

# Vista Research Network

Treatment Effectiveness: Adult Non-Professional Behavioral  
Health Patients

(Patients in treatment between 1/1/21 & 6/30/23)

### Demographics:

- Gender
- Living Arrangements
- Marital Status/Ethnicity
- Employment
- Education
- Patients Location

### Previous Treatment Episodes

### Why Patients Entered Treatment

### Key Life Goals

### Mental Disorders at Intake:

- Overall Feeling
- Functioning (WHODAS 2.0)
- Depression Symptoms (PHQ-9)
- Anxiety Symptoms (GAD-7)
- Trauma Symptoms (PCL-6)
- Mania Symptoms (Altman Self-Rating Mania Scale)
- Psychosis Symptoms (Yale's PRIME Screen Revised)
- Eating Disorders (Dr. Eric Stice's EDDS)
- Other Disorders
- Suicidal Thoughts (CSSRS)
- Self-Harming Behavior

### Drug Use:

- Addiction Severity
- Primary Drug of Choice

### Mental Disorder Improvement During Treatment:

- All Overall Feeling
- Functioning (WHODAS 2.0)
- Depression Symptoms (PHQ-9)
- Anxiety Symptoms (GAD-7)
- Trauma Symptoms (PCL-6)
- Mania (Altman Self-Rating Mania Scale)
- Psychosis (Yale's PRIME Screen Revised)
- Eating Disorders (Dr. Eric Stice's EDDS)
- Suicidal Thoughts (CSSRS)

### Treatment Completion Rates

- All programs
- By Source of Payment
- By Program(s) Attended

### Patient Satisfaction

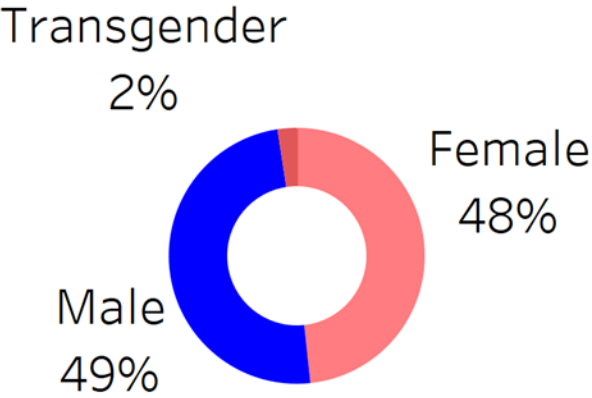
### Treatment Goals

- Were patients asked about treatment goals
- Were treatment goals met

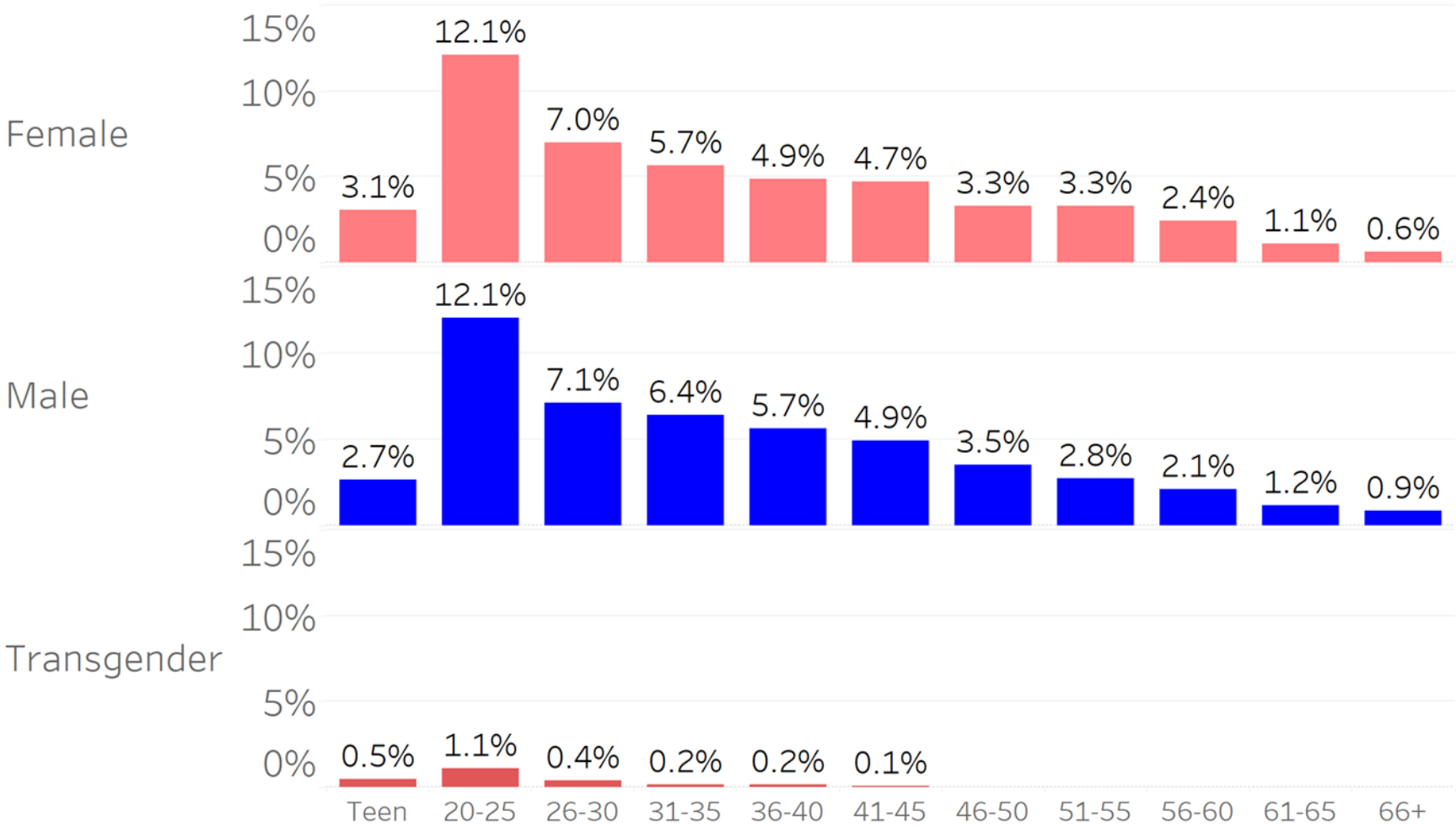
# Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/22 and 6/30/23)

## Gender



## Age Distribution by Sex

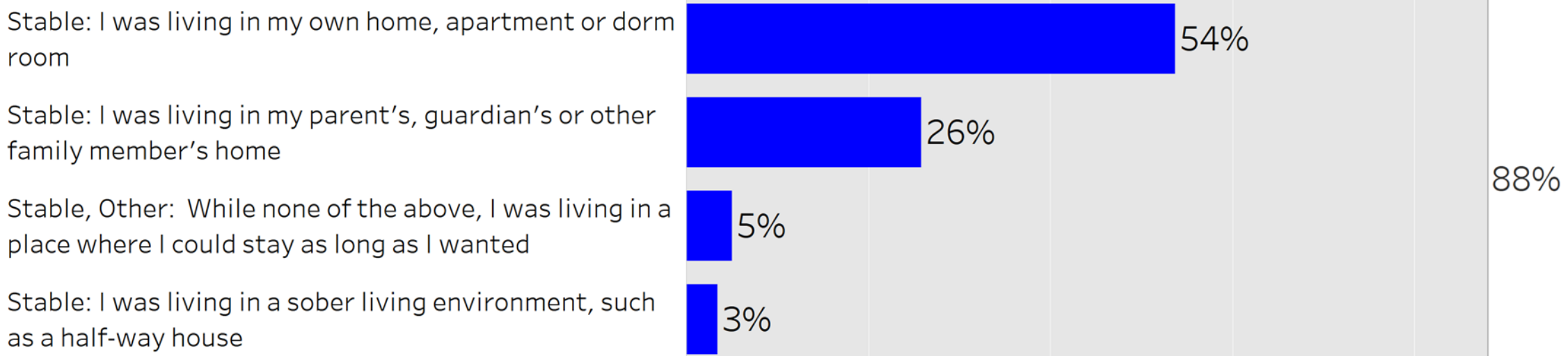


# Living Arrangements

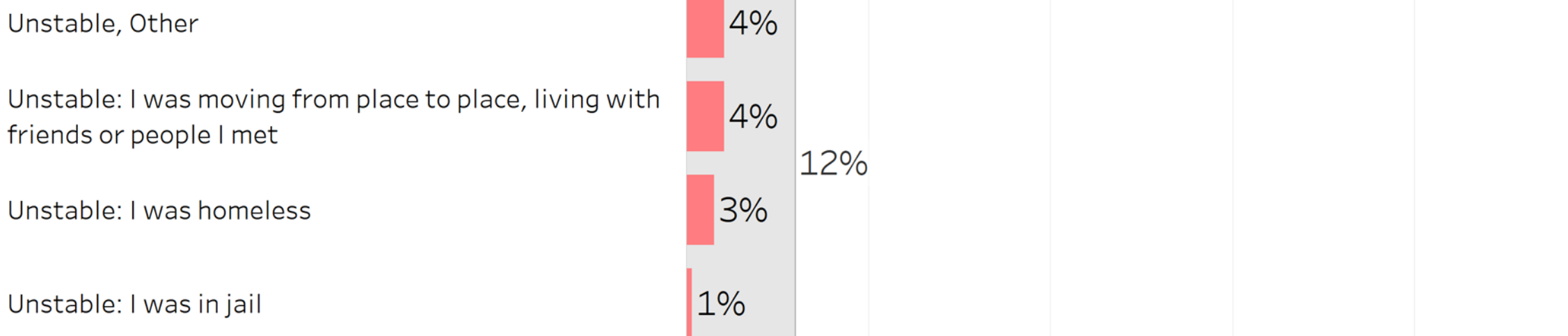
## Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/22 and 6/30/23)

**Stable**



**Unstable**

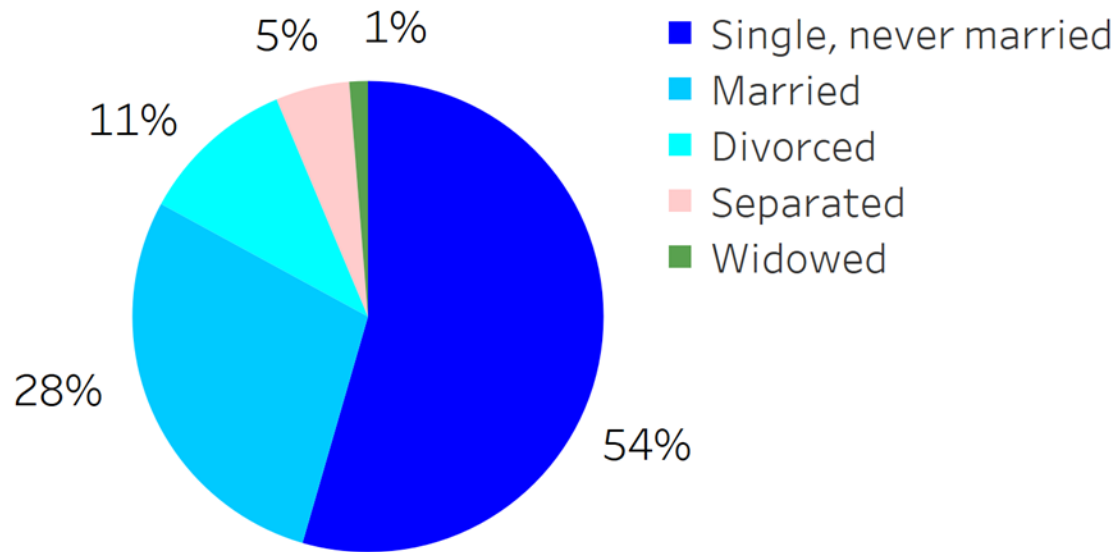


0% 20% 40% 60% 80% 100%

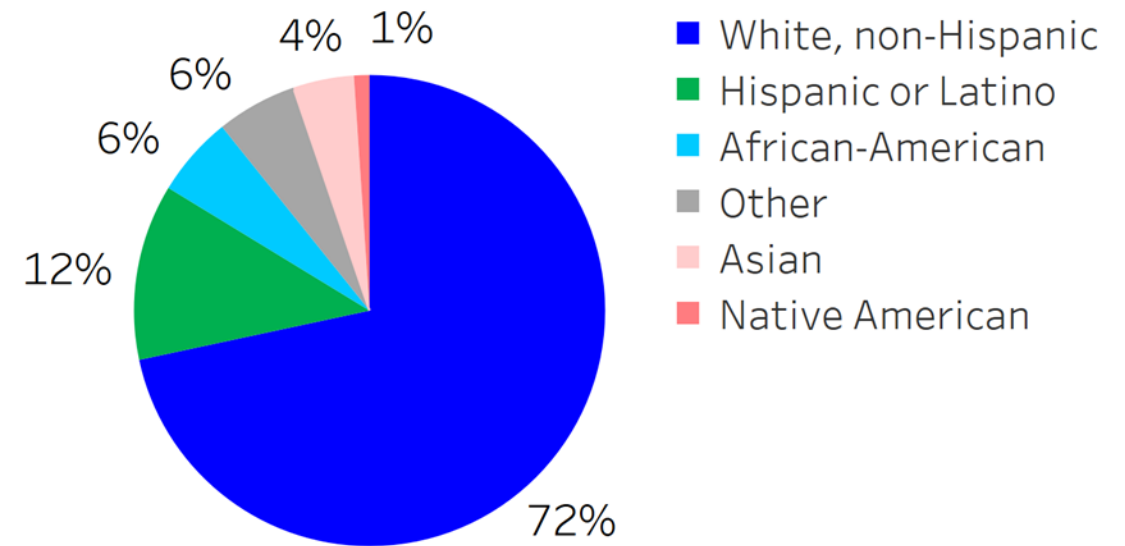
## Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/22 and 6/30/23)

### Marital Status



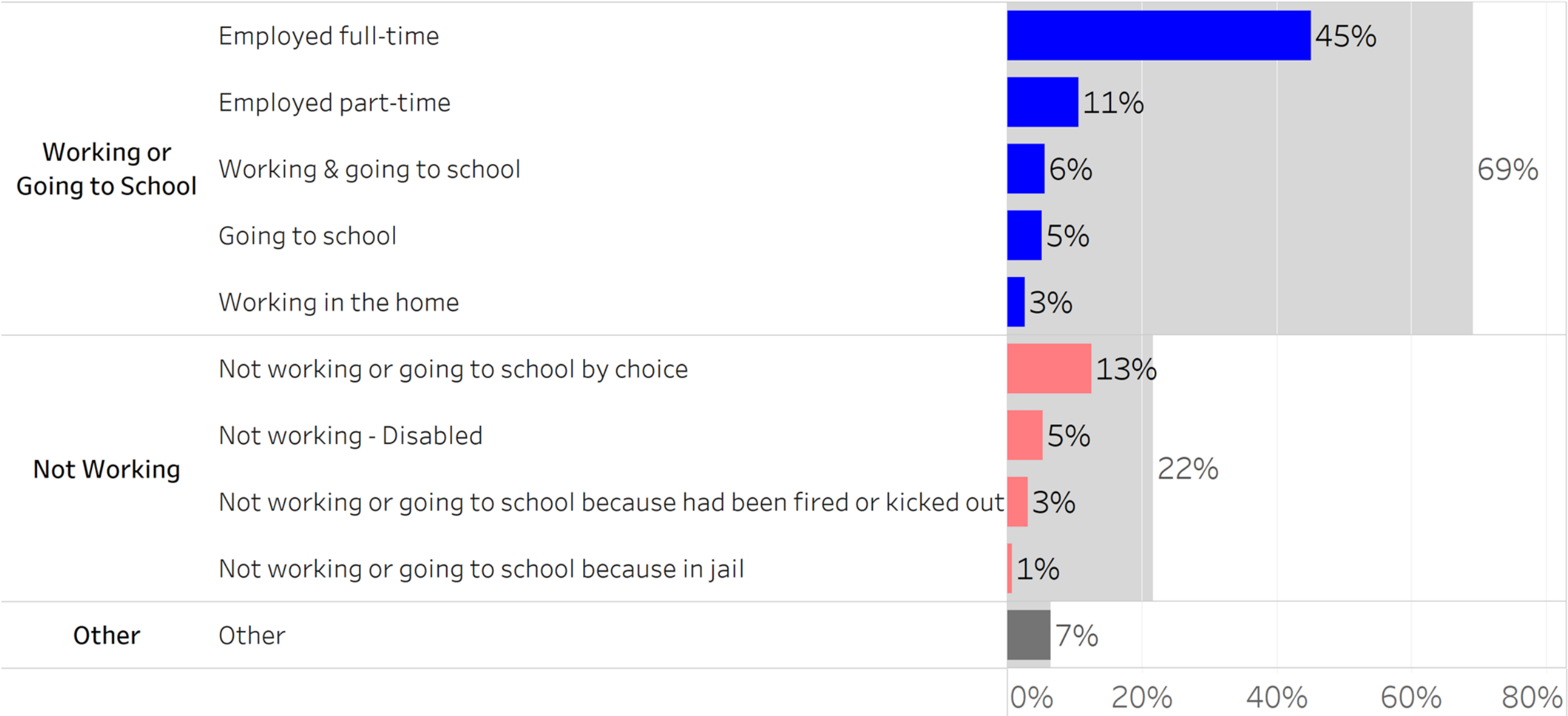
### Ethnicity



# Employment

## Vista Research Network

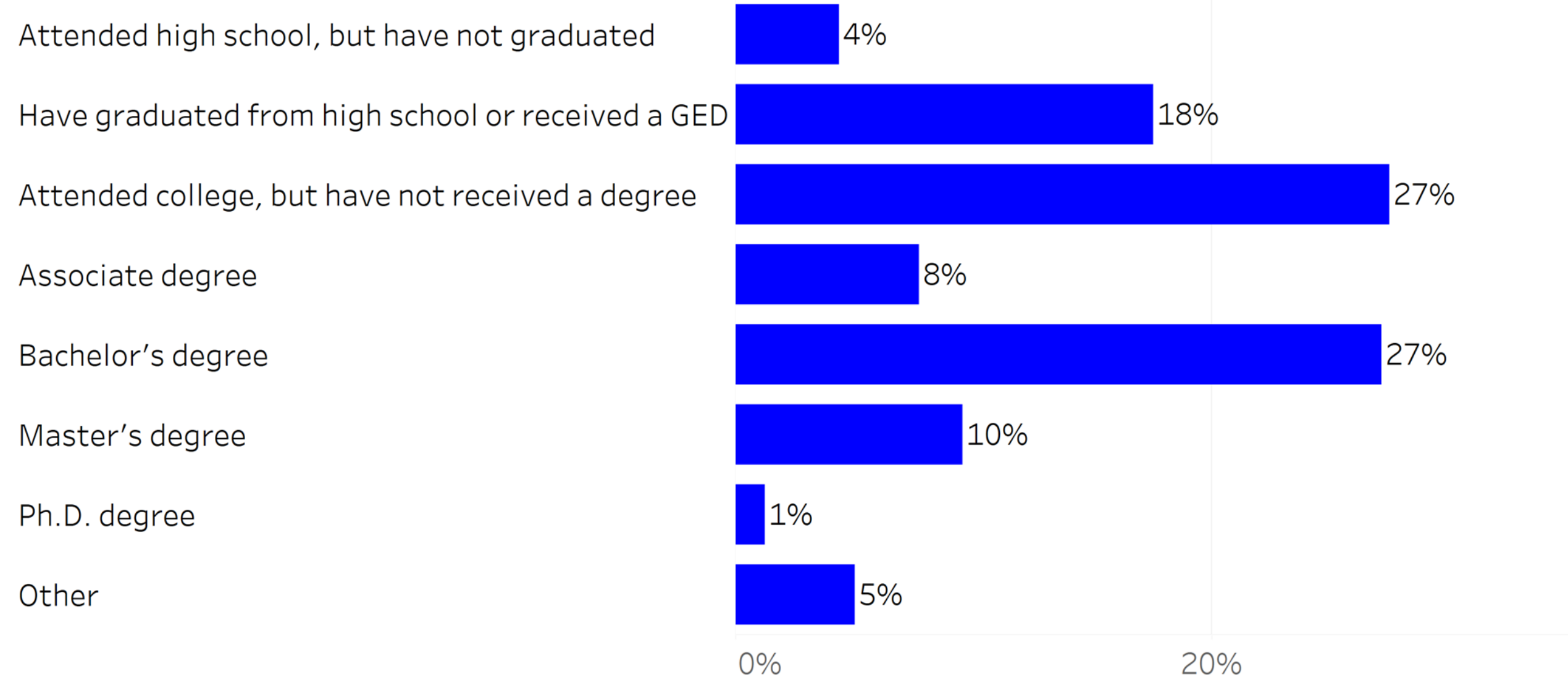
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/22 and 6/30/23)



## Highest Education Level

### Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/22 and 6/30/23)





# Where Patients' Live

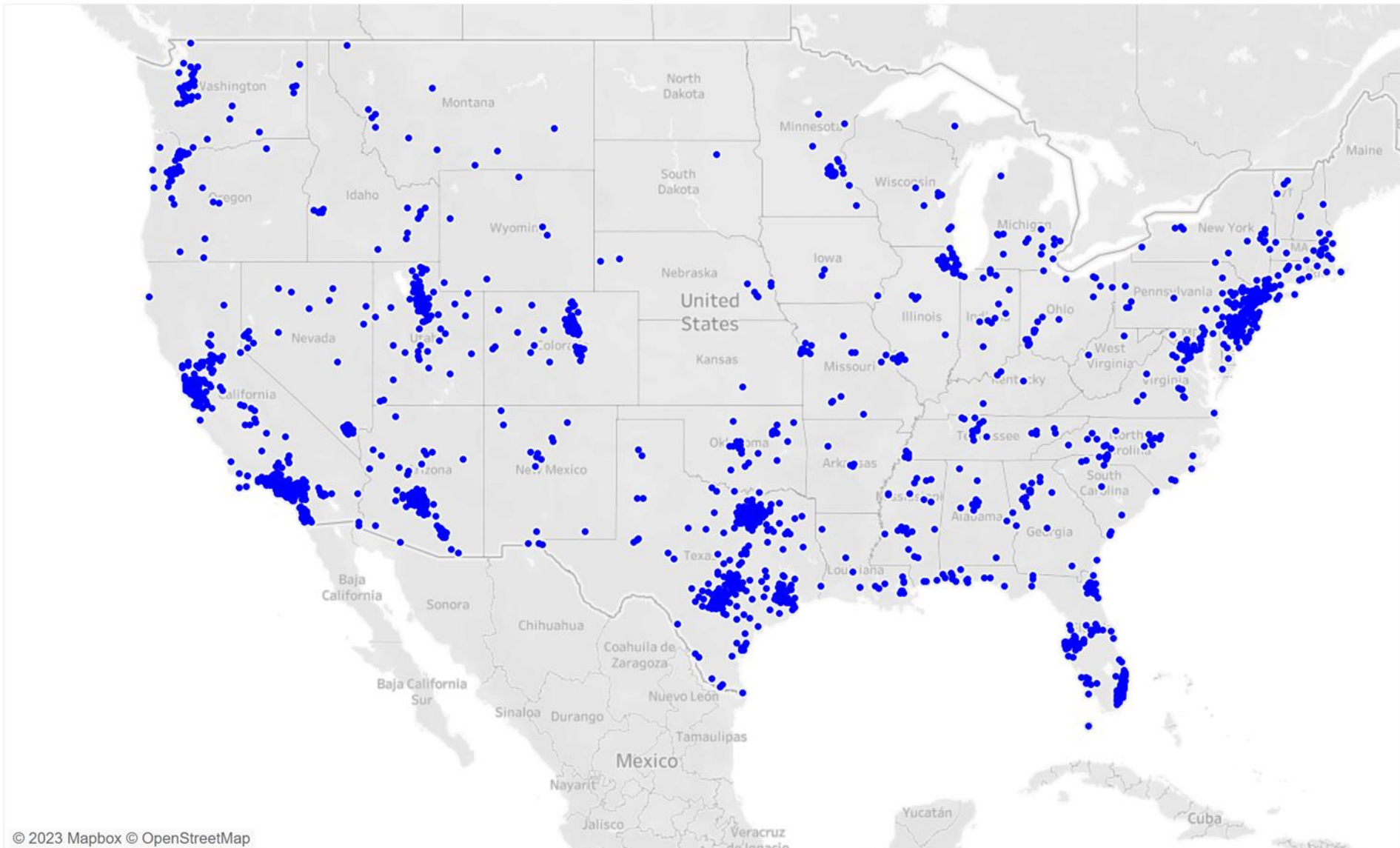
## Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/22 and 6/30/23)

Patients' Location - Alaska



Patients' Location - Hawaii

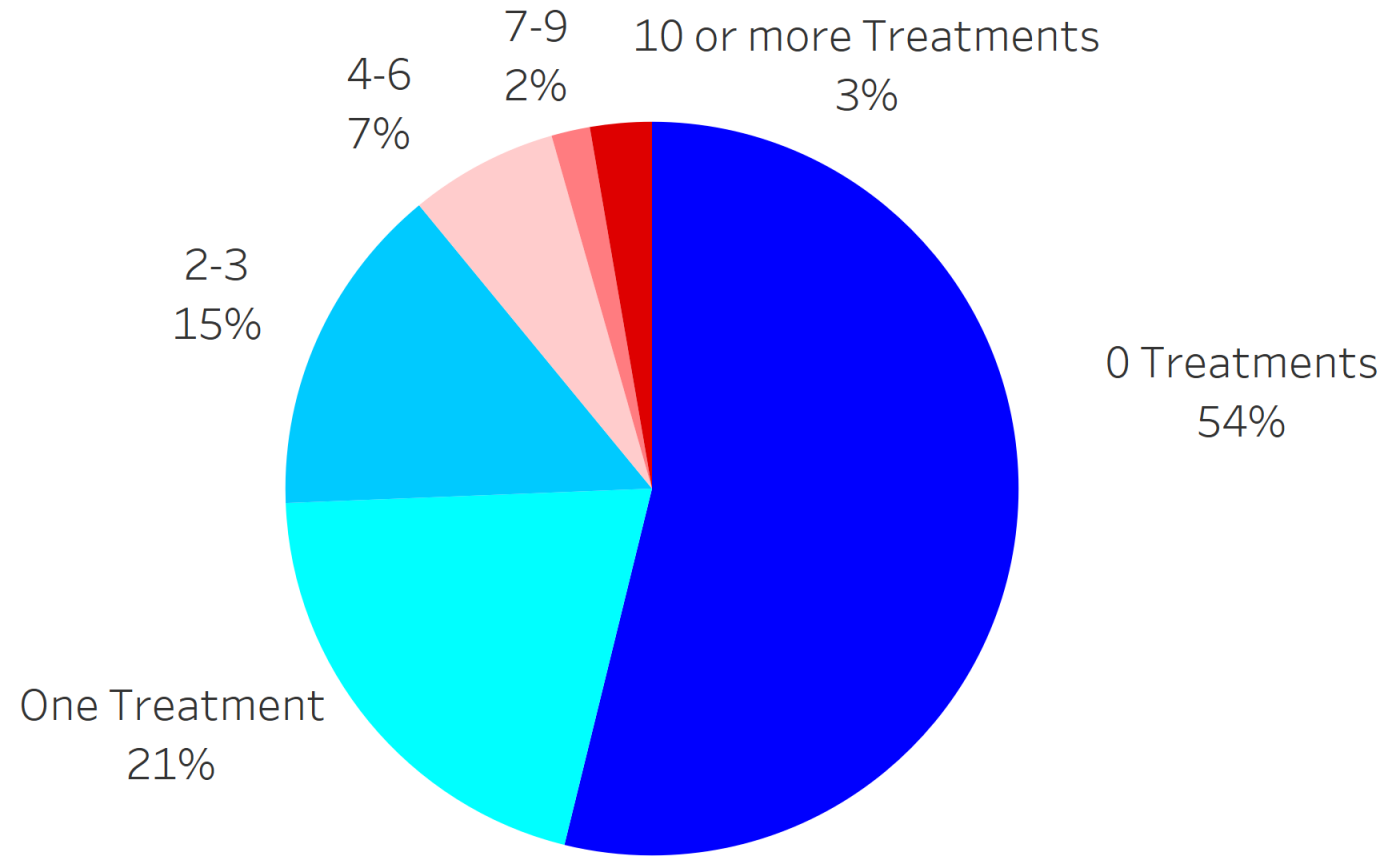




# No. of Previous Treatments

## Vista Research Network

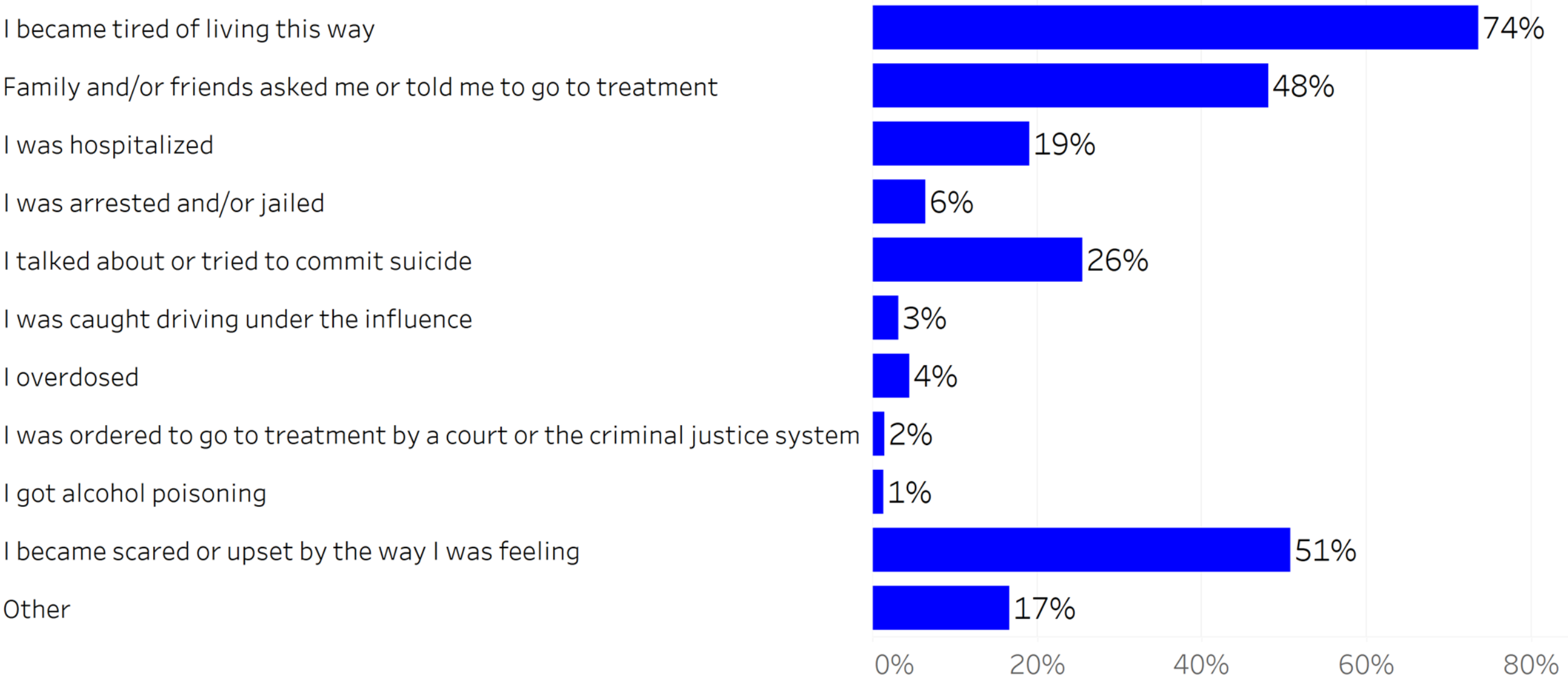
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# What Happened Right Before that Led to Treatment

## Vista Research Network

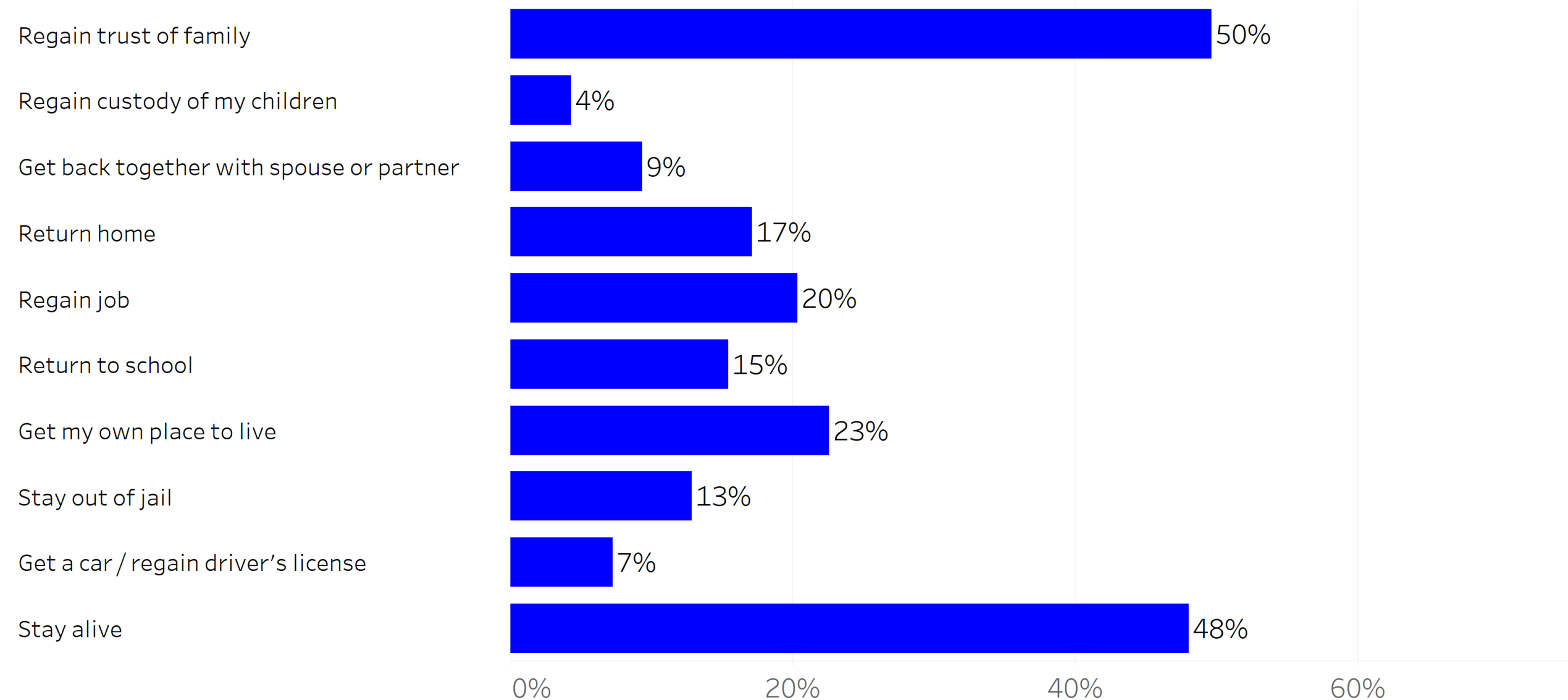
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Key Life Goals Named At Intake

## Vista Research Network

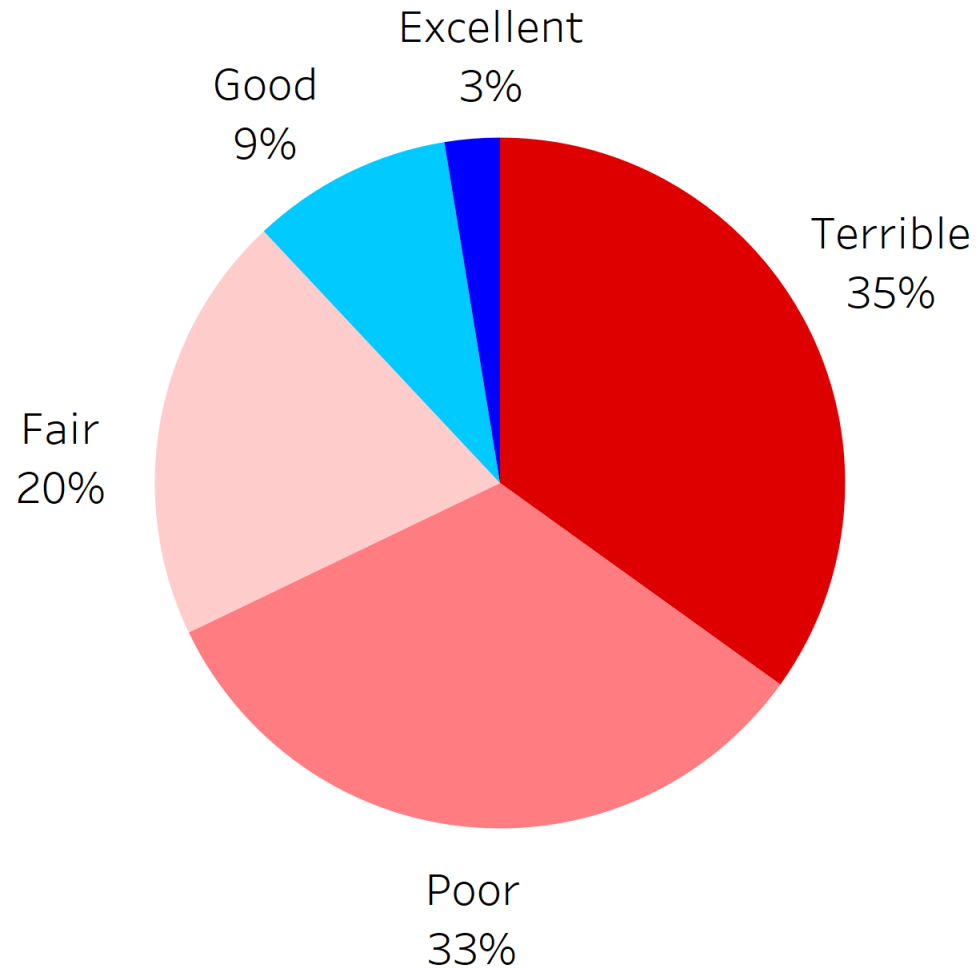
(among 3,059 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Overall Feeling at Intake

## Vista Research Network

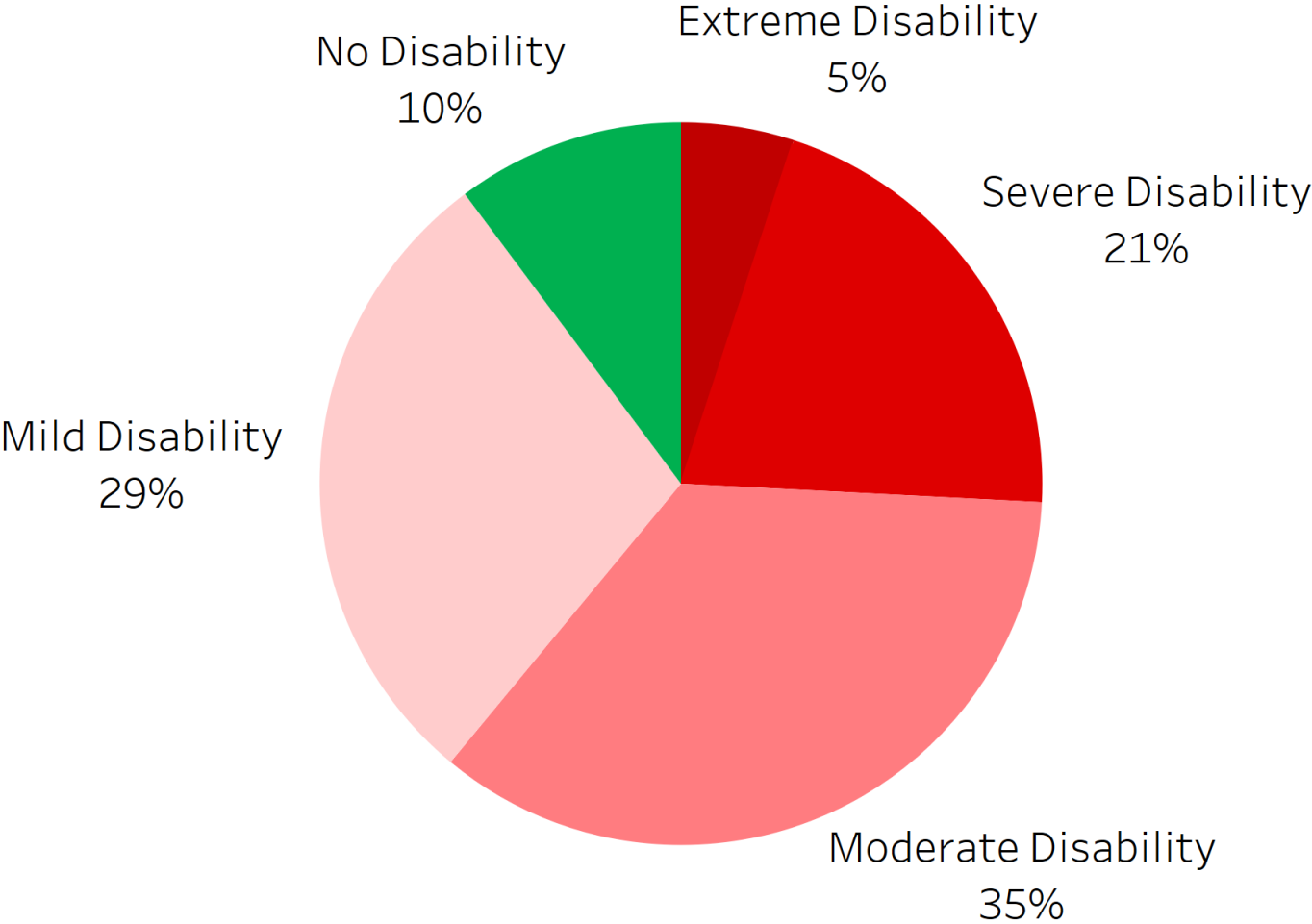
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Patient Functioning at Intake

## Vista Research Network

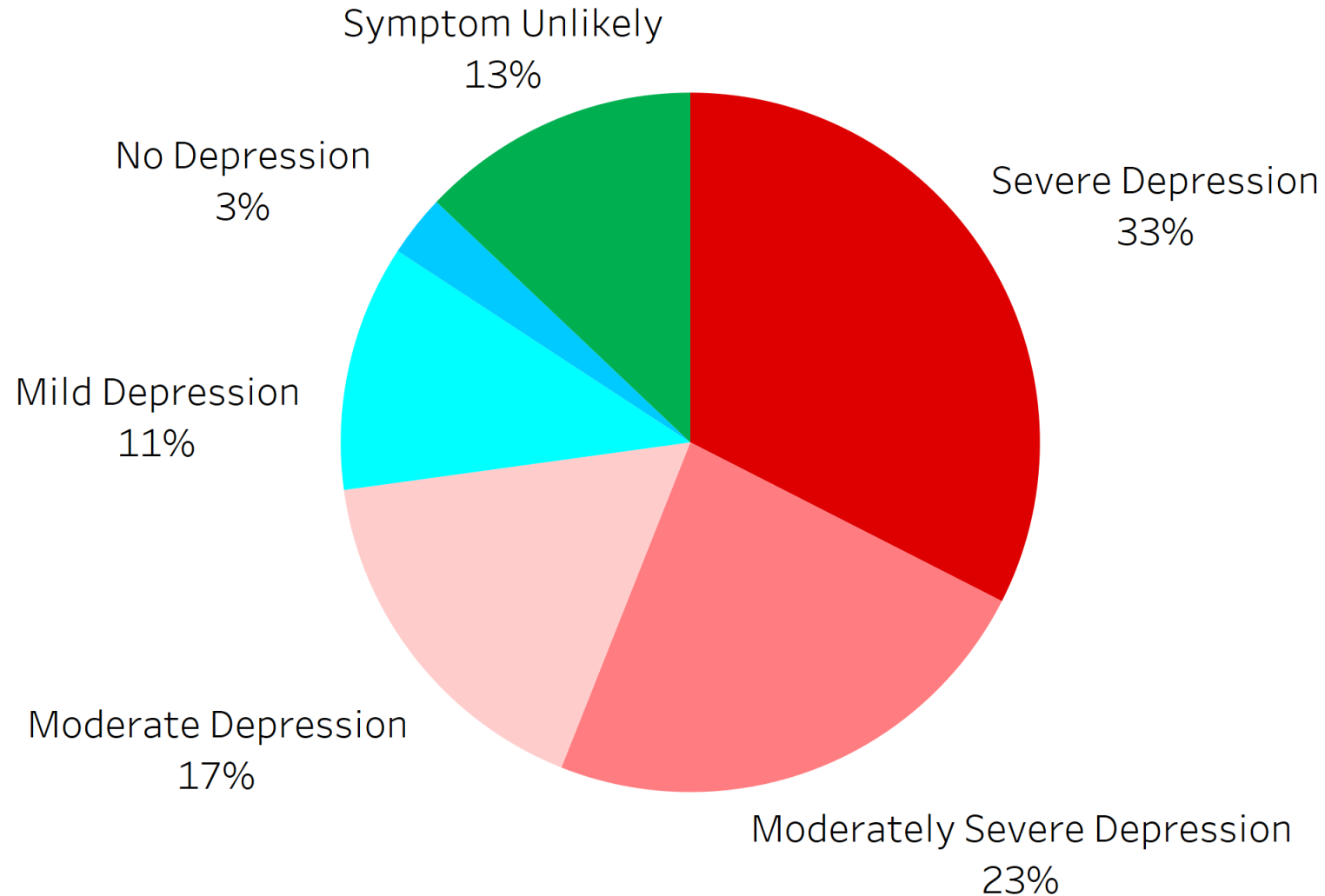
(among 3,548 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Depression Symptoms at Intake (PHQ-9)

Vista Research Network

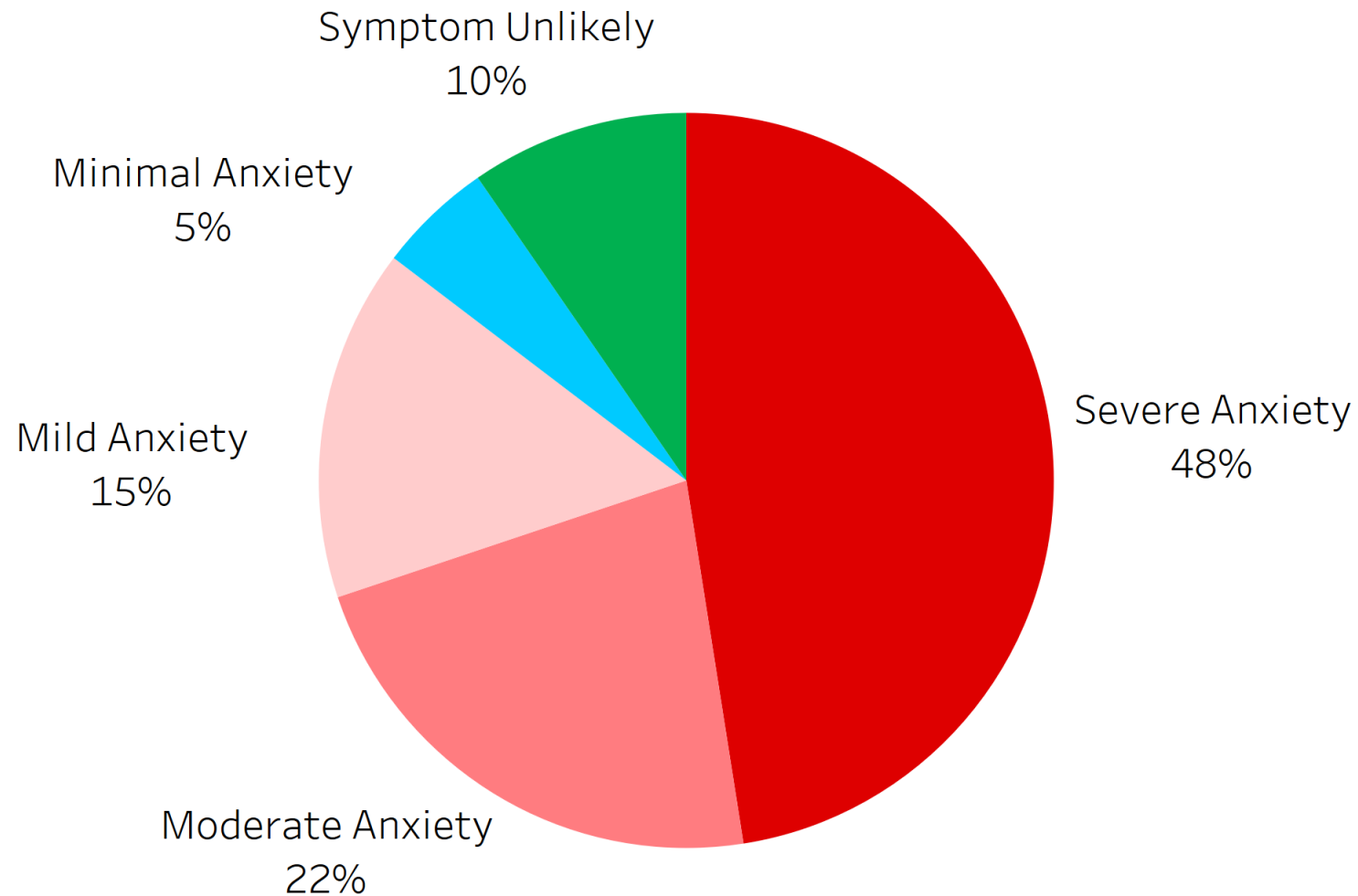
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Anxiety Symptoms at Intake (GAD-7)

Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)

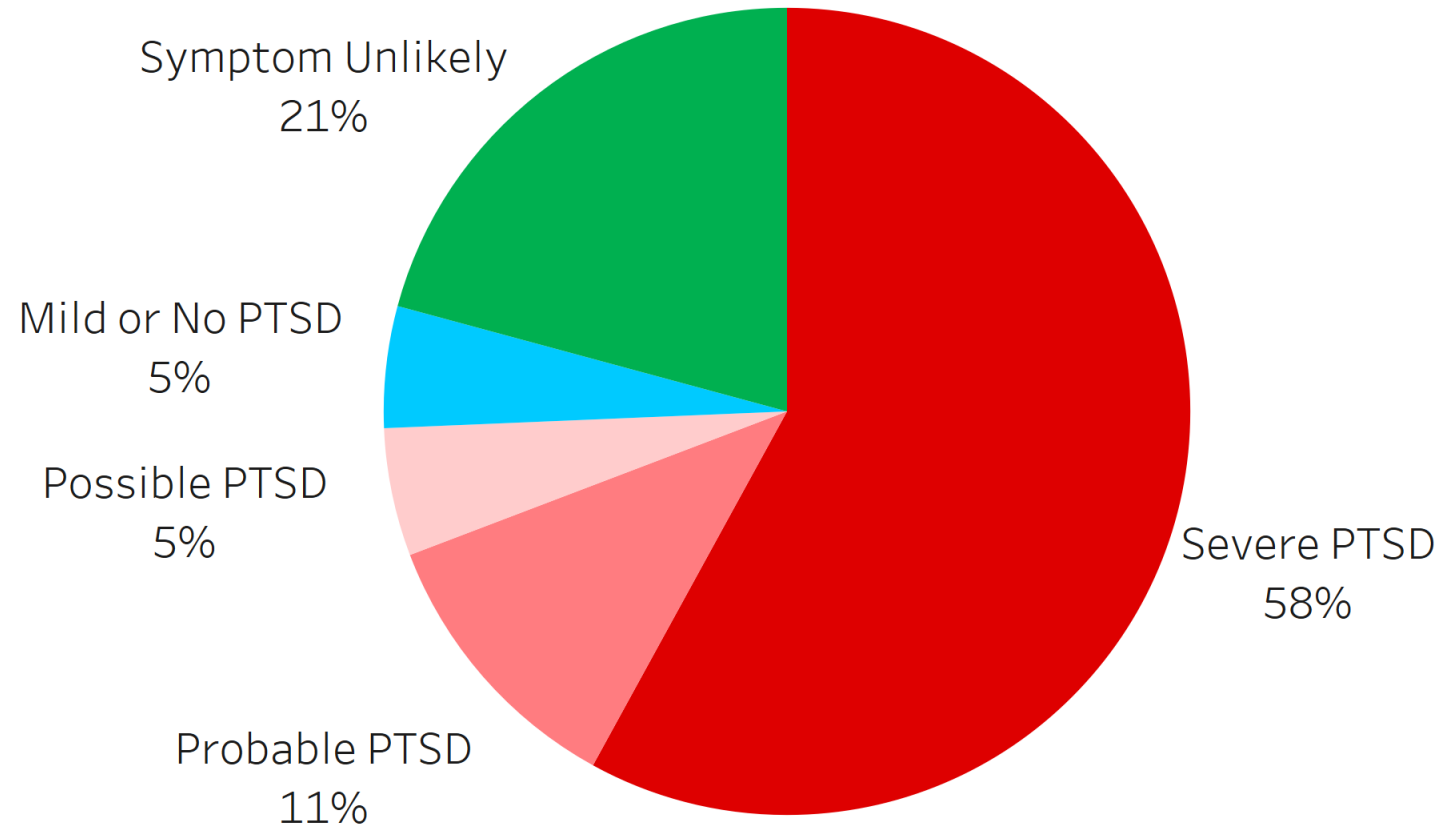




# Trauma Symptoms at Intake (PCL-6)

Vista Research Network

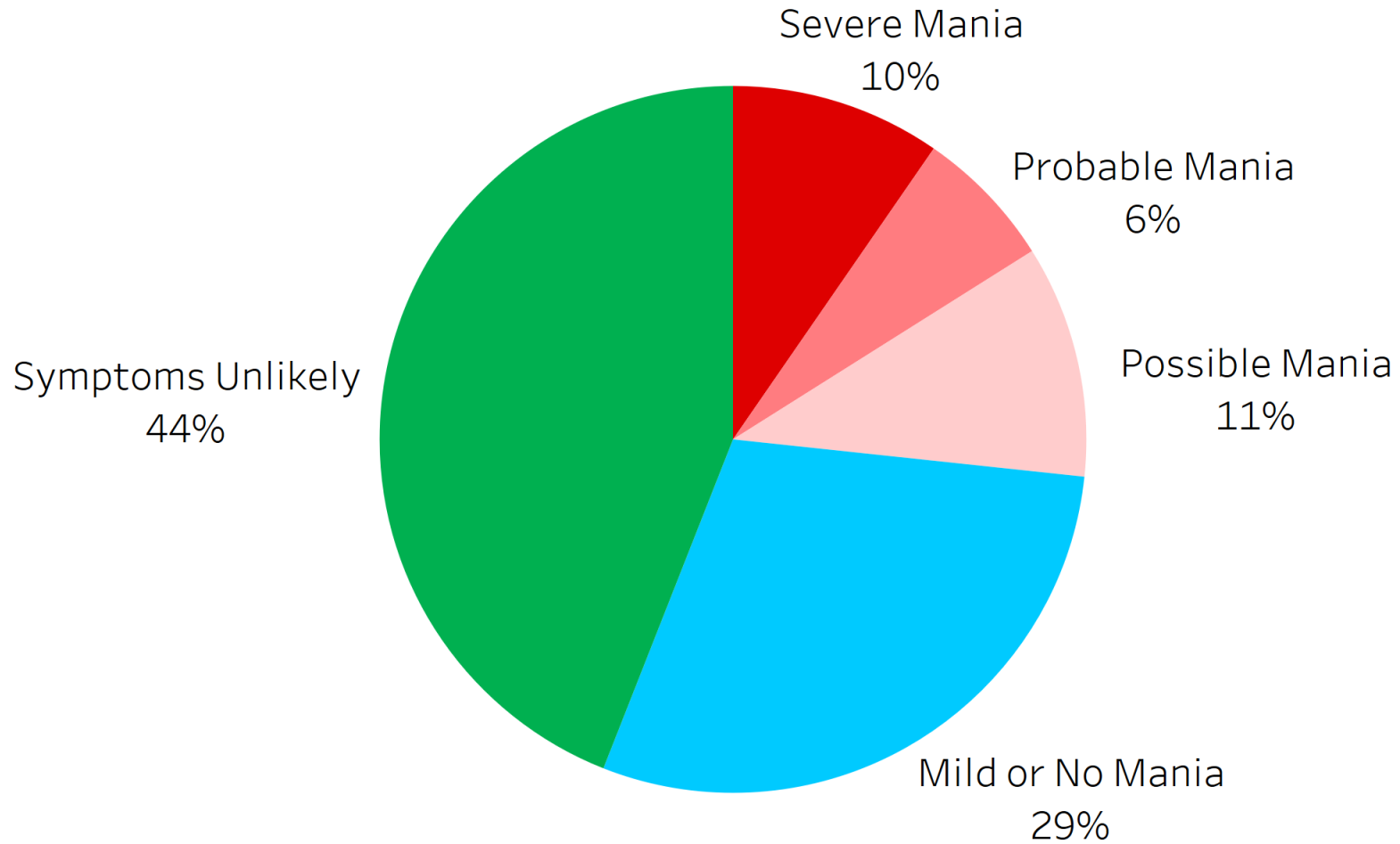
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Mania Symptoms at Intake

Vista Research Network

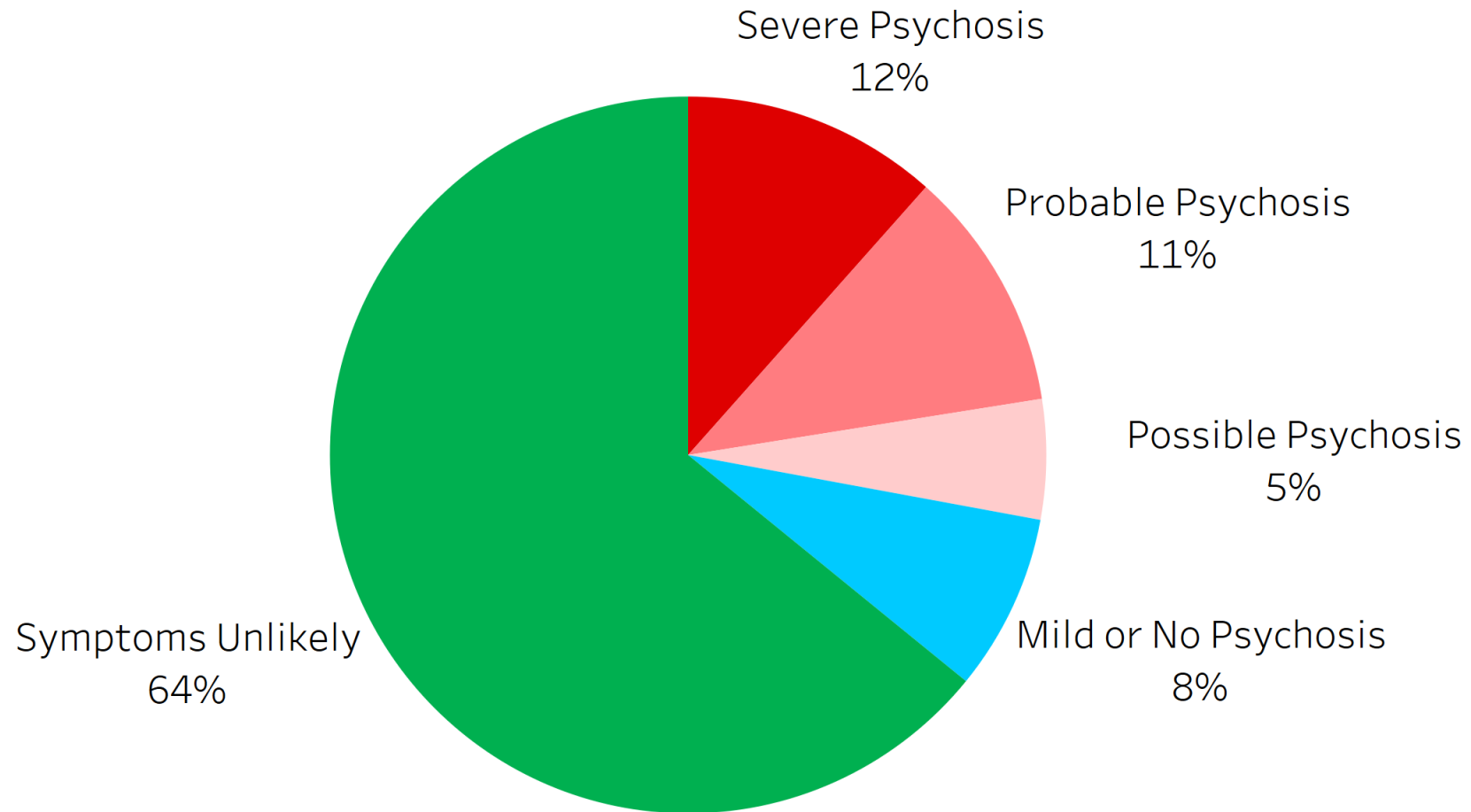
(among 3,712 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Psychosis Symptoms at Intake

## Vista Research Network

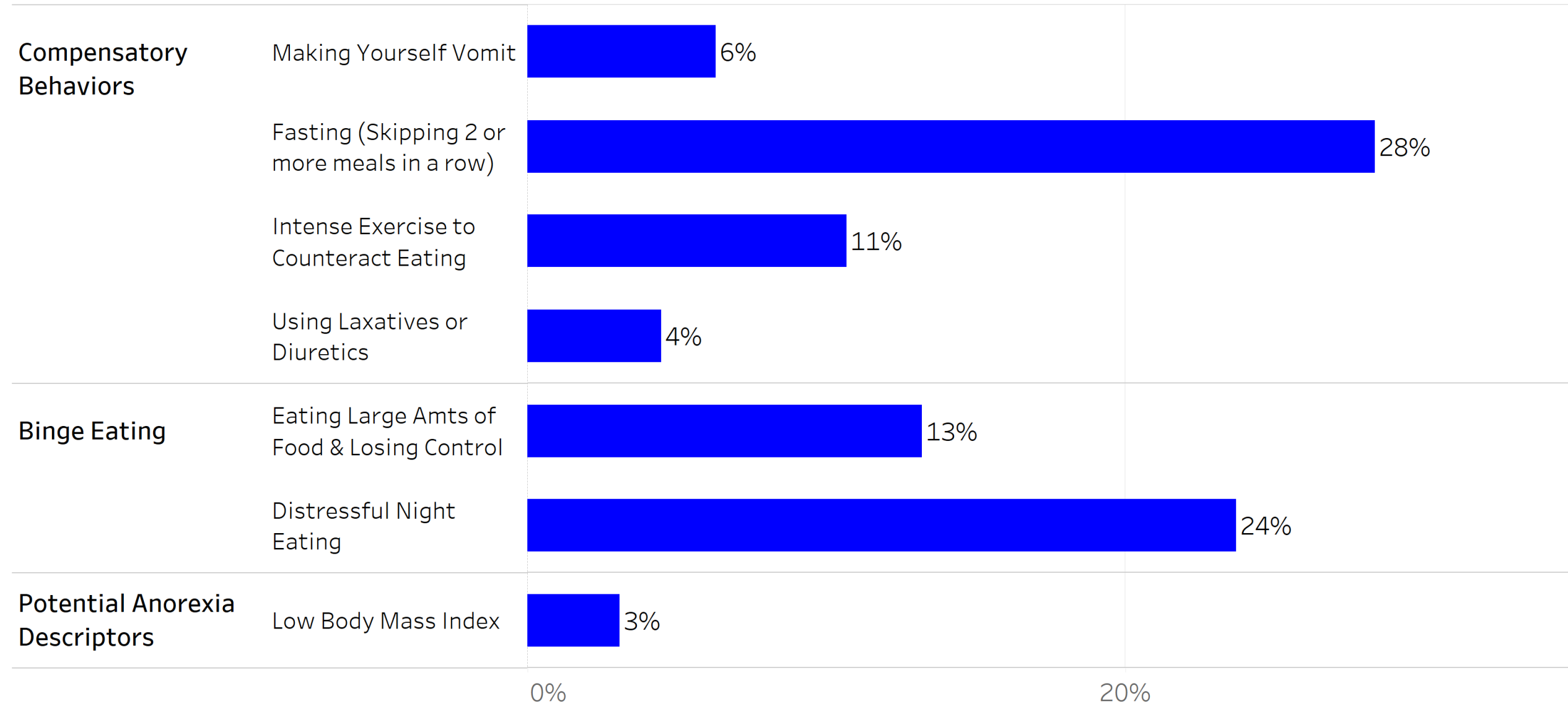
(among 3,712 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Eating Disorders at Intake

## Vista Research Network

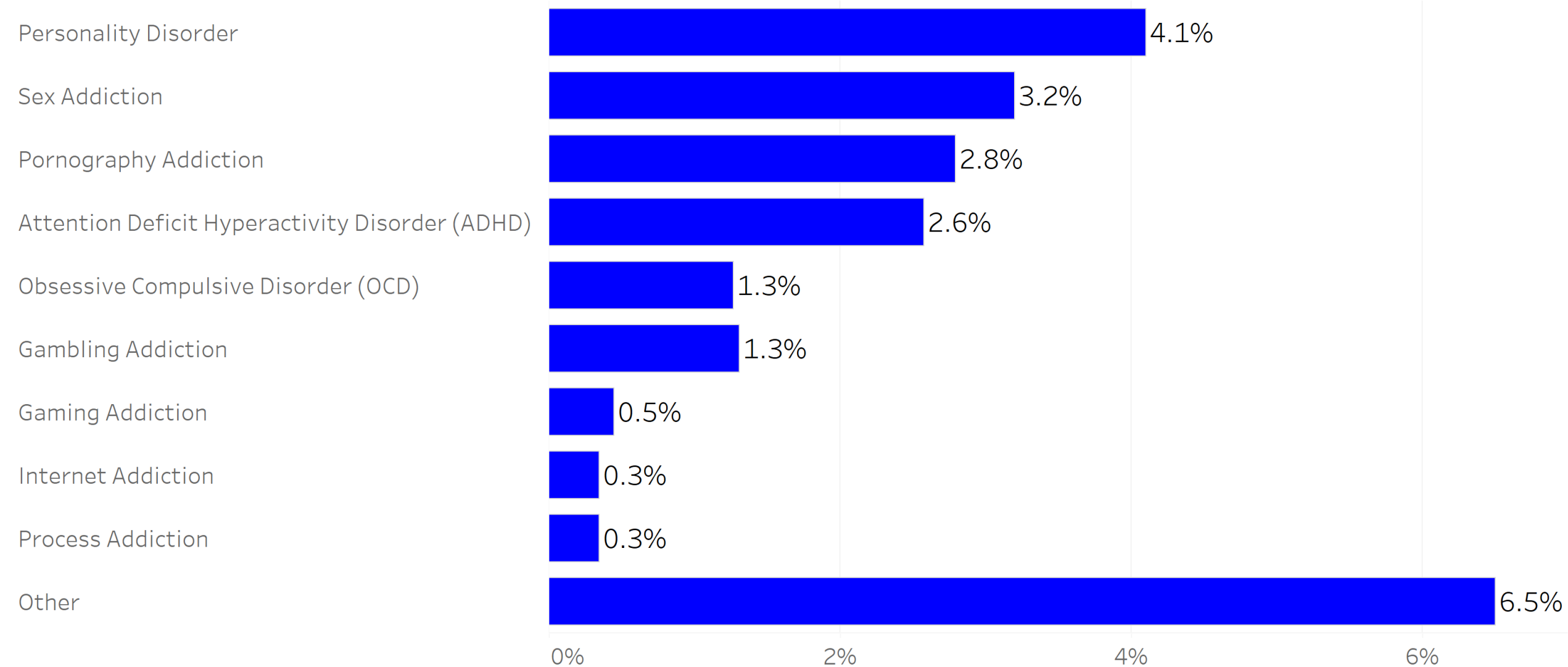
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Presence of Other Issues or Disorders

## Vista Research Network

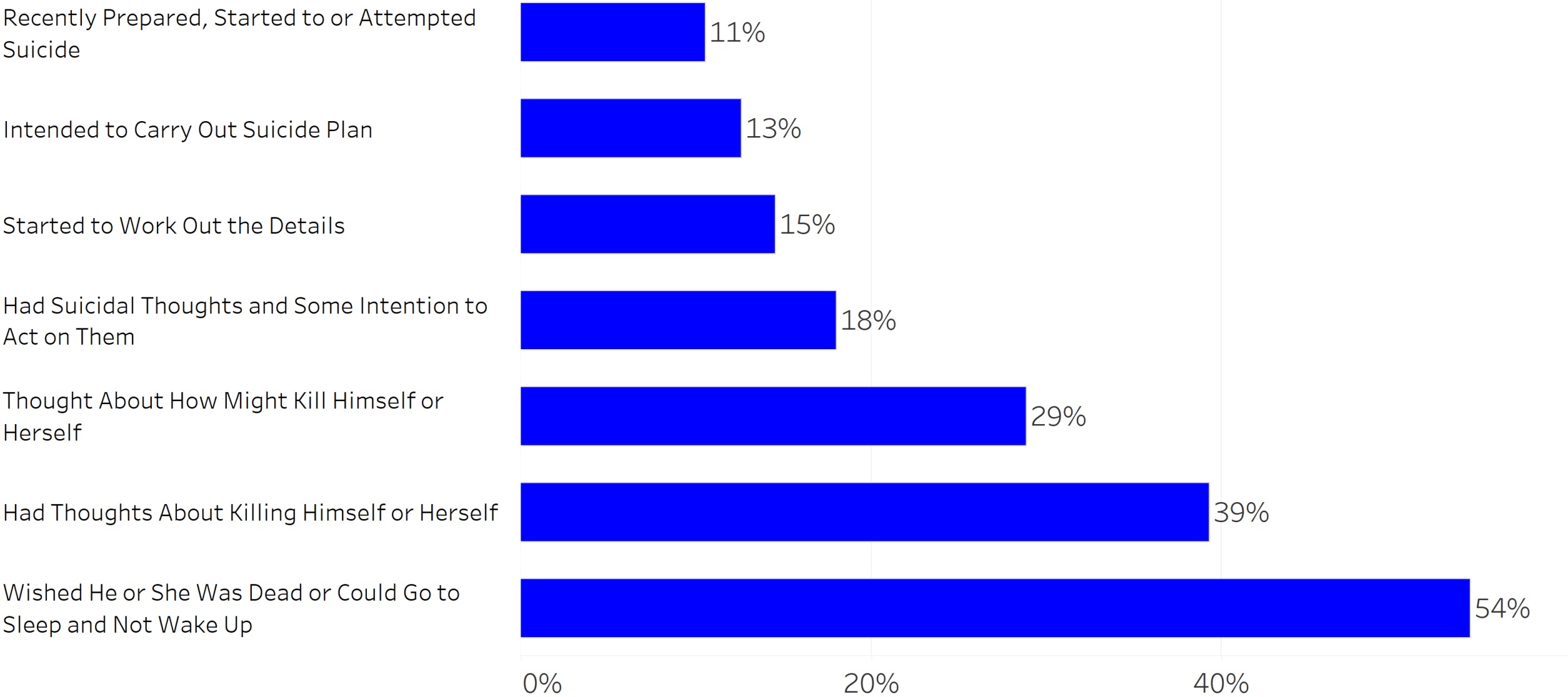
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Suicidal Thoughts and Intentions at Intake

## Vista Research Network

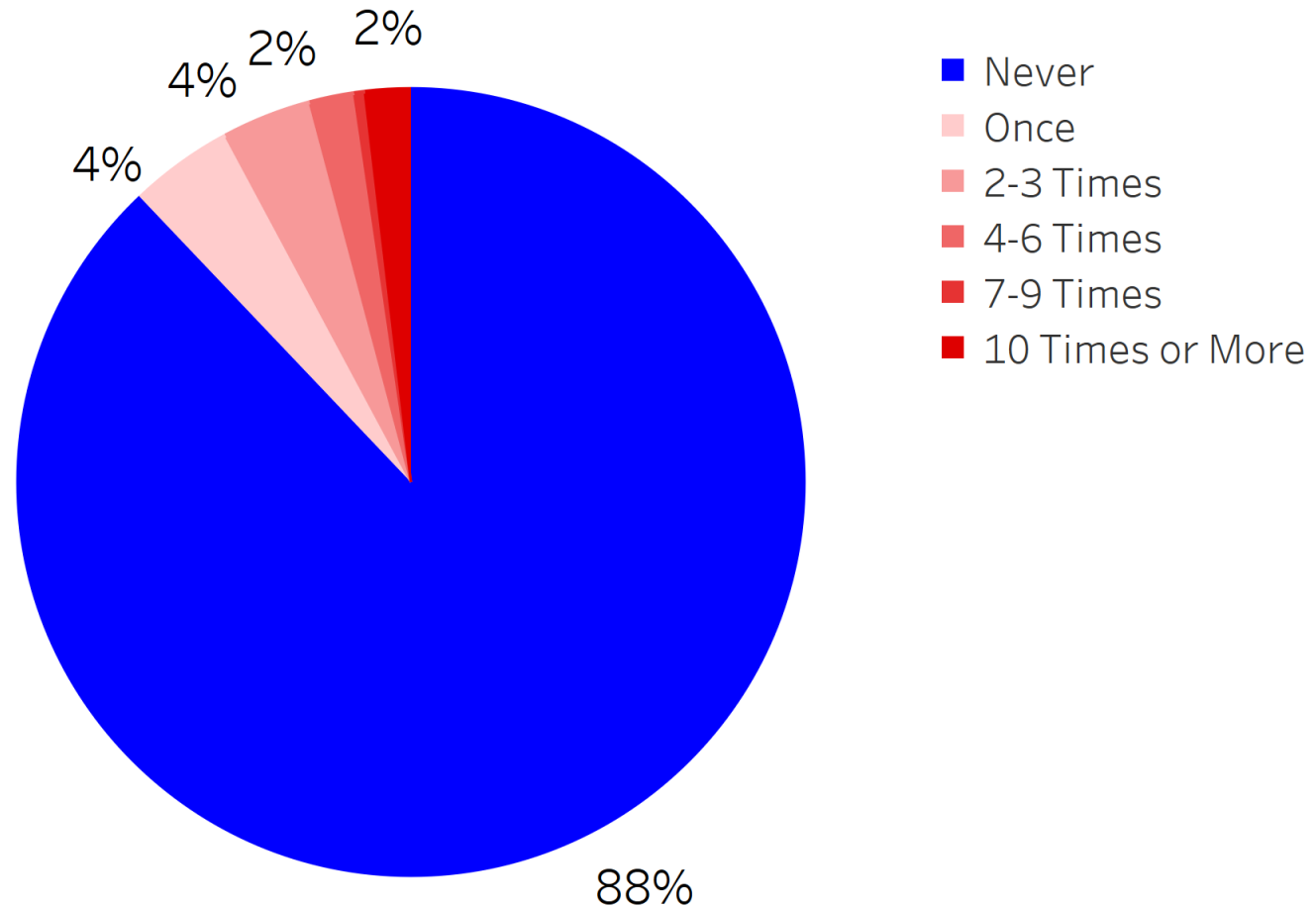
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Self Harm Symptoms at Intake

Vista Research Network

(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)

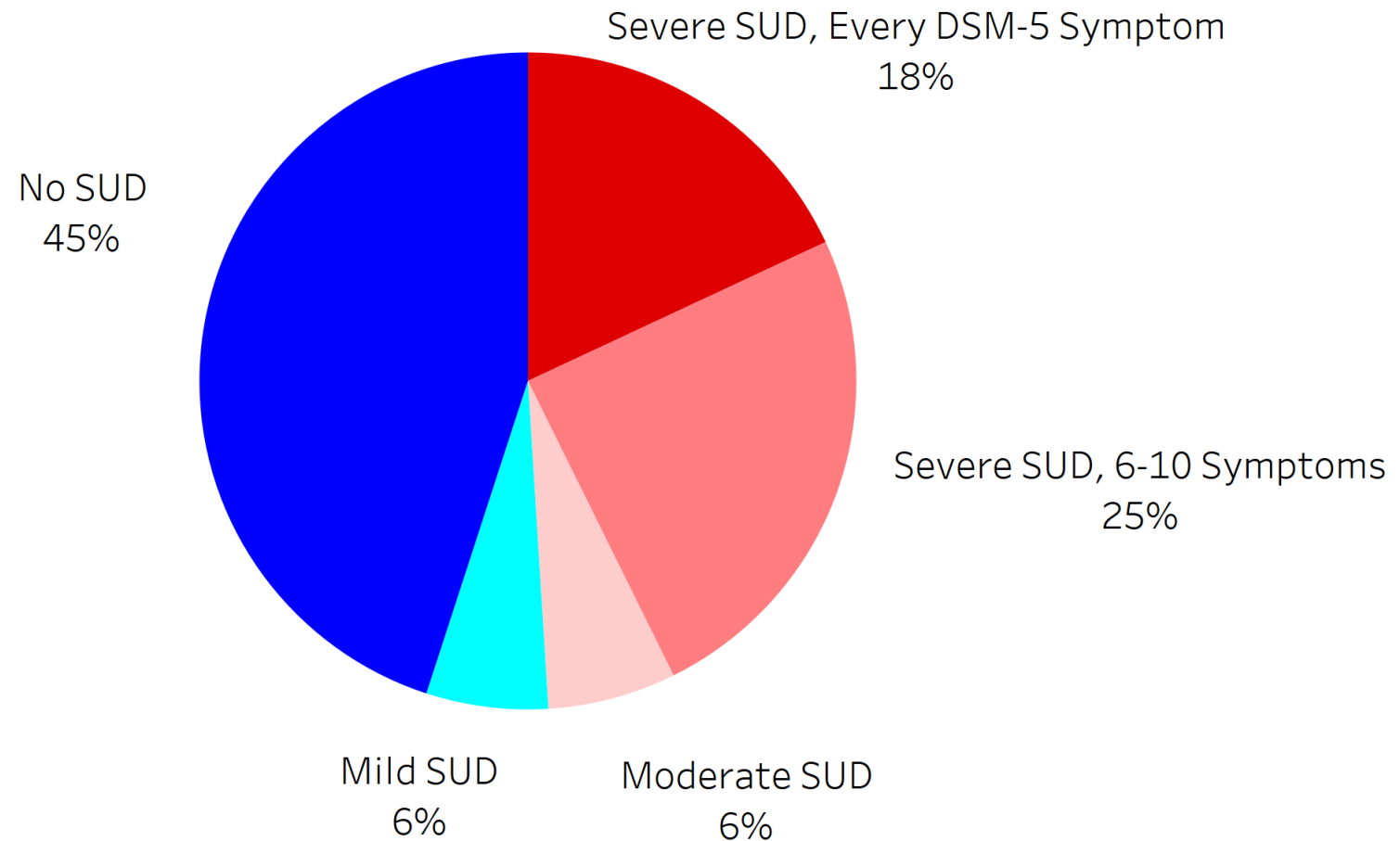




# Addiction Severity

## Vista Research Network

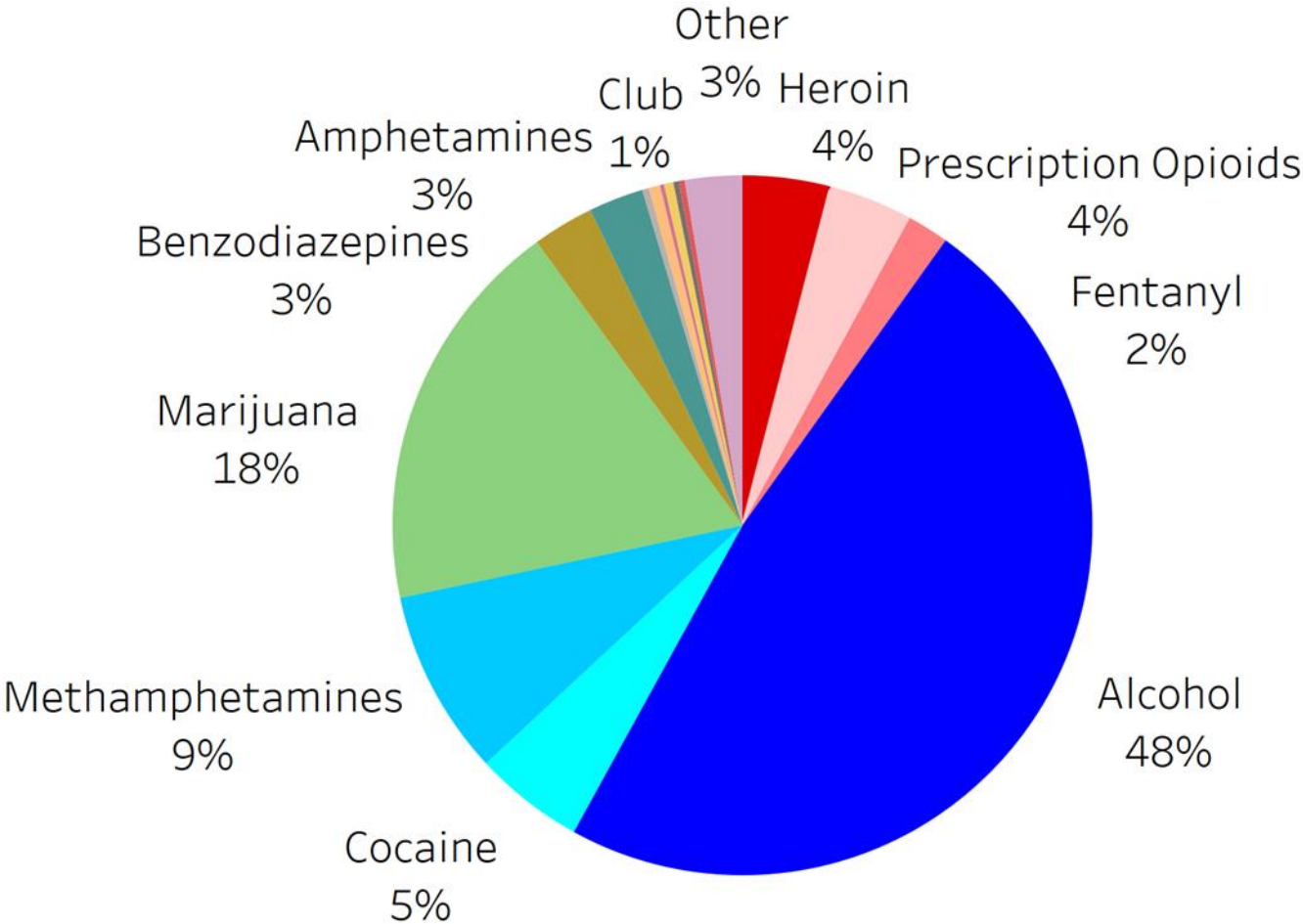
(among 4,656 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Primary Drug of Choice for Patients With Moderate to Severe SUD

Vista Research Network

(among 2,282 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)

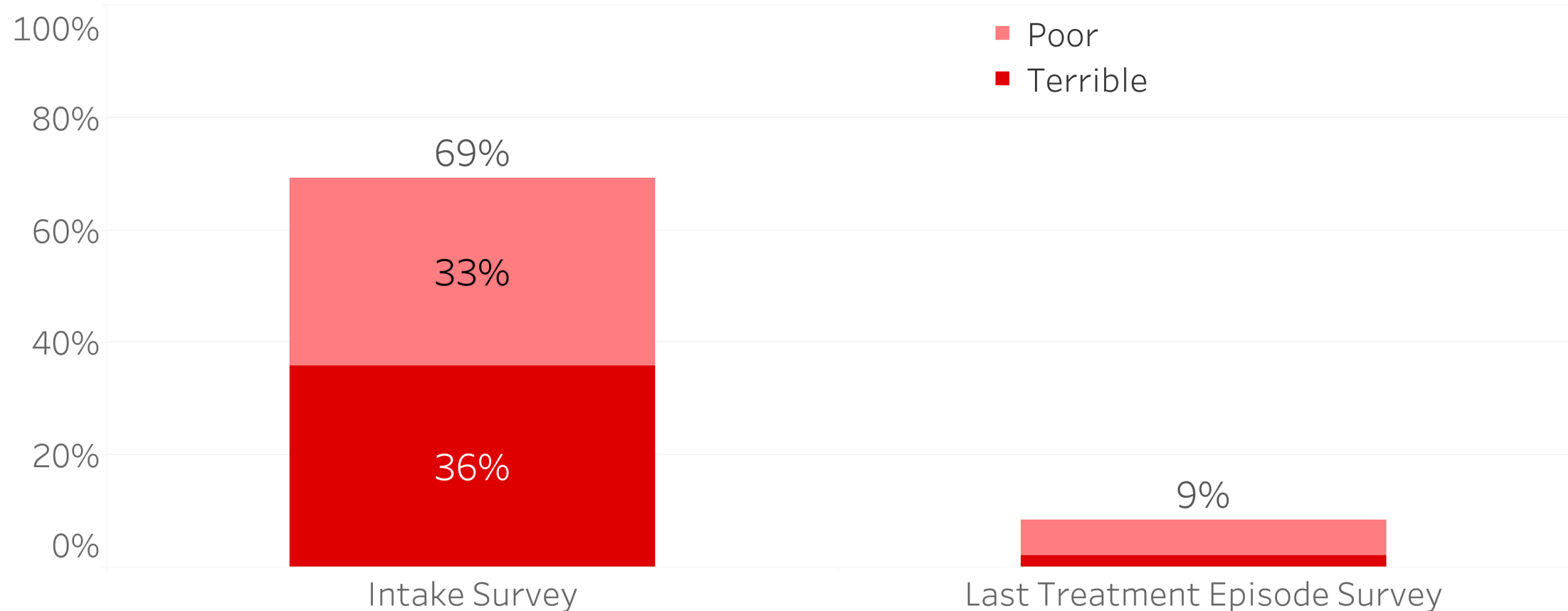


\*Fentanyl was added as an option in Nov. 2021\*

# Patient Progress on Overall Feeling

## Vista Research Network

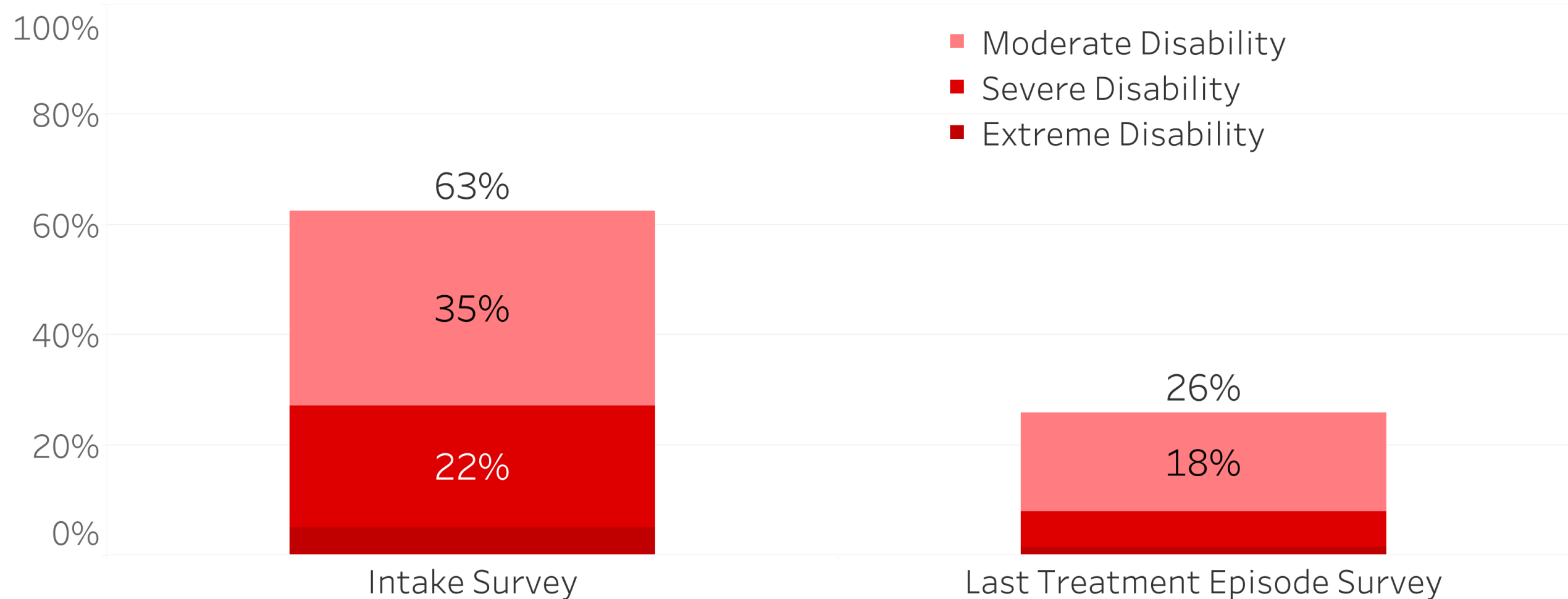
(among 3,553 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Functioning

## Vista Research Network

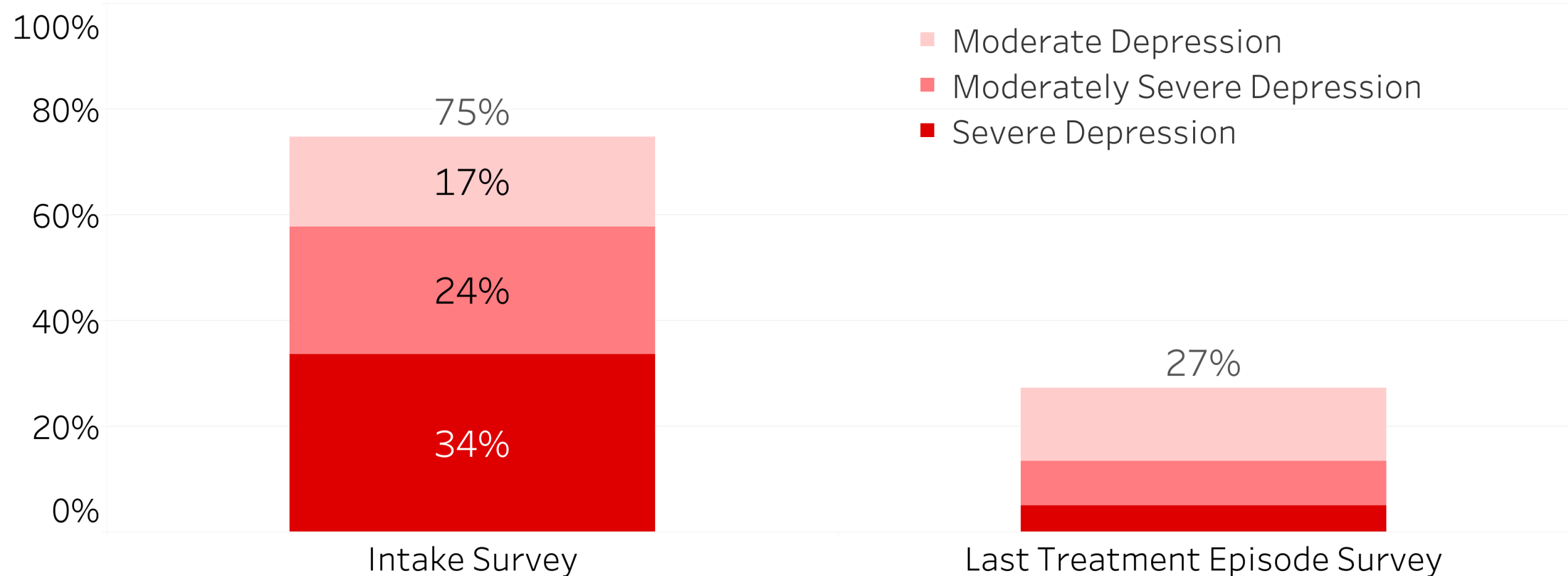
(among 2,720 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Depression Symptoms (PHQ-9)

## Vista Research Network

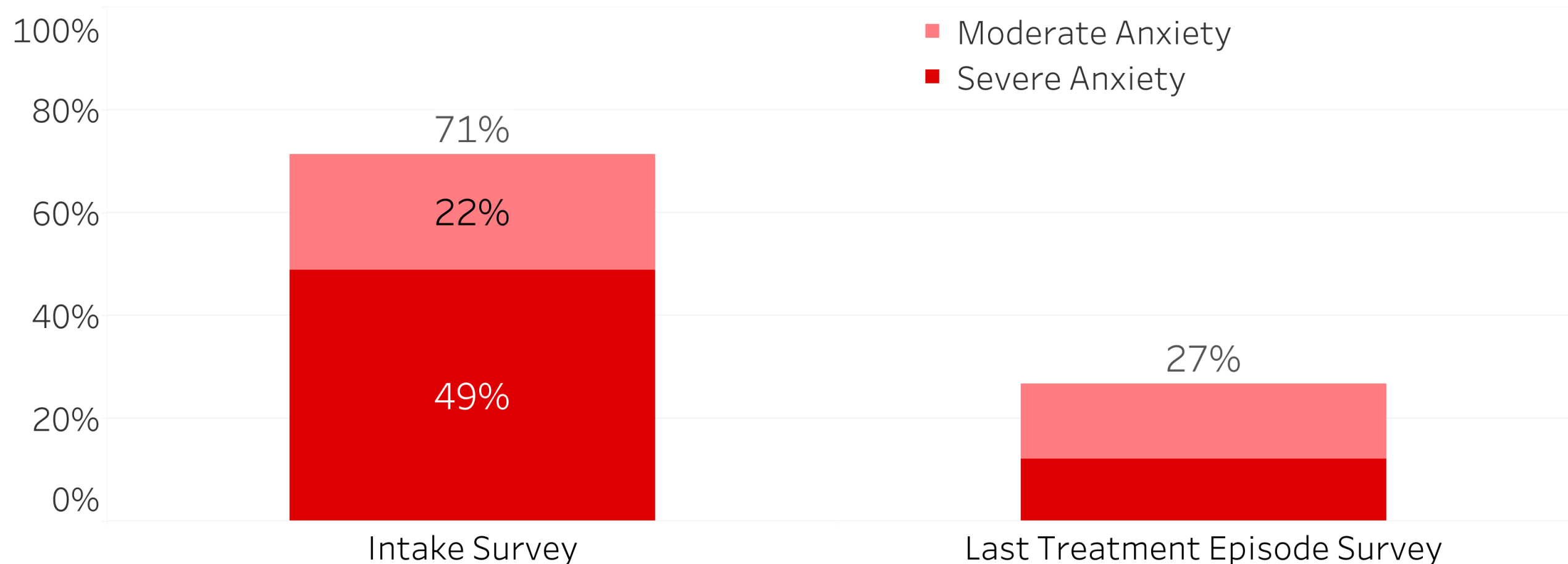
(among 3,553 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Anxiety Symptoms (GAD-7)

## Vista Research Network

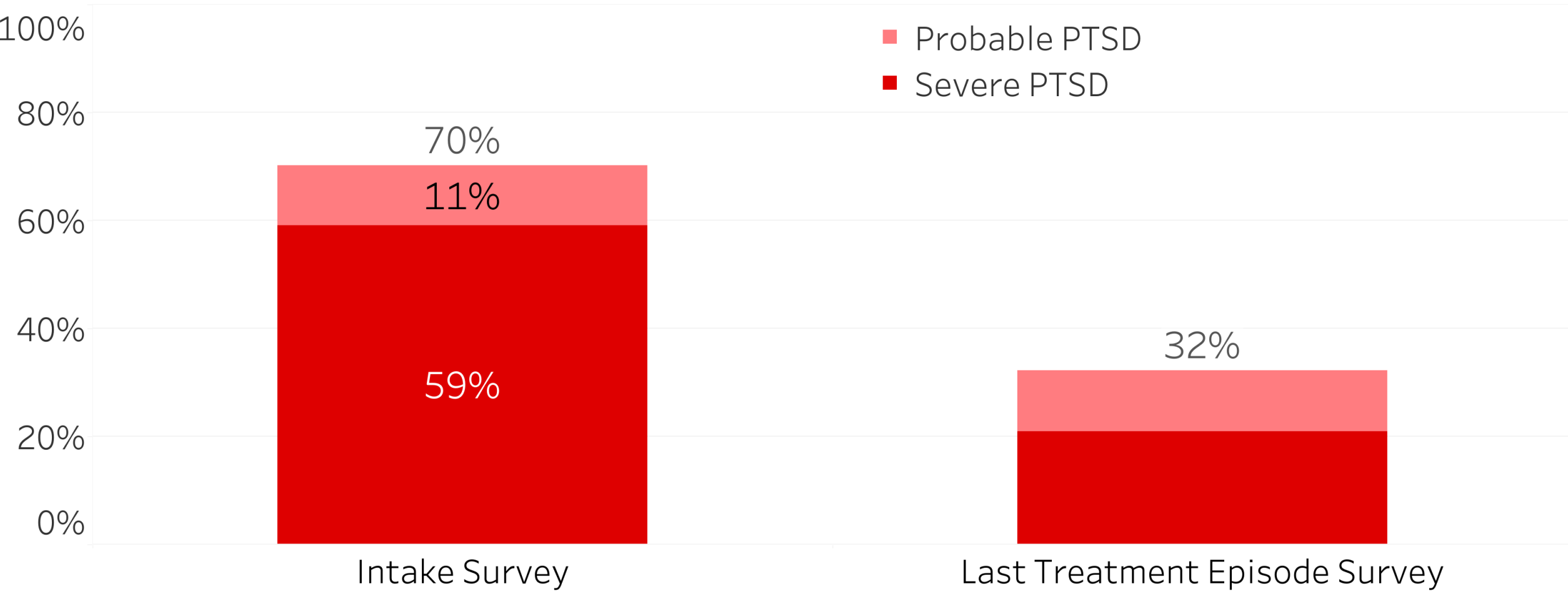
(among 3,553 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Trauma Symptoms (PCL-6)

## Vista Research Network

(among 3,553 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)

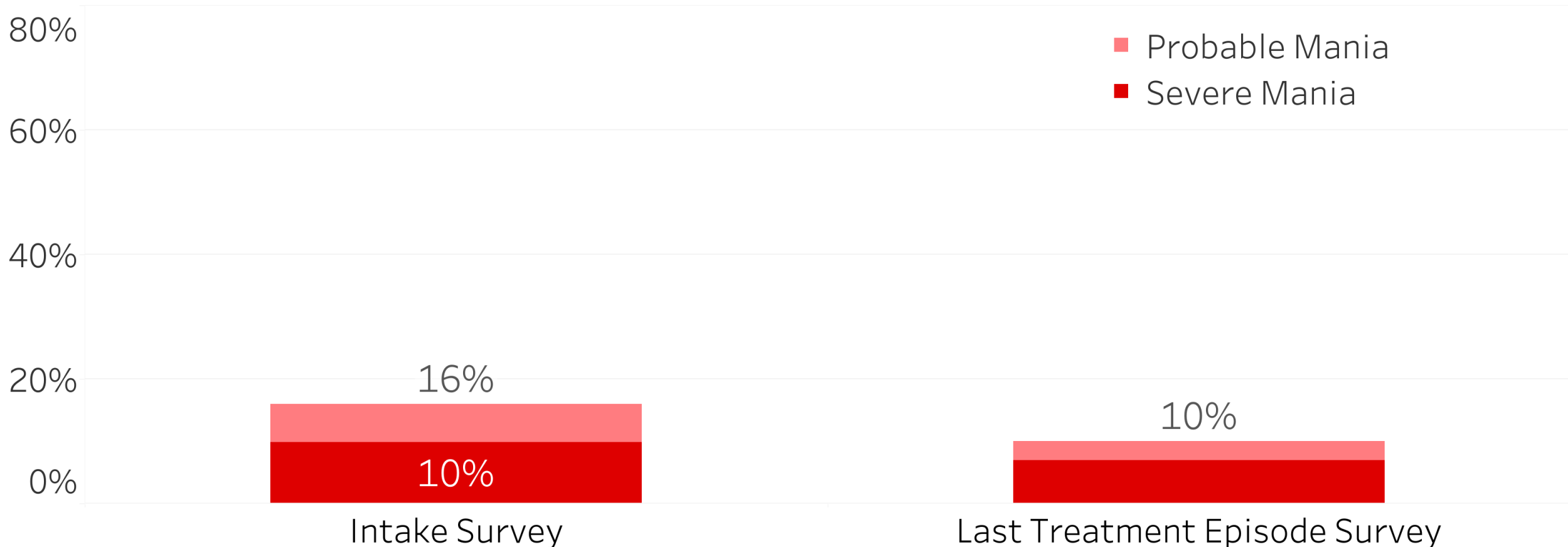




# Patient Progress on Mania Symptoms

## Vista Research Network

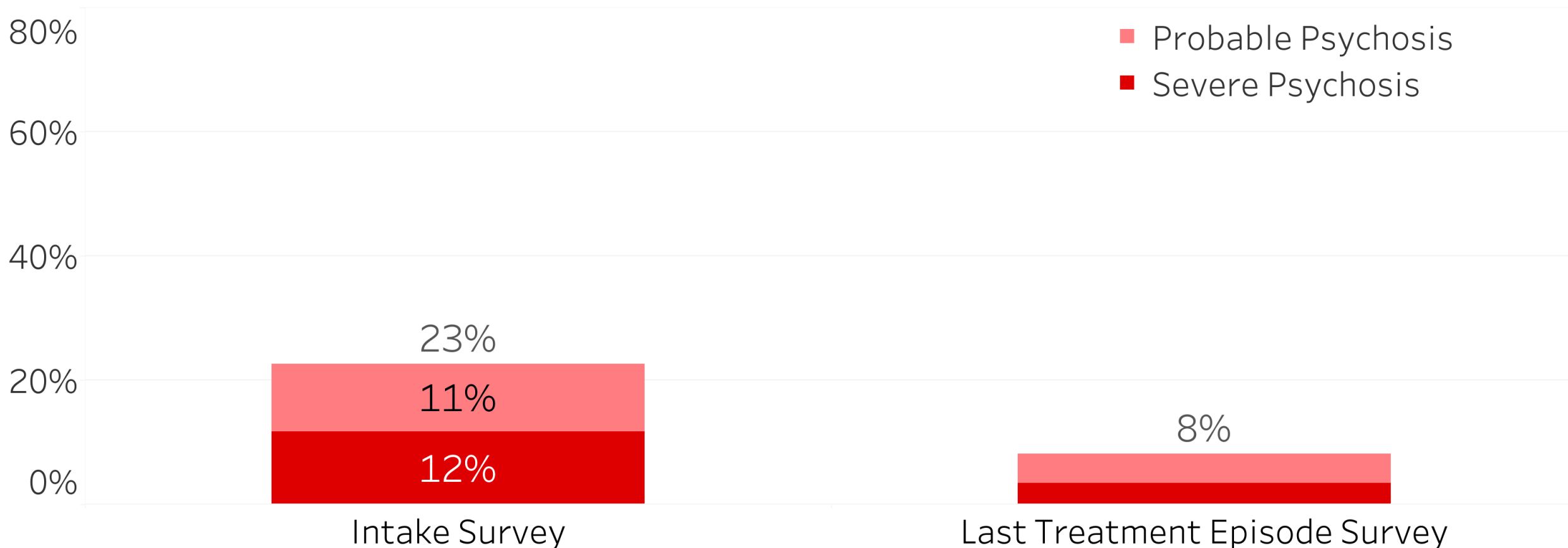
(among 2,841 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Psychosis Symptoms

## Vista Research Network

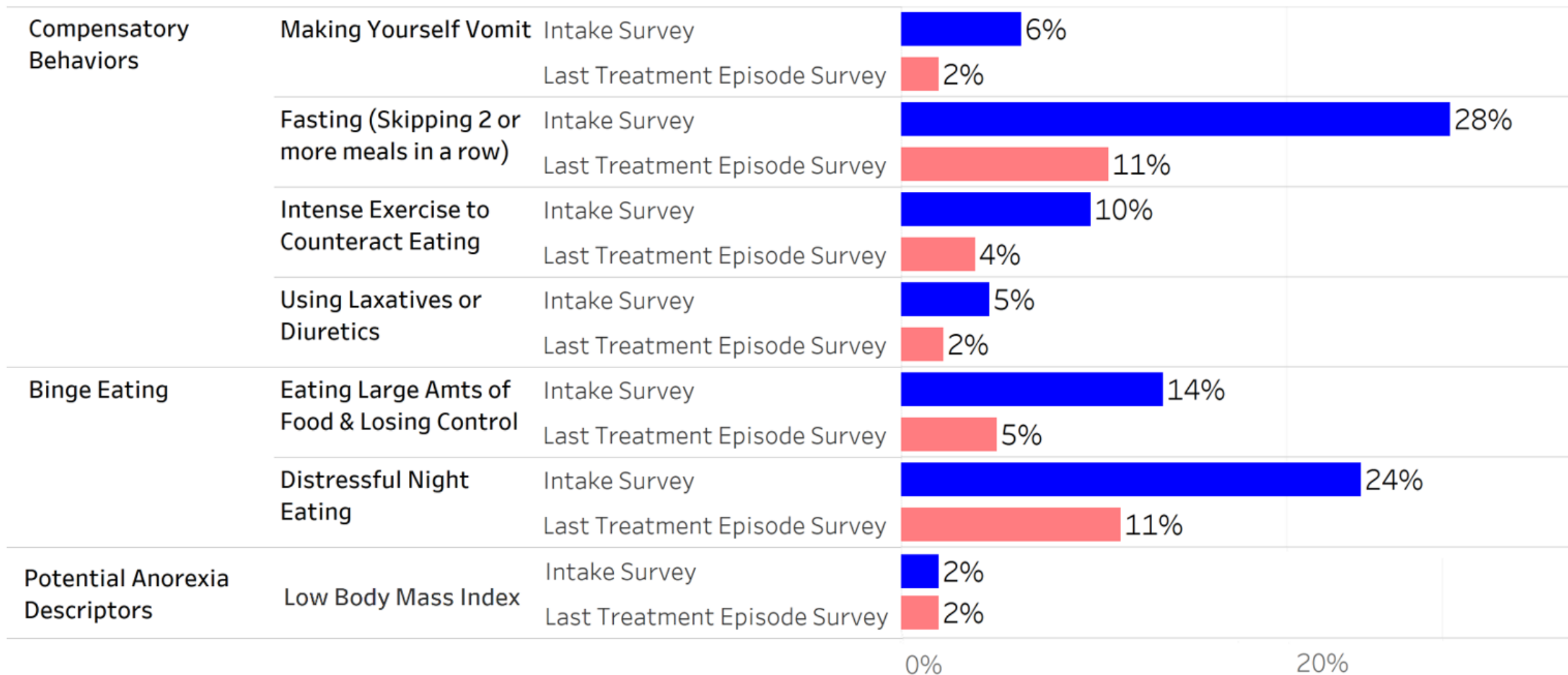
(among 2,841 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Eating Disorders

## Vista Research Network

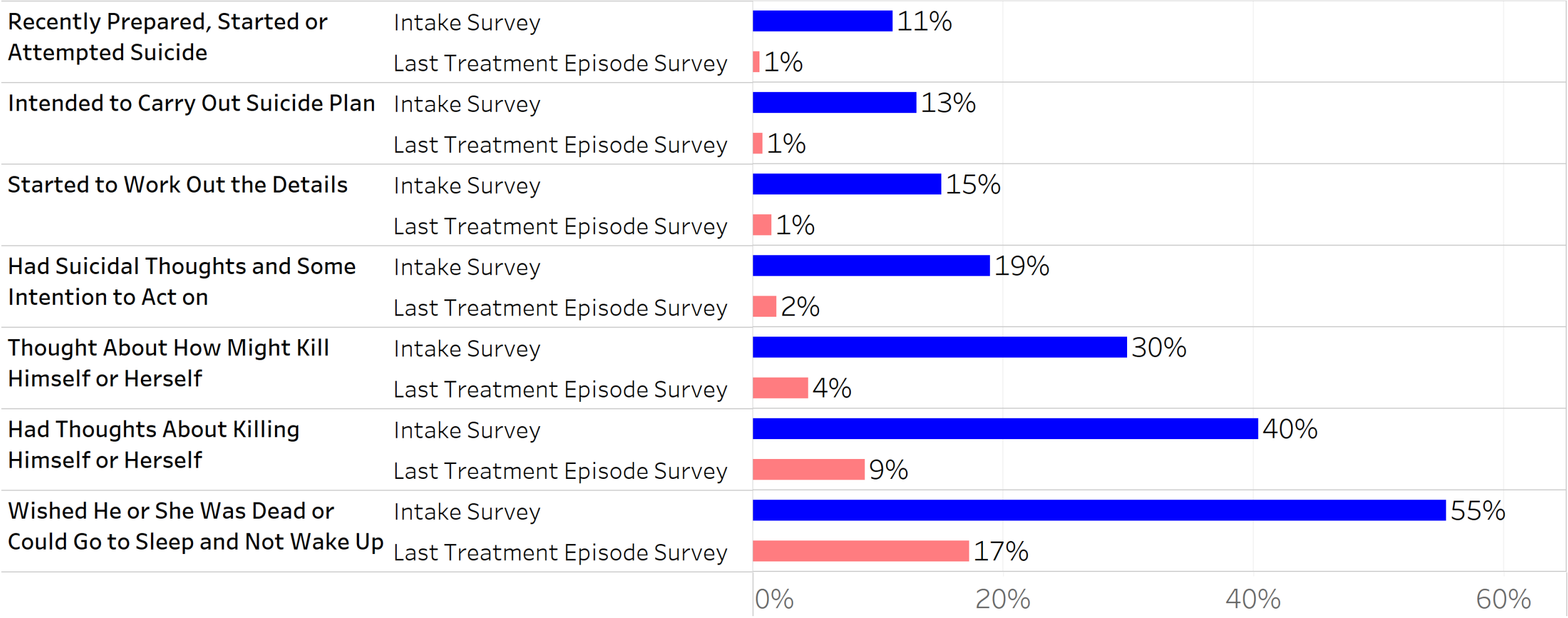
(among 3,553 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Patient Progress on Suicidal Thoughts and Intentions

## Vista Research Network

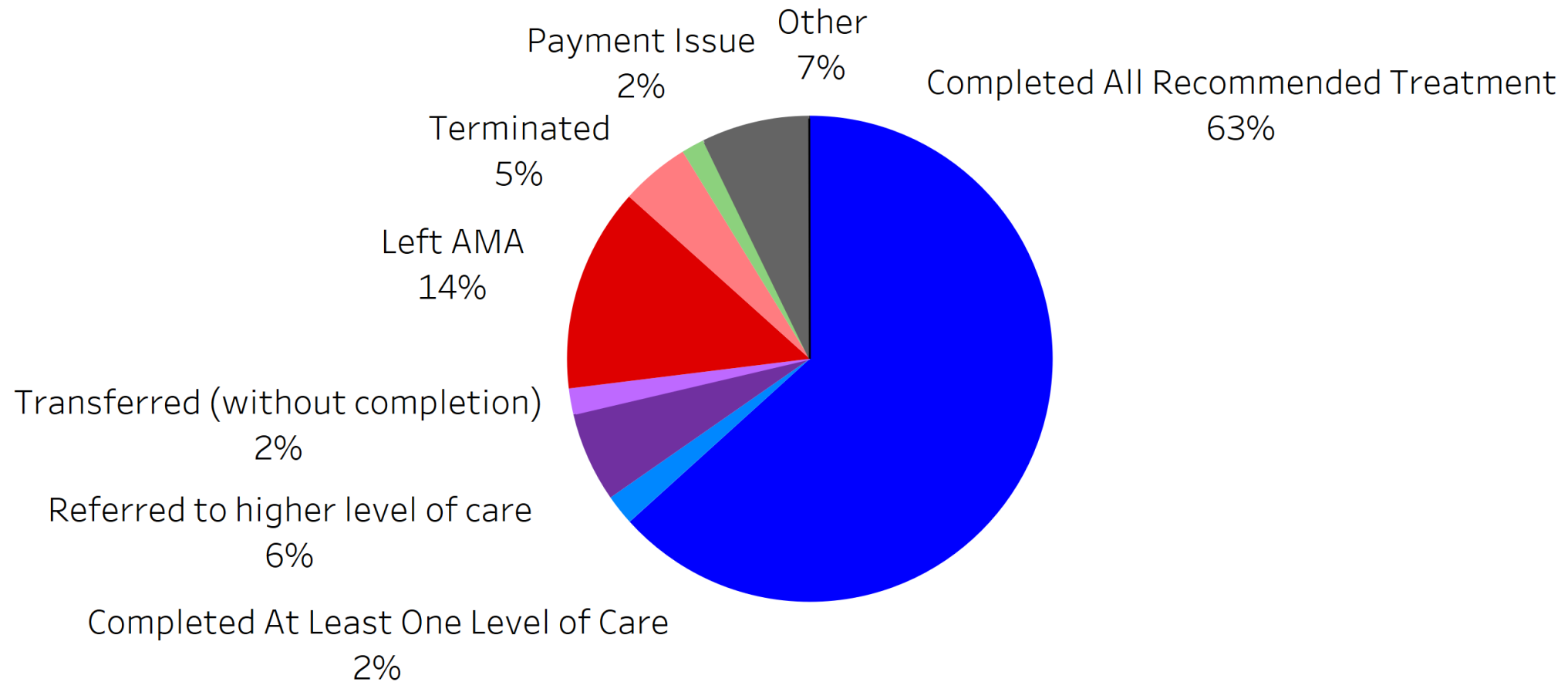
(among 3,553 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23 with at least 1 progress survey response)



# Treatment Completion

## Vista Research Network

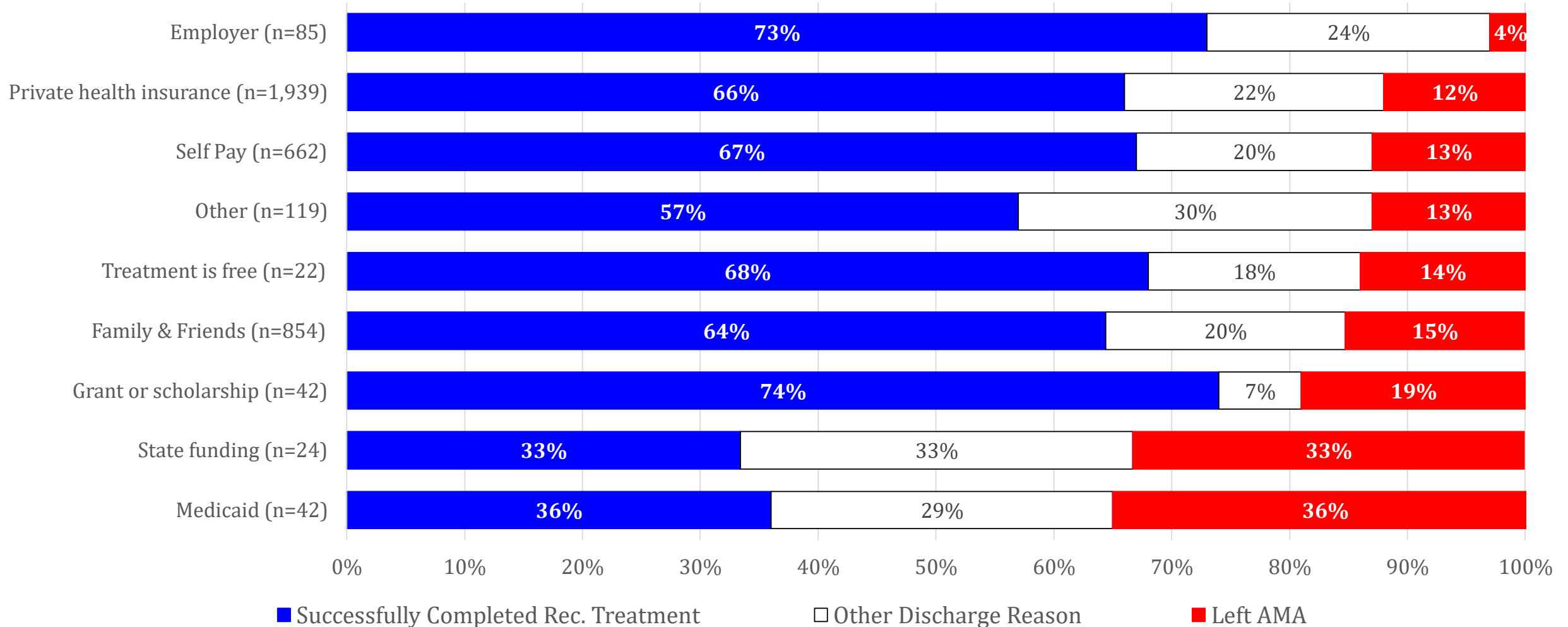
(among 3,793 adult, non-professional behavioral health patients discharged from treatment between 1/1/21 and 6/30/23)



# Vista Research Network

## Treatment Completion Rates by Source of Payment

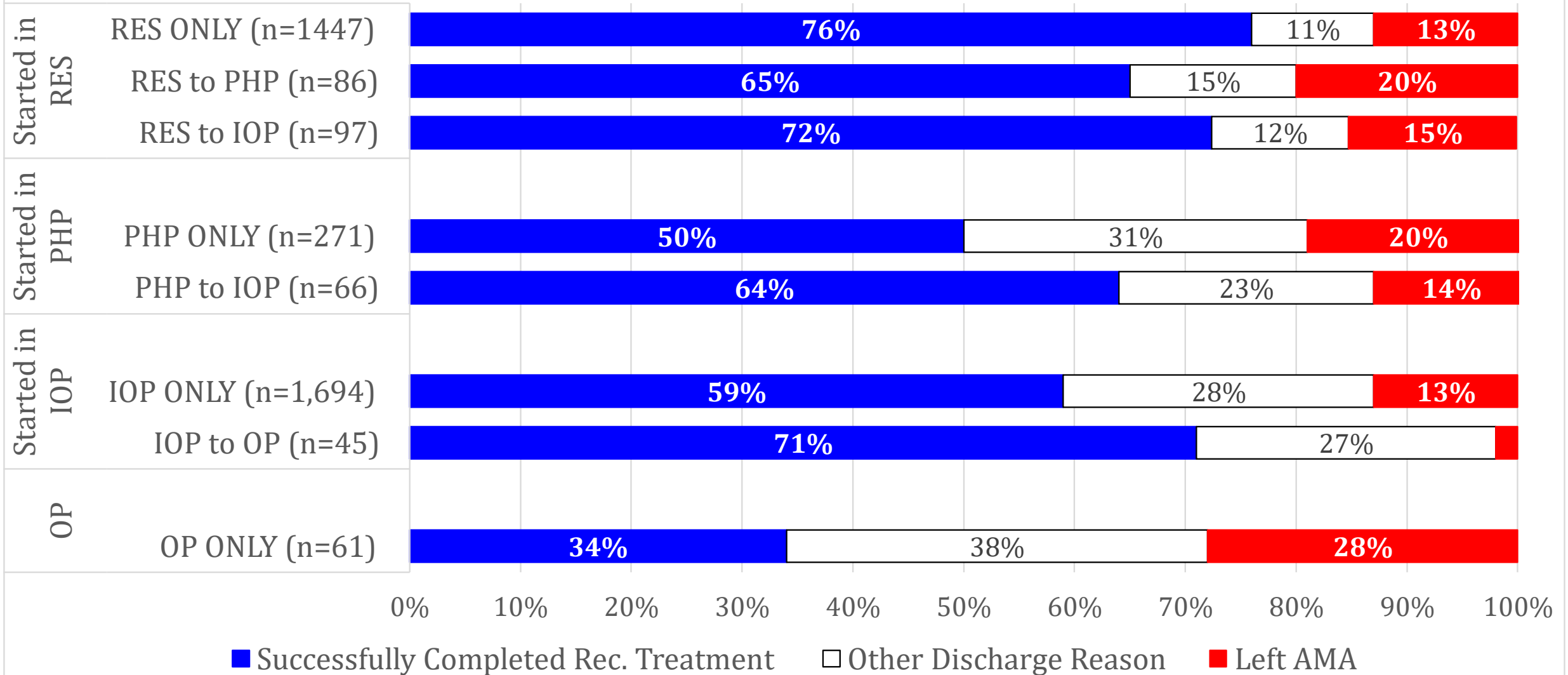
(among adult, non-professional behavioral health patients who discharged between 1/1/21 and 6/30/23)



# Vista Research Network

## Treatment Completion Rates According to Programs Attended

(among adult, non-professional behavioral health patients who discharged between 1/1/21 and 6/30/23)

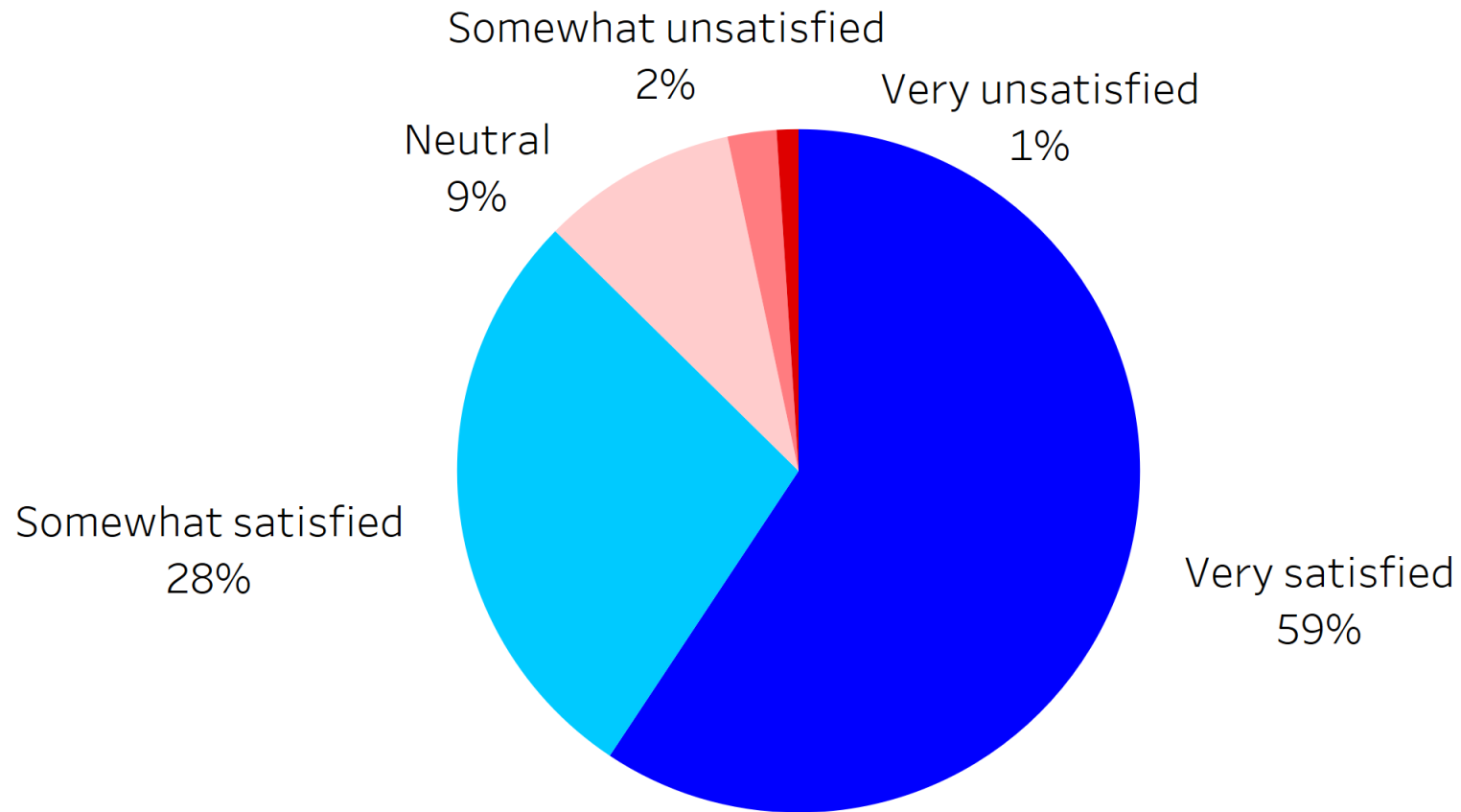




# Patient Satisfaction with Treatment

## Vista Research Network

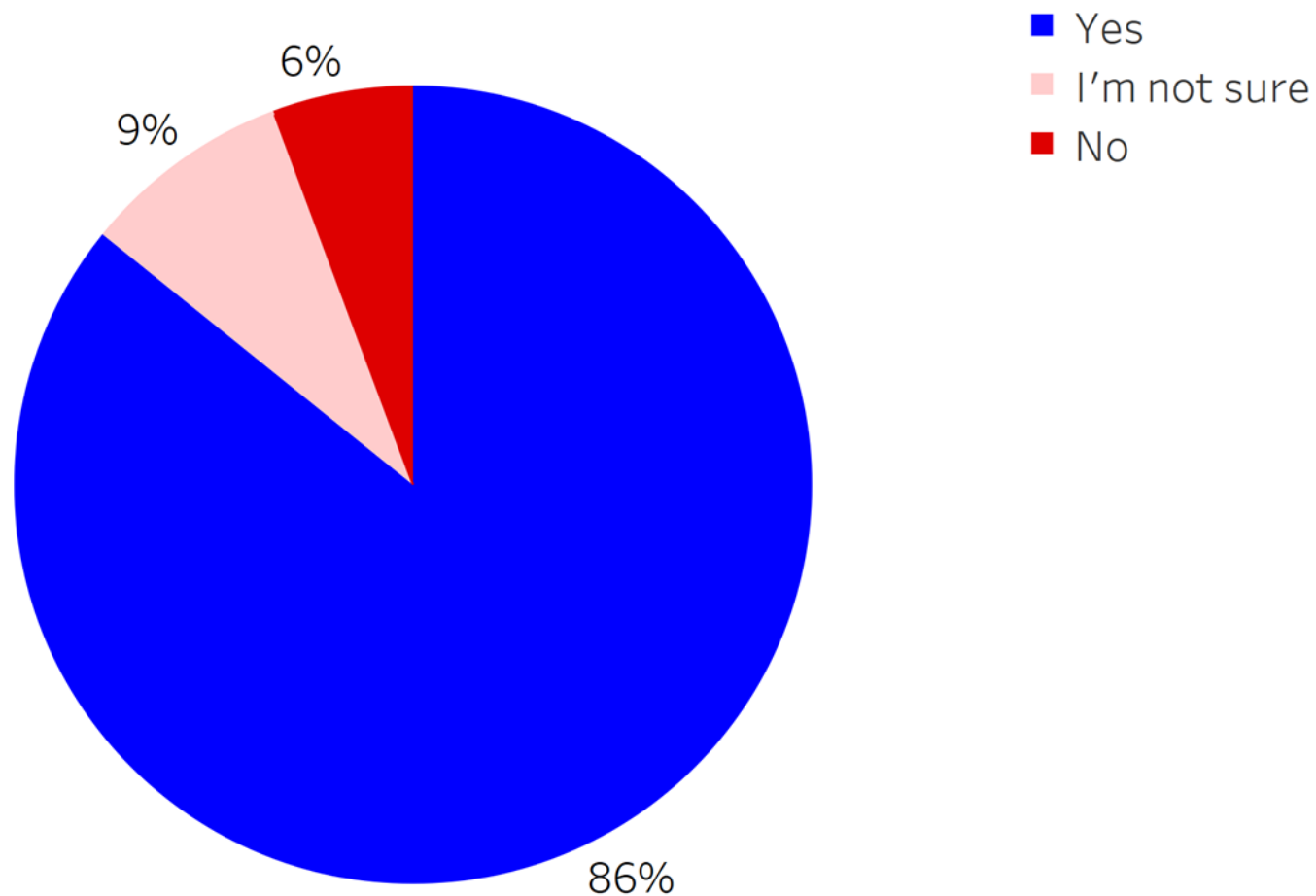
(among 18,539 monitoring surveys submitted between 1/1/21 and 6/30/23)



# Were Patients Asked About Treatment Goals

## Vista Research Network

(among 2,409 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)



# Were Your Treatment Goals Met?

## Vista Research Network

(among 2,409 adult, non-professional behavioral health patients in treatment between 1/1/21 and 6/30/23)

