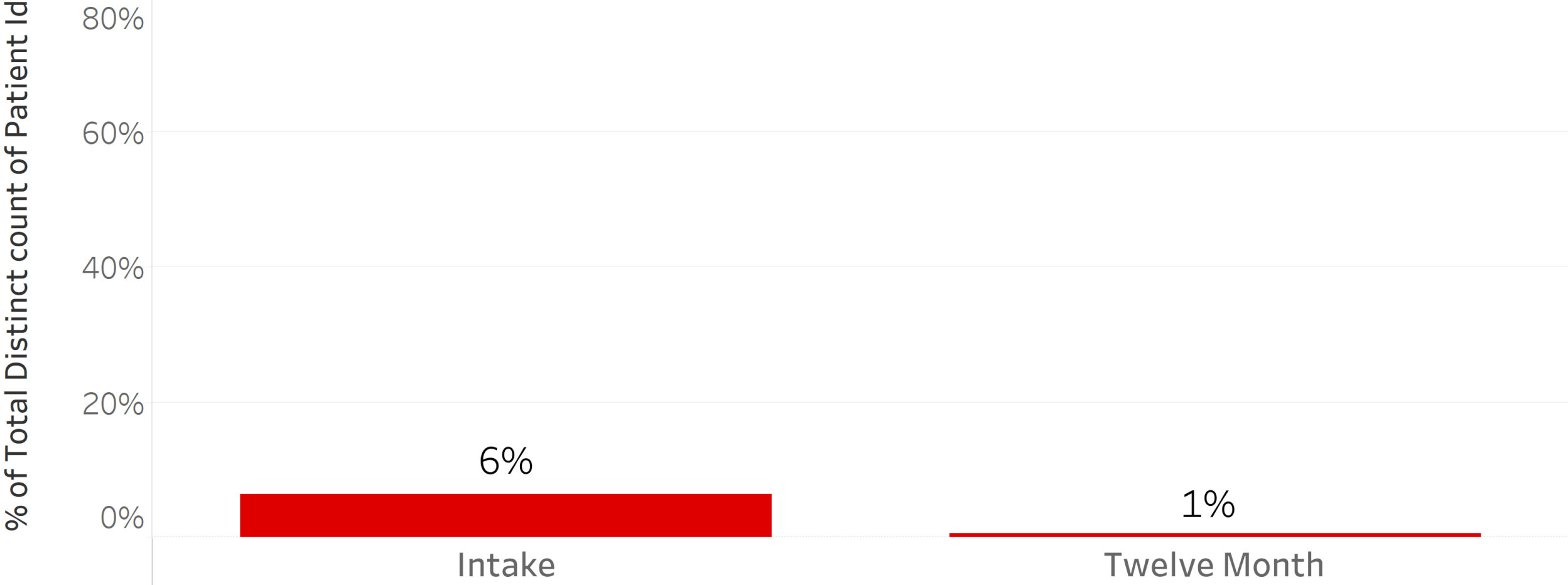
Employment at Twelve Month



% Charged with Serious Criminal Justice Offense

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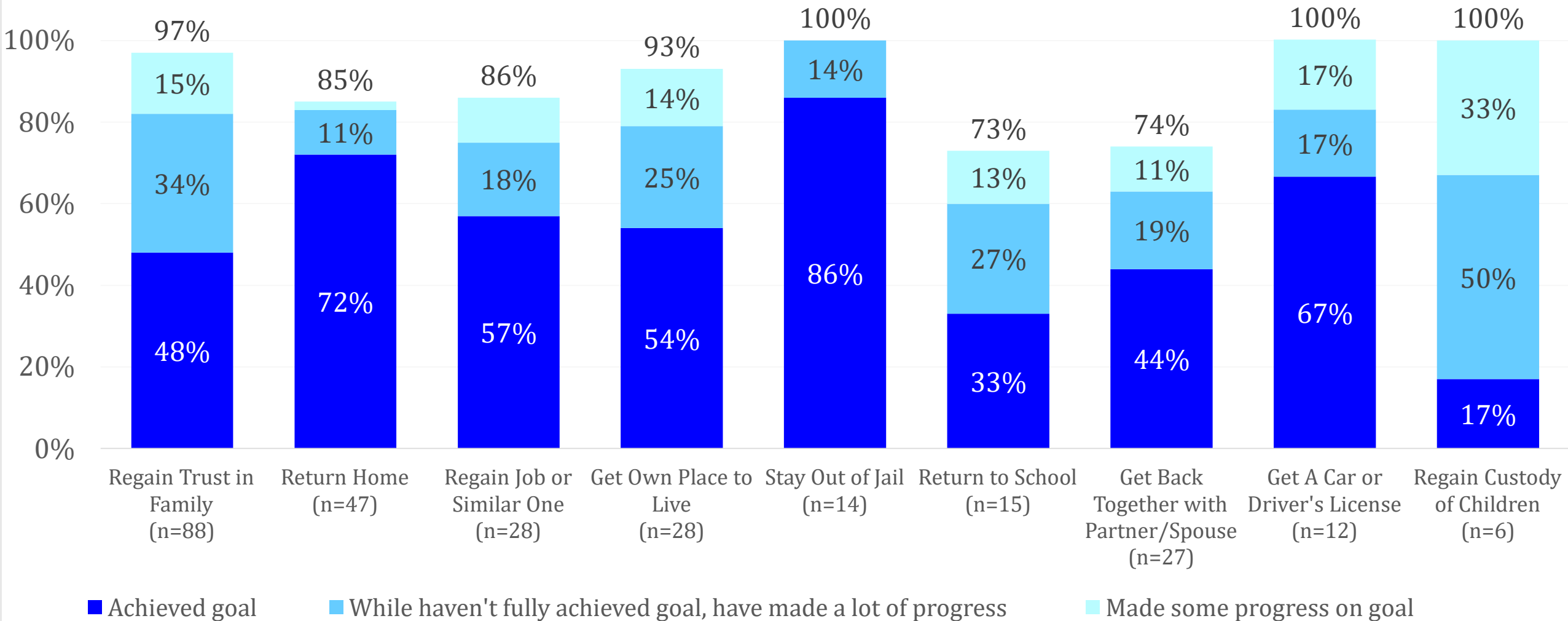
(among 513 adult, non-professional behavioral health patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)



Vista Research Network

Progress on Achieving Goals by One Year Post-Treatment

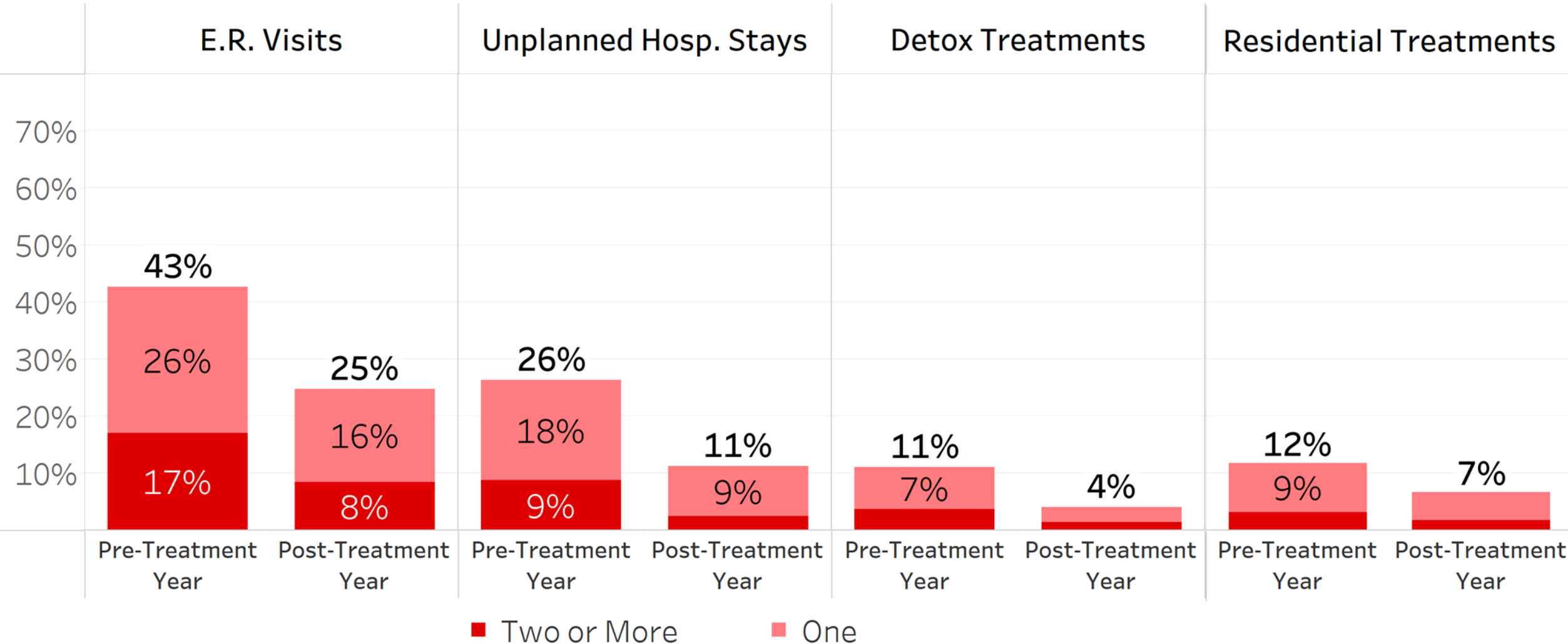
(among 369 adult, non-professional behavioral health patients discharged between 7/1/16 & 6/30/22 who reported feeling excellent or good for at least the last 30 days at one year)



Number of Expensive Medical Interventions

Vista Research Network

(among 513 adult, non-professional behavioral health patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)



Patient Satisfaction with Treatment

Vista Research Network

(among adult, non-professional behavioral health patients discharged between 7/1/2016 and 5/31/2023)

