

Vista Research Network Outcomes

Adult, Non-Professional SUD
Patients

Discharge Dates 7/1/16-5/31/23
(Last Survey Due date 6/30/23)

5,560 Patients Abstinent
at 12 Months Post-
Treatment

POST-TREATMENT ABSTINENCE

- One Month Post-Treatment Abstinance
- Six Month Post-Treatment Abstinance
- Twelve Month Post-Treatment Abstinance
- Abstinent Rate Trends
- Speed of Relapse

FACTORS FAVORING ABSTINENCE SUCCESS

- One Month Post-Treatment Abstinance by Treatment Completion
- Six Month Post-Treatment Abstinance by Treatment Completion
- Twelve Month Post Treatment Abstinance by Treatment Completion
- Twelve Month Post-Treatment Abstinance by Drug of Choice
- Twelve Month Post-Treatment Abstinance by Length of Stay
- Twelve Month Post Treatment Abstinance by After-Care Choices

REDUCTION IN SEVERITY OF CO-DISORDERS

- Depression Symptoms (PHQ-9)
- Anxiety Symptoms (GAD-7)
- Trauma Symptoms (PCL-6)

QUALITY OF LIFE

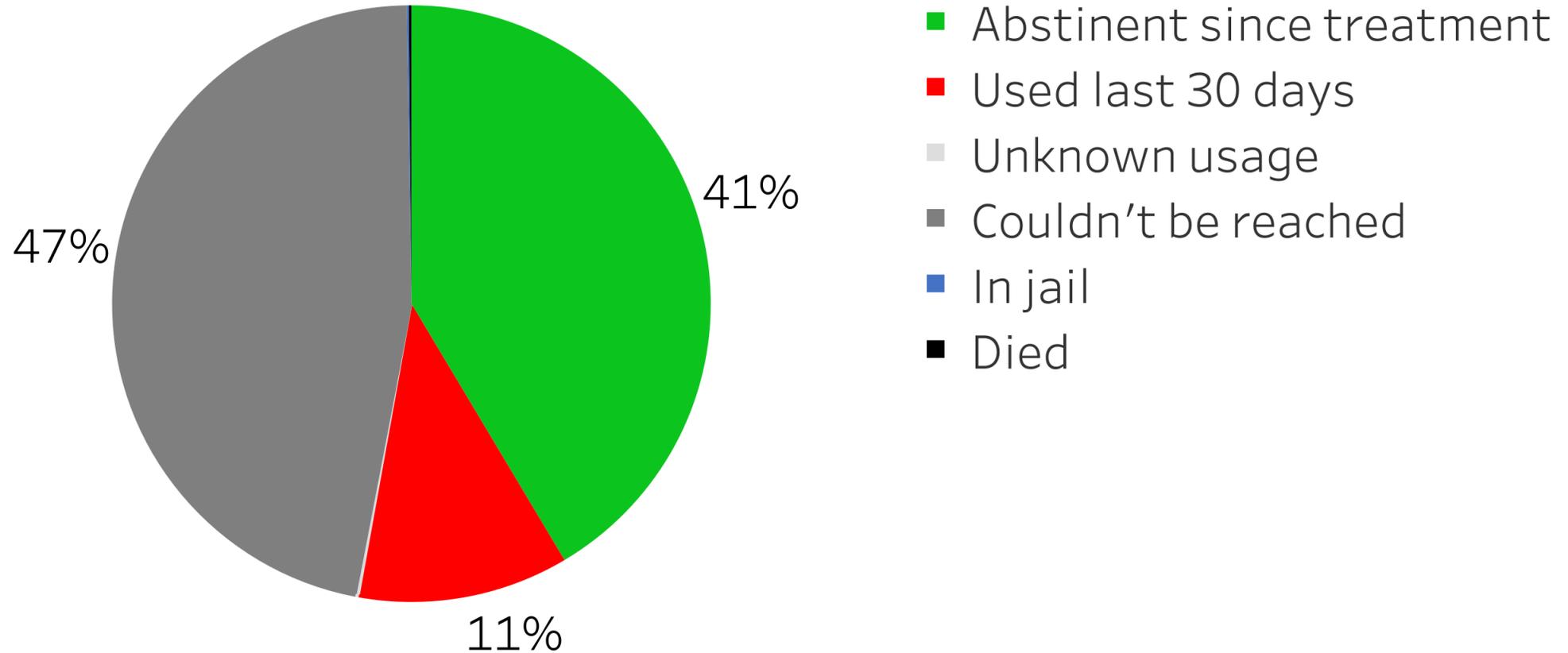
- Overall Feeling
- Stable Housing
- Relationship with Closest Family Members
- Employment
- Criminal Justice Offenses
- Progress on Achieving Non-Usage Related Goals at 12M Post-Treatment (Abstinance)
- Expensive Medical Interventions

PATIENT SATISFACTION

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Abstinence One Month Post-Treatment

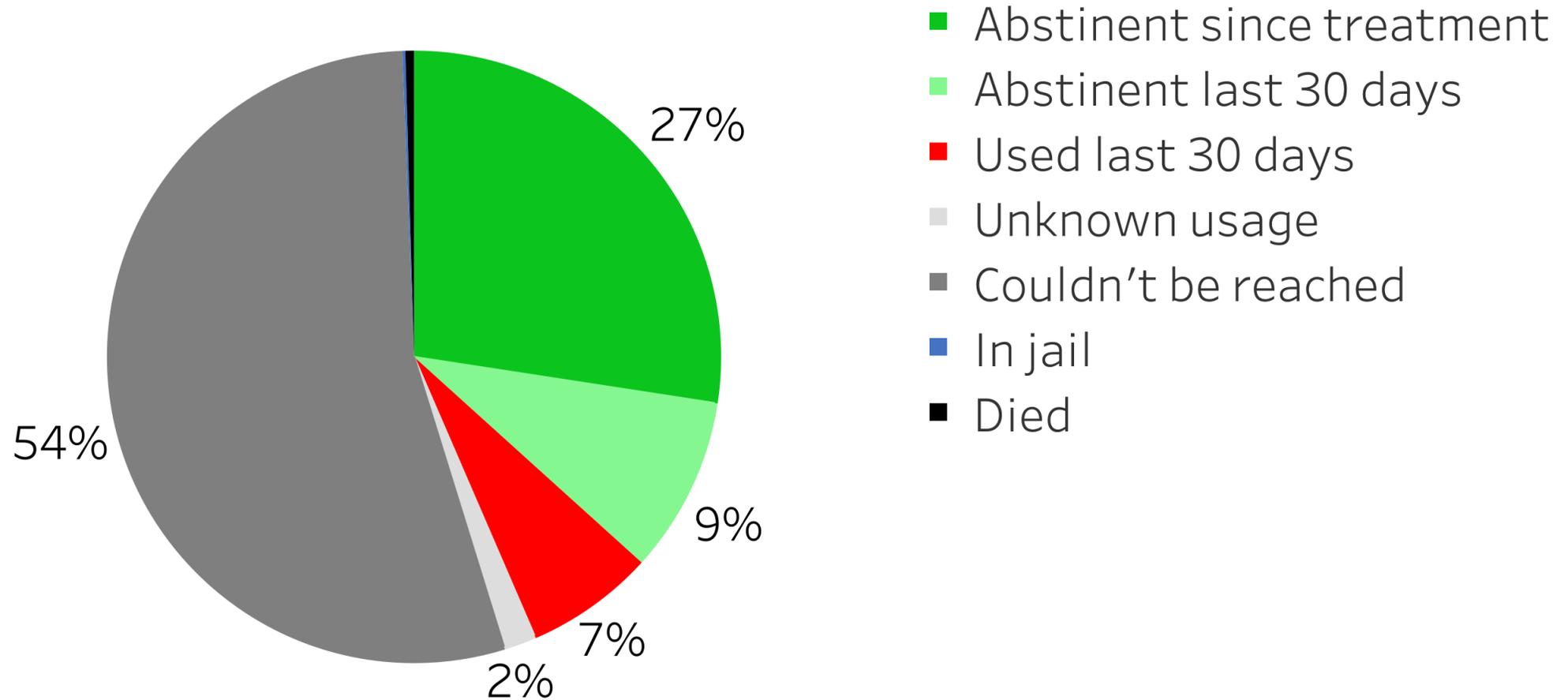
(among 25,591 adult, non-professional SUD patients discharged between 7/1/2016 and 5/31/2023)



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Abstinence Six Months Post-Treatment

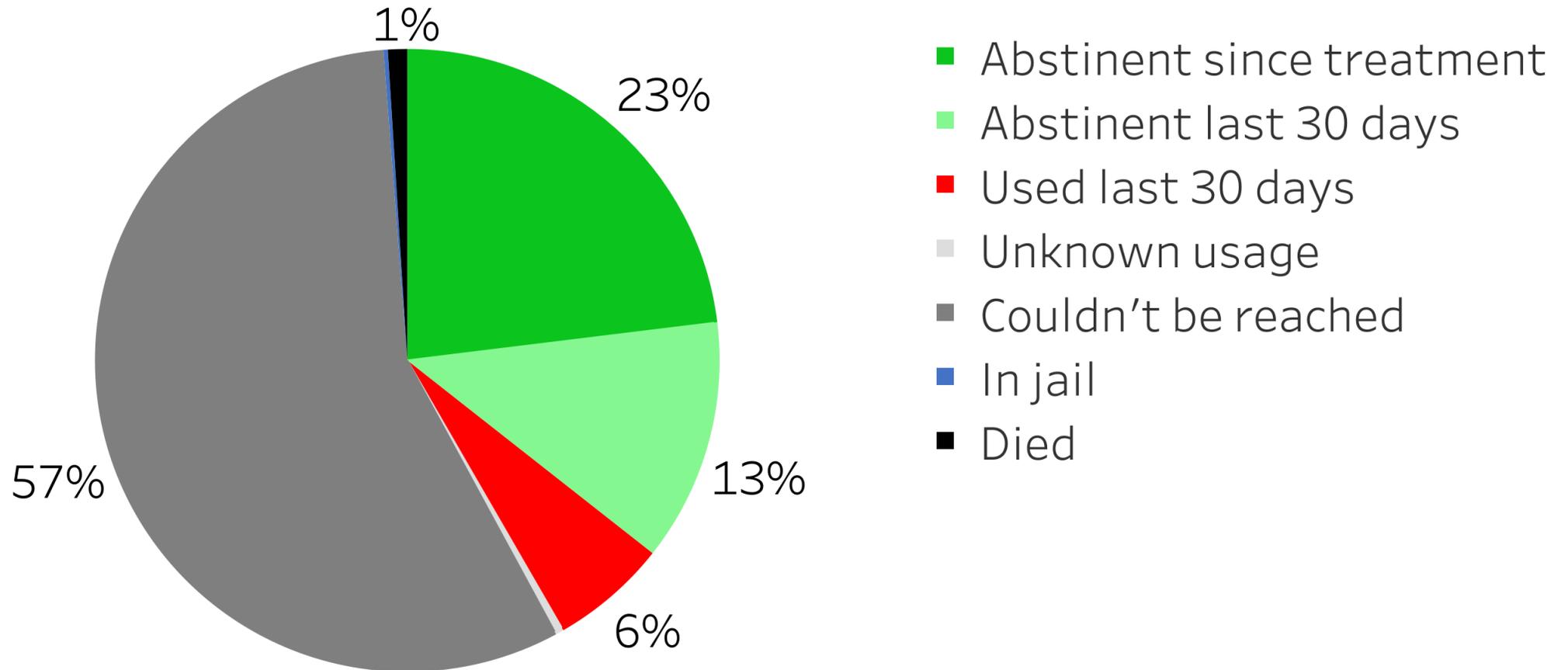
(among 20,472 adult, non-professional SUD patients discharged between 7/1/2016 and 12/31/2022)



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Abstinence Twelve Months Post-Treatment

(among 15,603 adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)



Abstinence Rate Trends

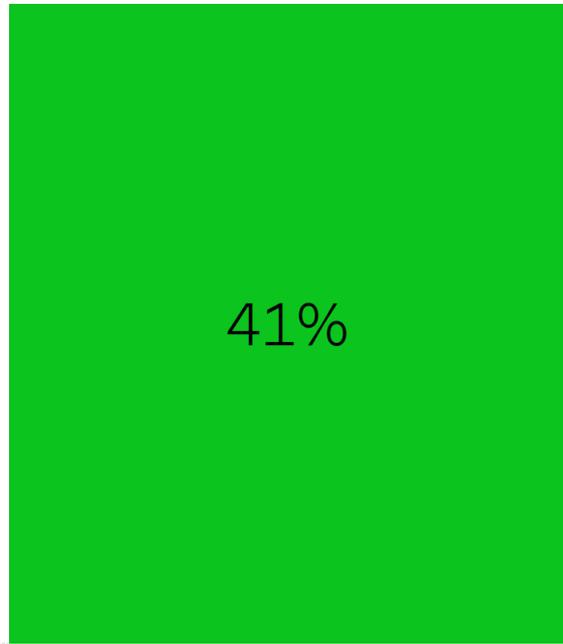
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(among adult, non-professional SUD patients discharged between 7/1/2016 and 5/31/2023)

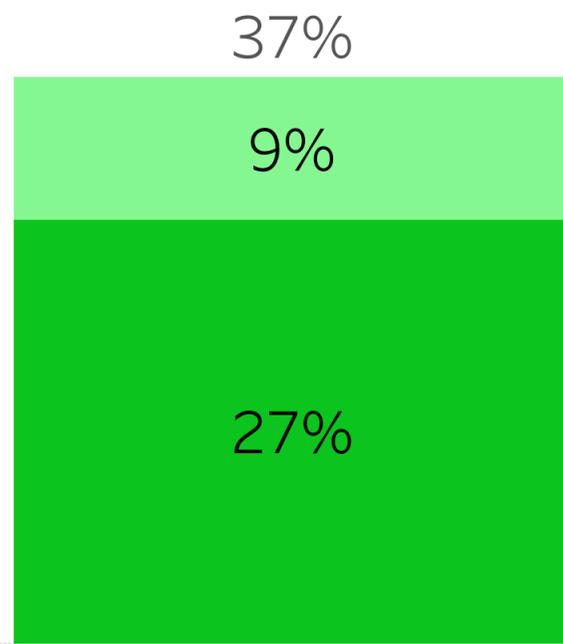
■ Abstinent since treatment ■ Abstinent last 30 days

% of Patients Who Were Reachable & Claimed To Be Abstinent

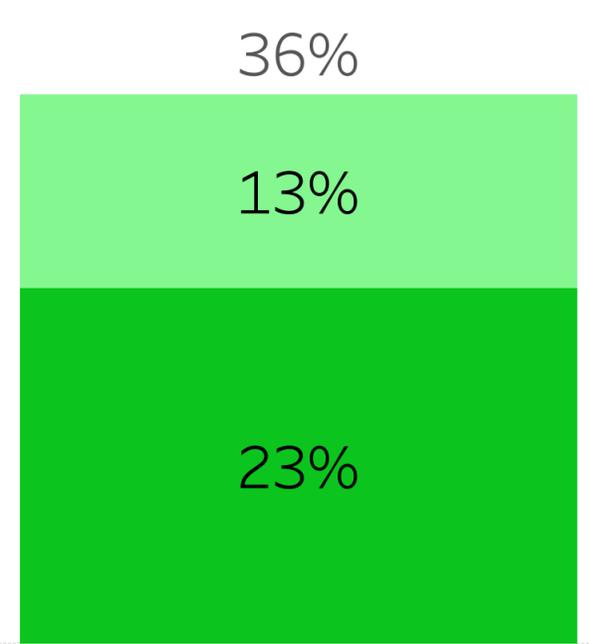
50%
40%
30%
20%
10%
0%



One month
n=25591



Six month
n=20472

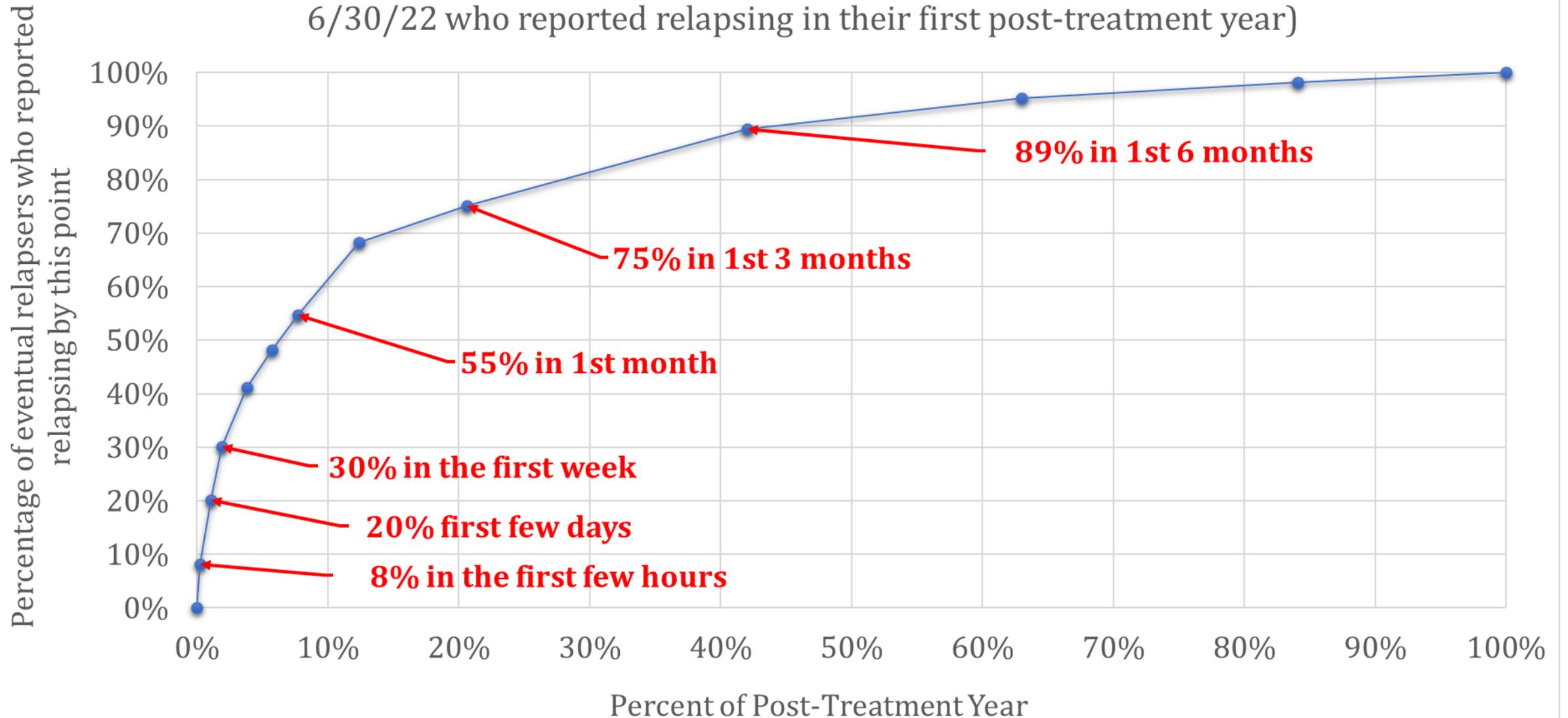


Twelve month
n=15603

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Speed of Relapse Post-Discharge

(among 5,116 adult, non-professional SUD patients discharged between 7/1/16 & 6/30/22 who reported relapsing in their first post-treatment year)

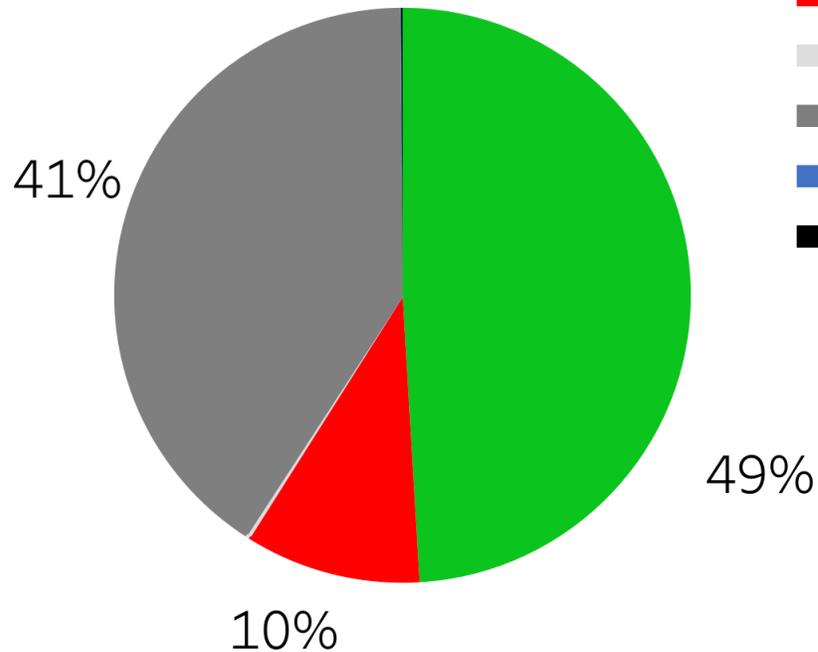


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Abstinence at One Month Post-Treatment

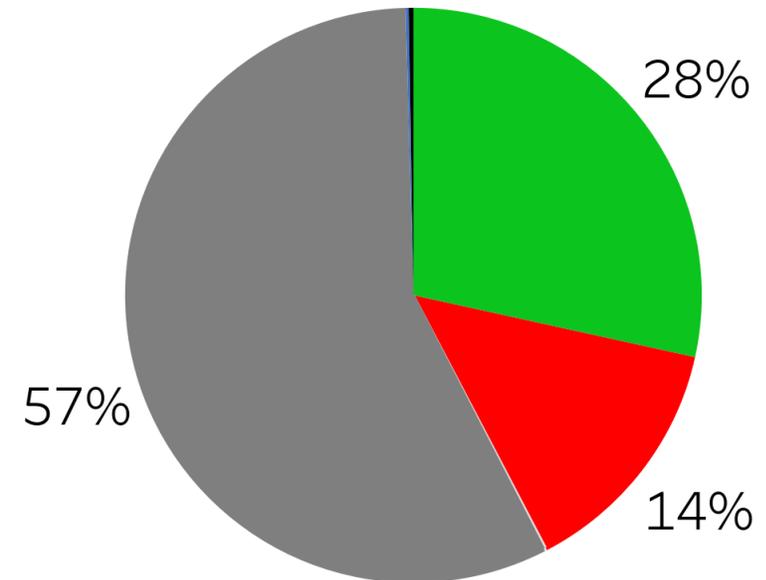
Abstinence at One Month - Completed Recommended Treatment

(among 16156 adult, non-professional SUD patients discharged between 7/1/2016 and 5/31/2023)



Abstinence at One Month - Did Not Complete Recommended Treatment

(among 9435 adult, non-professional SUD patients discharged between 7/1/2016 and 5/31/2023)



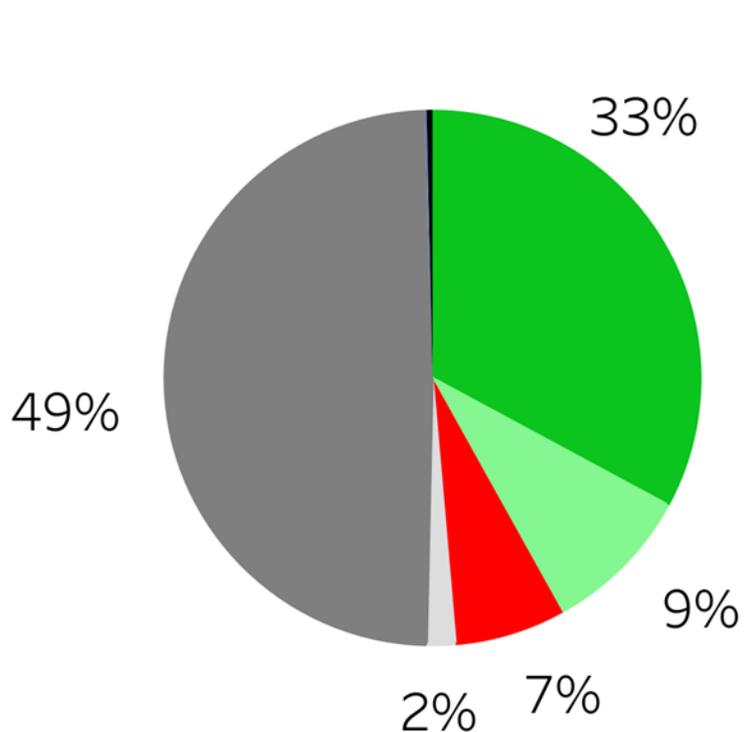
- Abstinent since treatment
- Used last 30 days
- Unknown usage
- Couldn't be reached
- In jail
- Died

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Abstinence at Six Months Post-Treatment

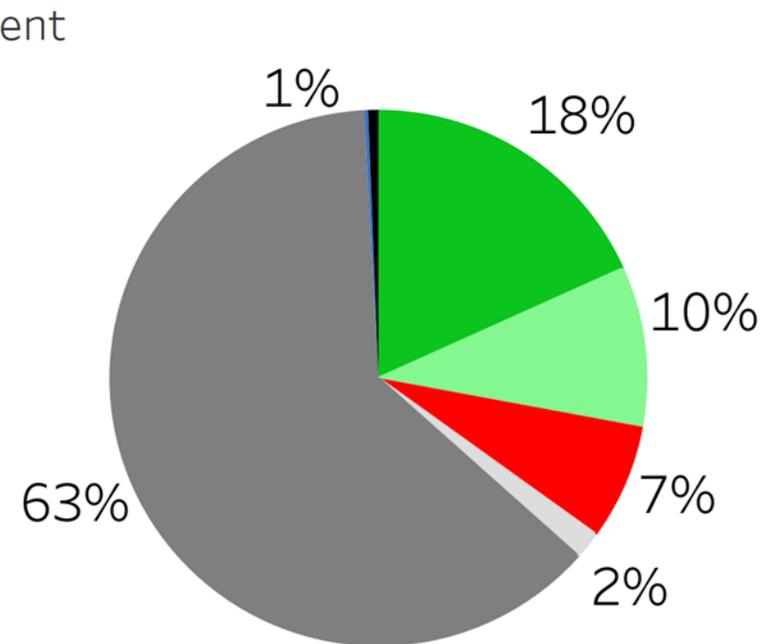
Abstinence at Six Month - Completed Recommended Treatment

(among 12850 adult, non-professional SUD patients discharged between 7/1/2016 and 12/31/2022)



Abstinence at Six Month - Did Not Complete Recommended Treatment

(among 7622 adult, non-professional SUD patients discharged between 7/1/2016 and 12/31/2022)



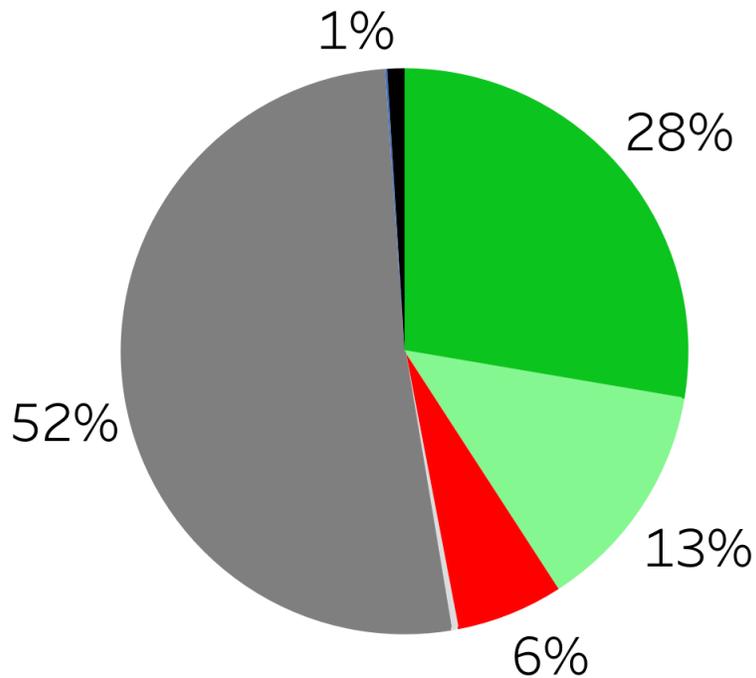
- Abstinent since treatment
- Abstinent last 30 days
- Used last 30 days
- Unknown usage
- Couldn't be reached
- In jail
- Died

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Abstinence at Twelve Months Post-Treatment

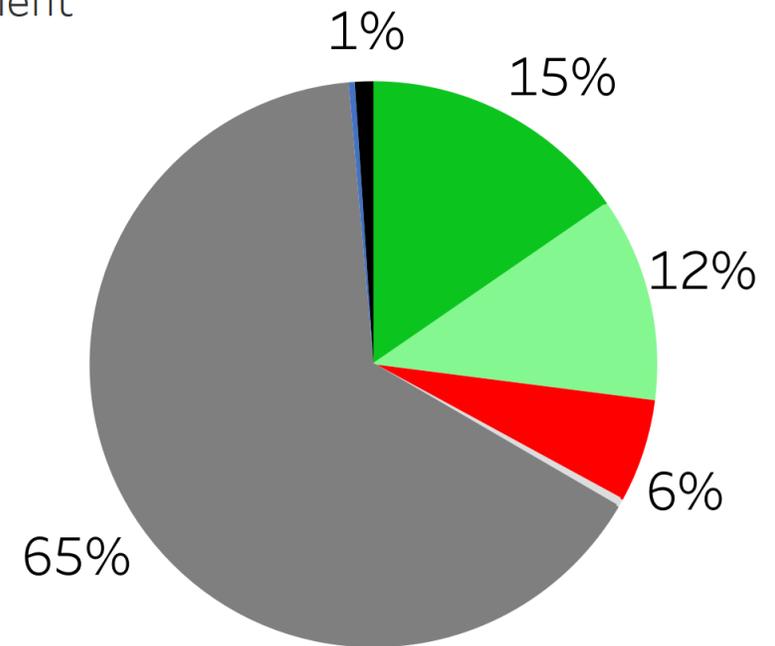
Abstinence at Twelve Month - Completed Recommended Treatment

(among 9698 adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)



Abstinence at Twelve Month - Did Not Complete Recommended Treatment

(among 5905 adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)



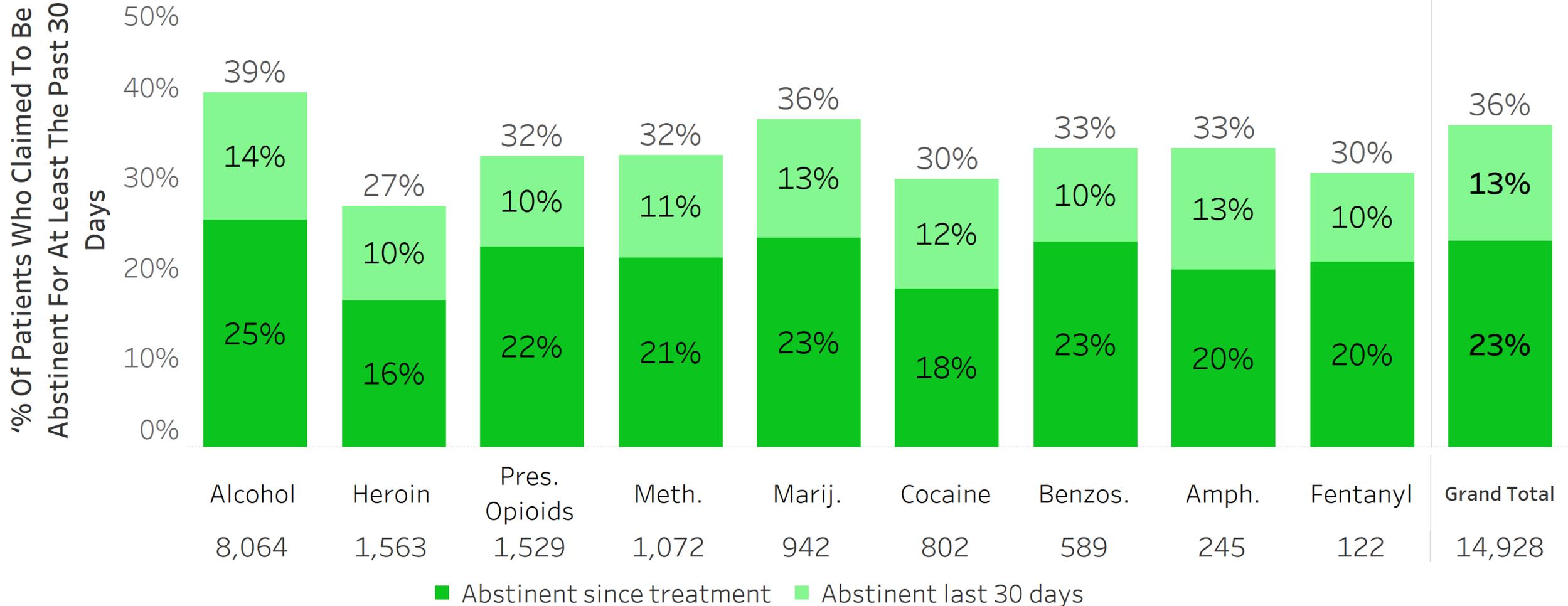
- Abstinent since treatment
- Abstinent last 30 days
- Used last 30 days
- Unknown usage
- Couldn't be reached
- In jail
- Died

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Abstinence Rates by Primary Drug of Choice

At Twelve Months Post-Treatment

(among adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)

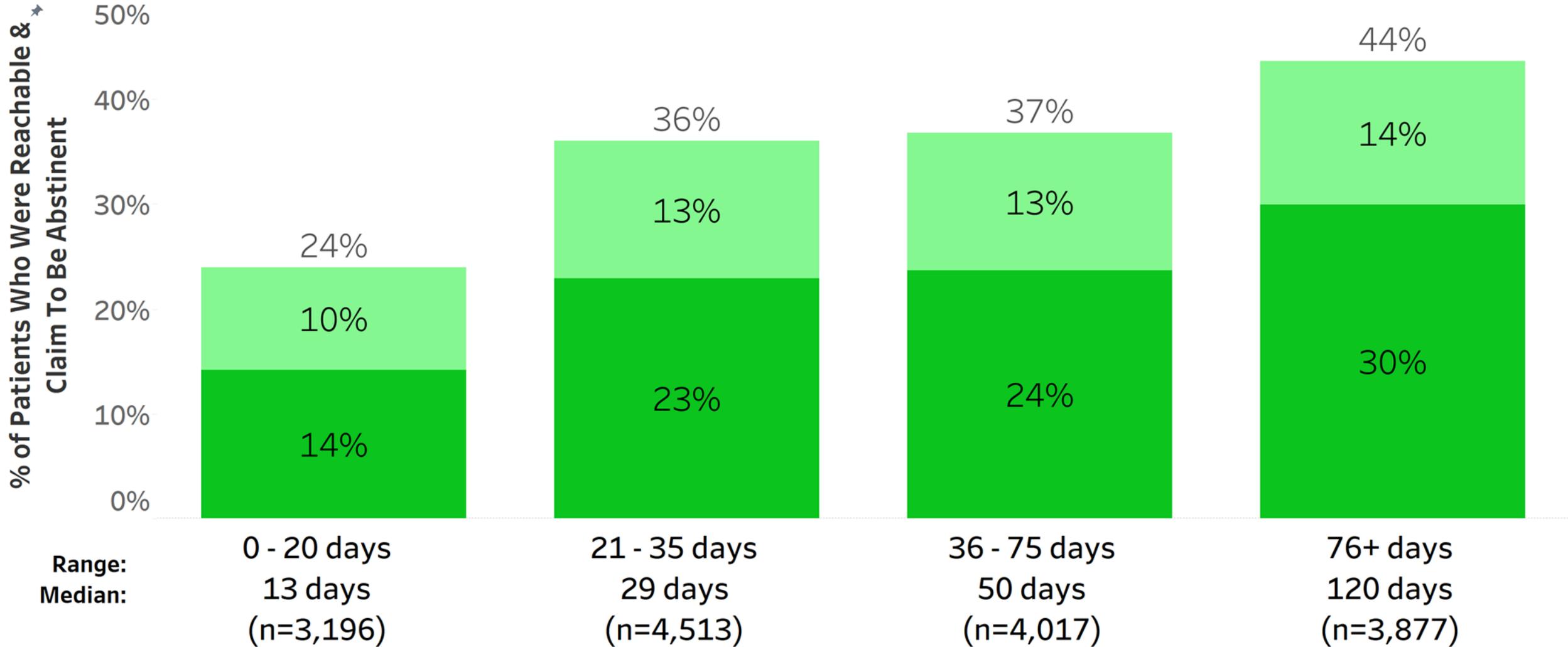


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Abstinence Rates by Length of Stay

At Twelve Months Post-Treatment

(among adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)

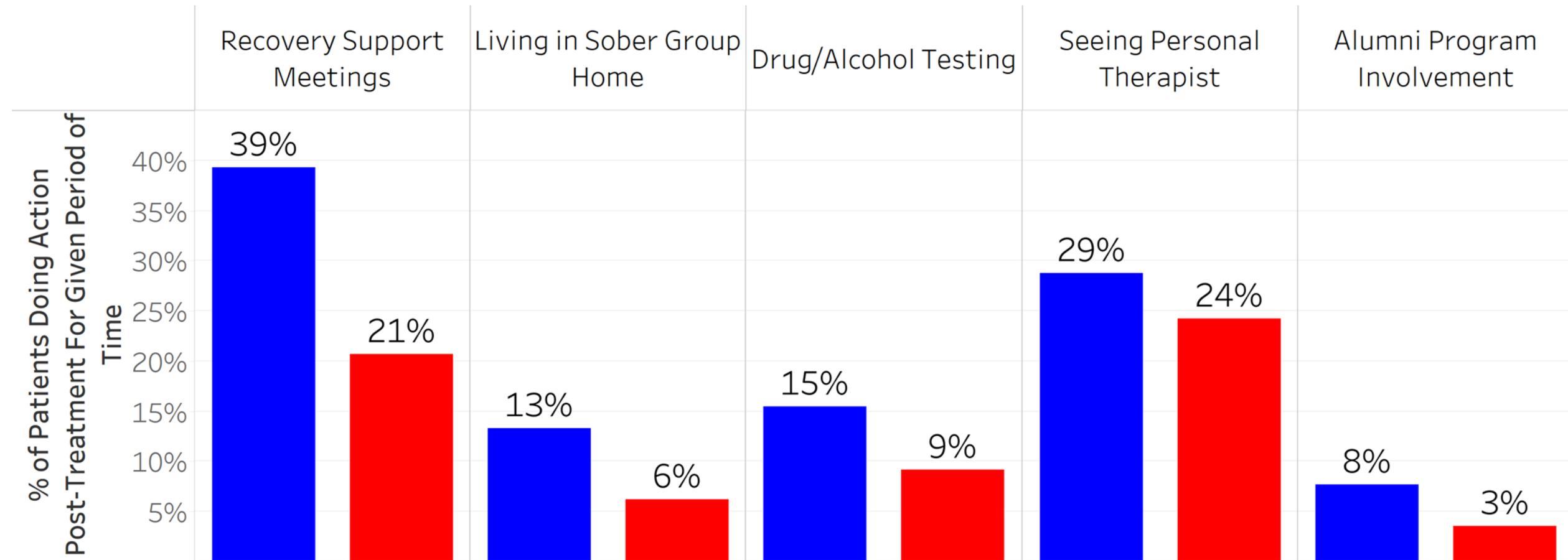


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Actions Taken For At Least Six Months Post-Treatment That Appear to Have Helped Patients Remain Abstinent at Twelve Months

(among adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)

- Abstinent for at least L30D at 12M post-treatment (n=5,560)
- Used drugs/alcohol in L30D at 12M post-treatment (n=944)

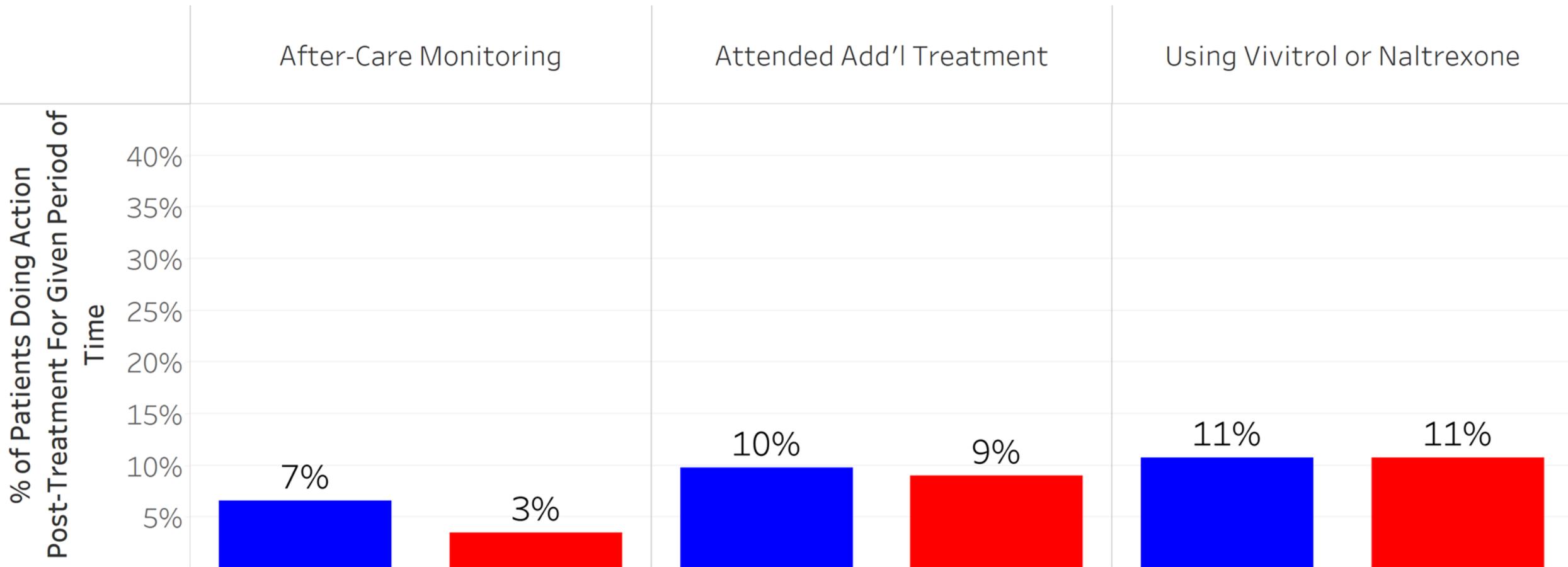


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Actions Taken For At Least Six Months Post-Treatment That Did Not Appear To Make a Difference For Patients To Remain Abstinent at Twelve Months

(among adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)

- Abstinent for at least L30D at 12M post-treatment (n=5,560)
- Used drugs/alcohol in L30D at 12M post-treatment (n=944)

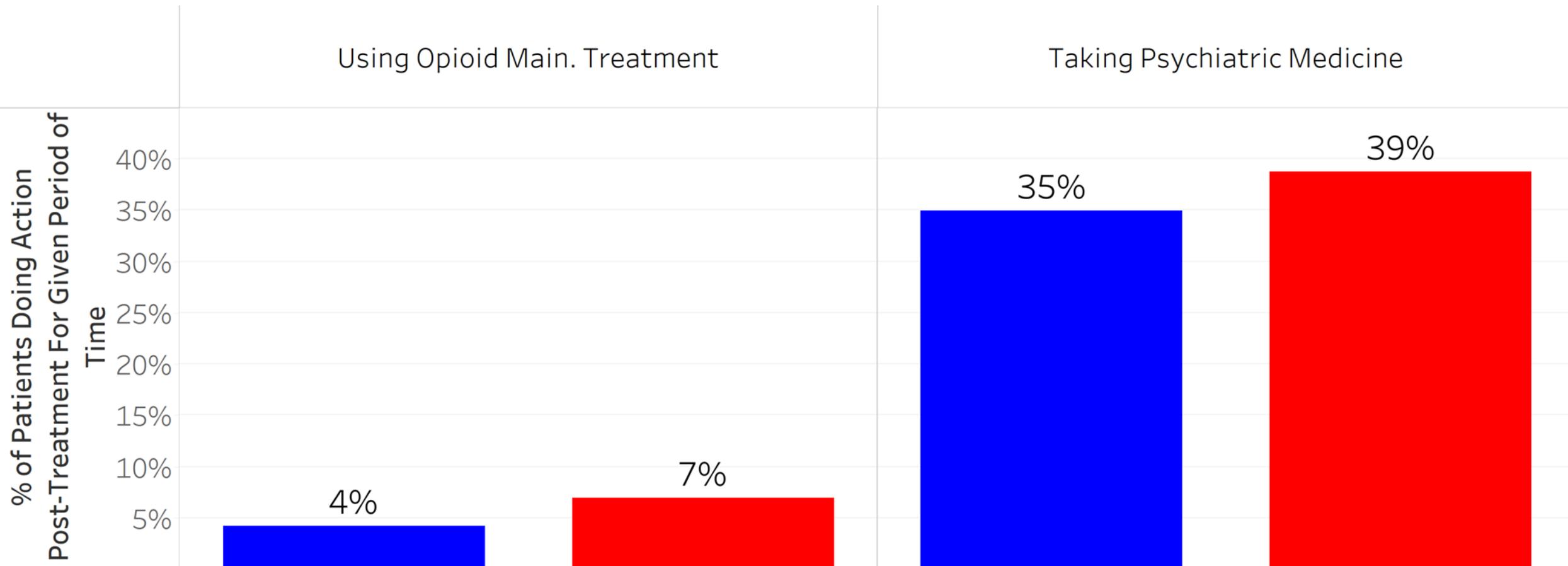


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Actions Taken For At Least Six Months Post-Treatment That Did Not Appear To Have Helped Patients Remain Abstinent at Twelve Months

(among adult, non-professional SUD patients discharged between 7/1/2016 and 6/30/2022)

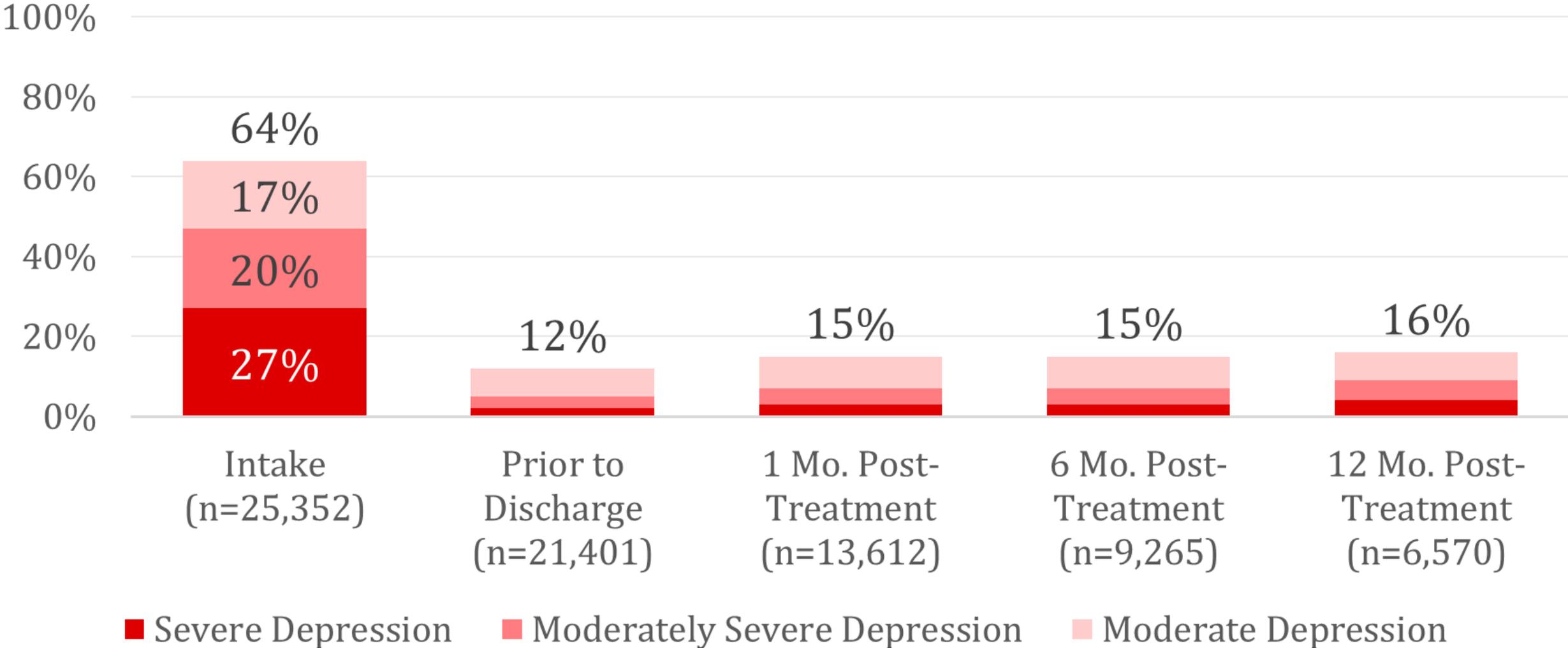
- Abstinent for at least L30D at 12M post-treatment (n=5,560)
- Used drugs/alcohol in L30D at 12M post-treatment (n=944)



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Patient Progress on Depression Symptoms

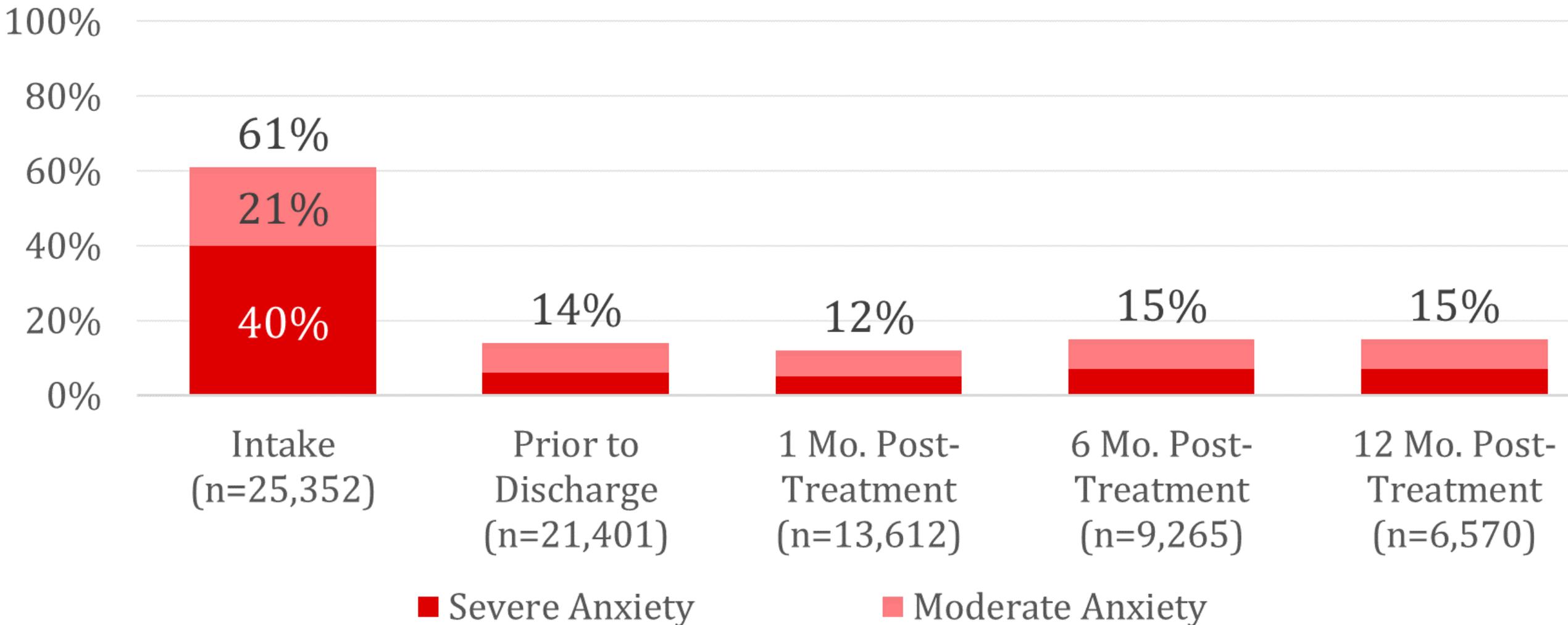
(among adult, non-professional SUD patients with survey due dates no later than 6/30/23)



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Patient Progress on Anxiety Symptoms

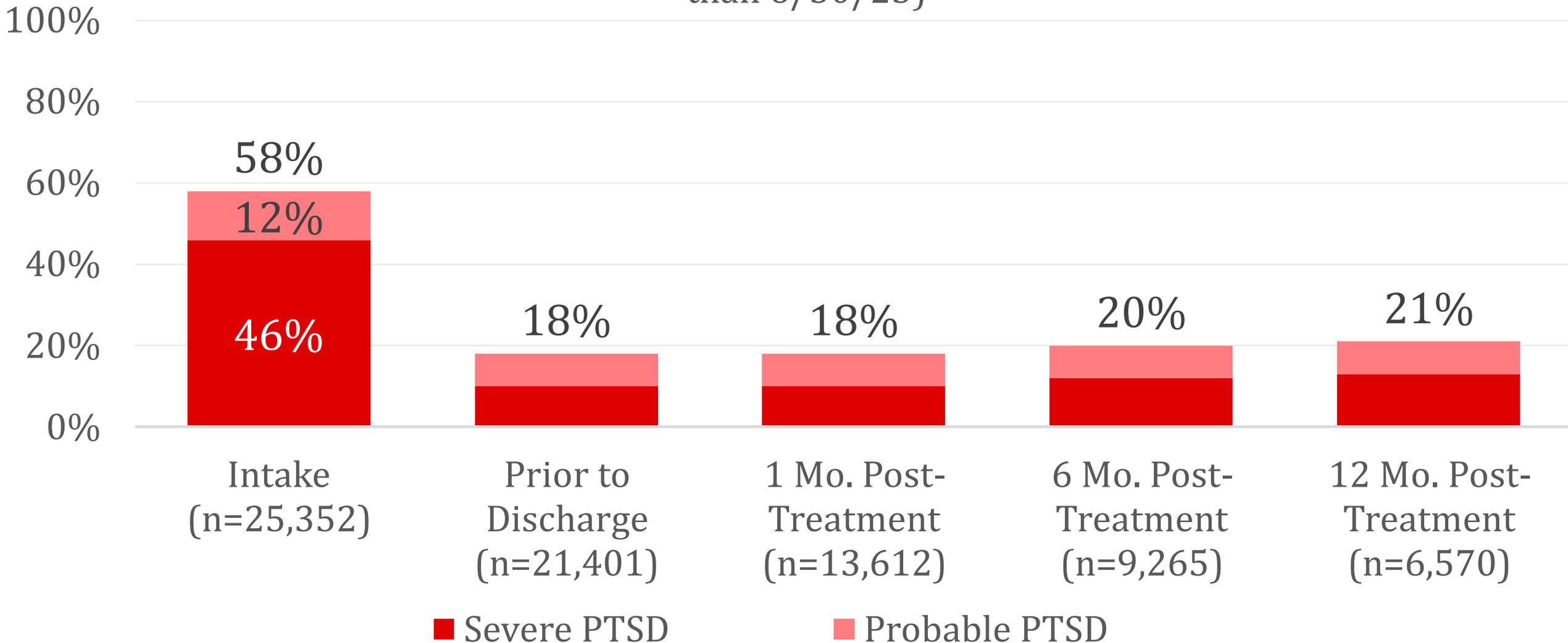
(among adult, non-professional SUD patients with survey due dates no later than 6/30/23)



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Patient Progress on Trauma Symptoms

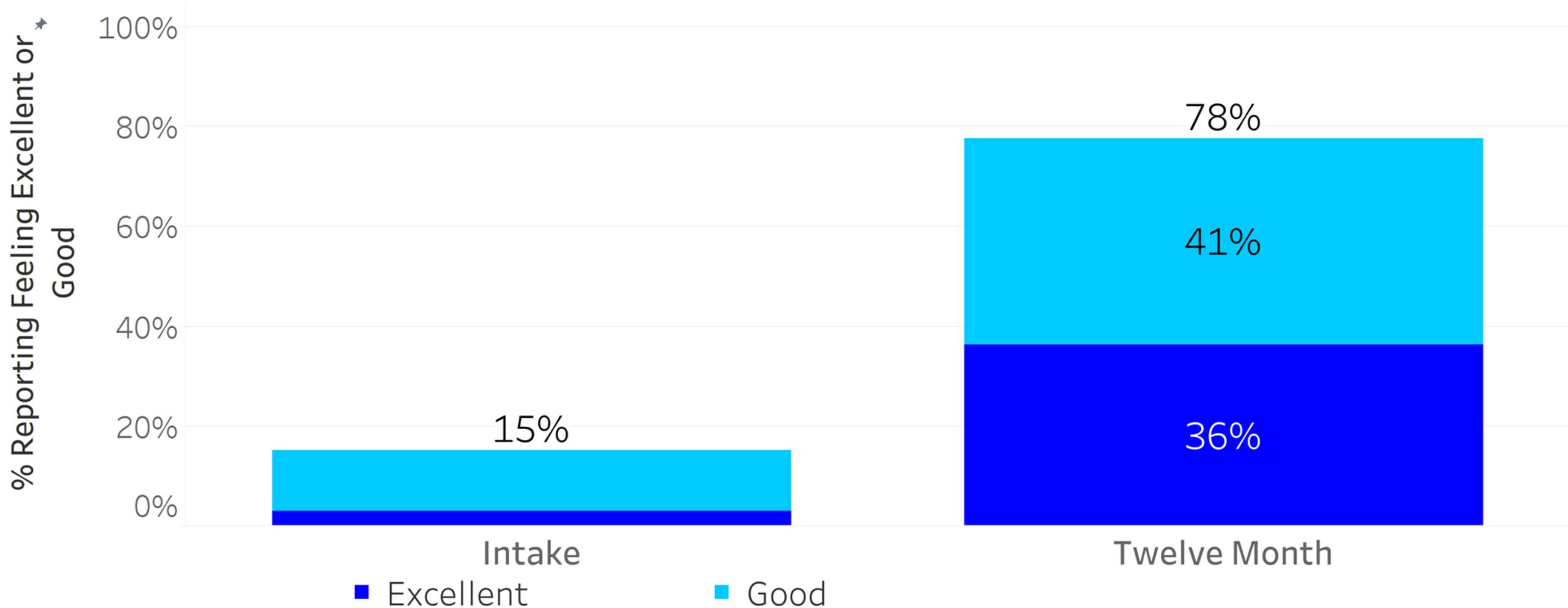
(among adult, non-professional SUD patients with survey due dates no later than 6/30/23)



Feeling Good Overall

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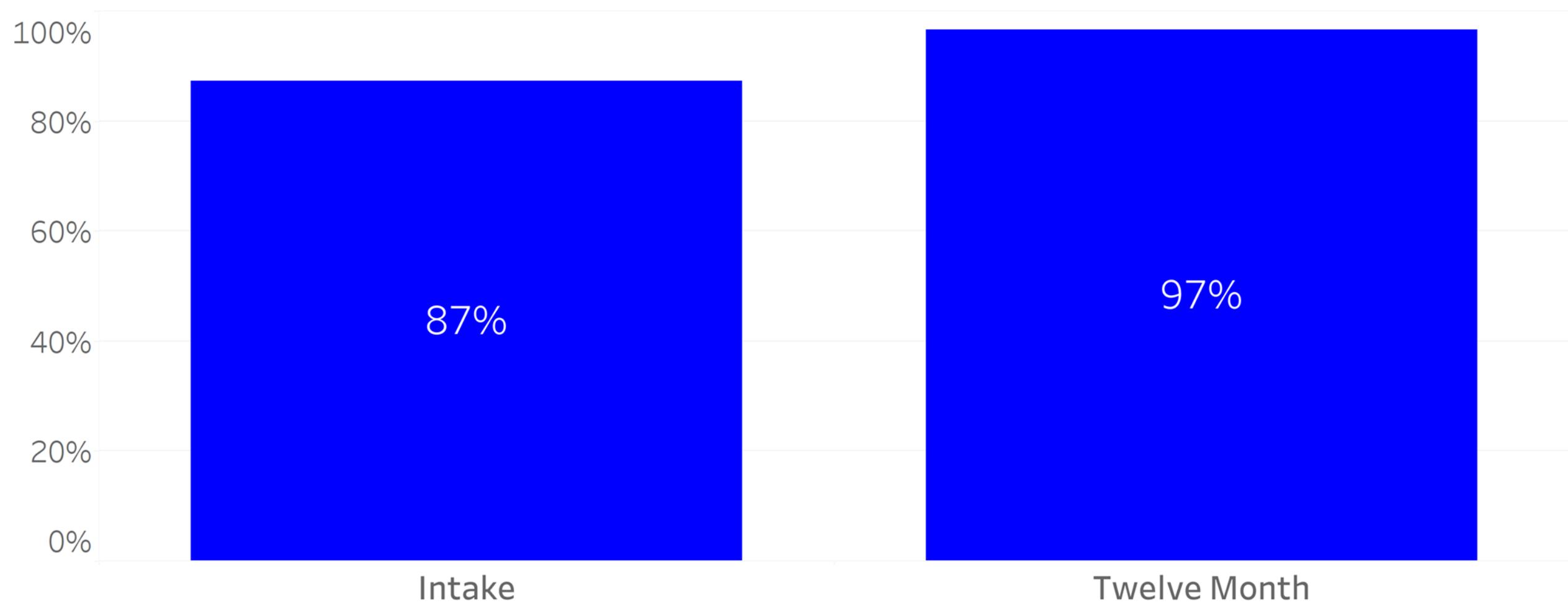
(among 6,570 adult, non-professional SUD patients who discharged between 7/1/2016 and 6/30/22 and submitted a 12-month survey)



% Living in Stable Housing

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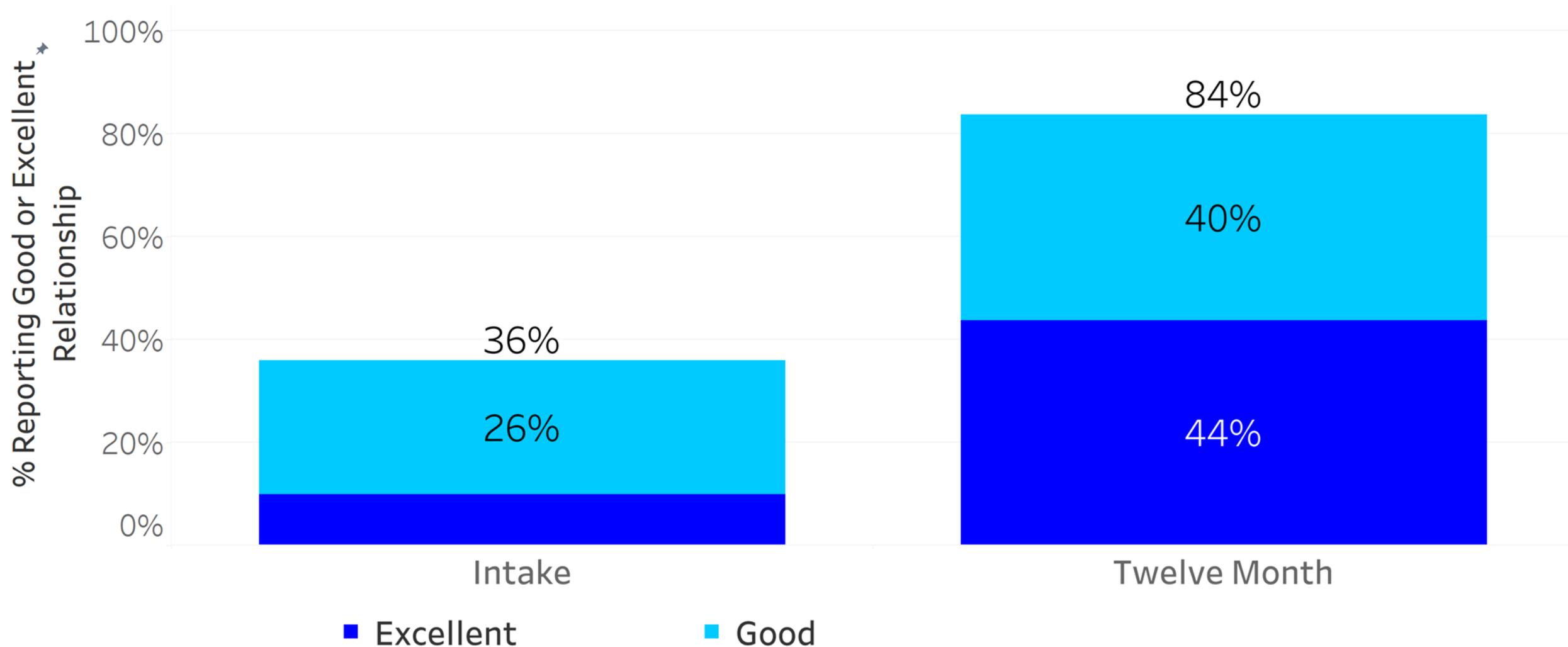
(among 6,396 adult, non-professional SUD patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)



Good Relationship with Closest Family Members

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(among 6,396 adult, non-professional SUD patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)

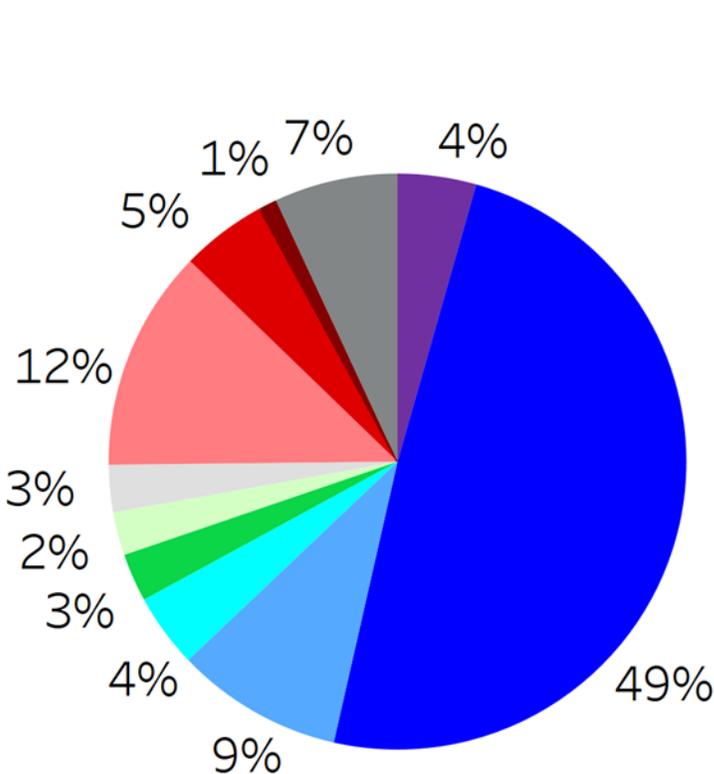


Impact of Treatment on Employment

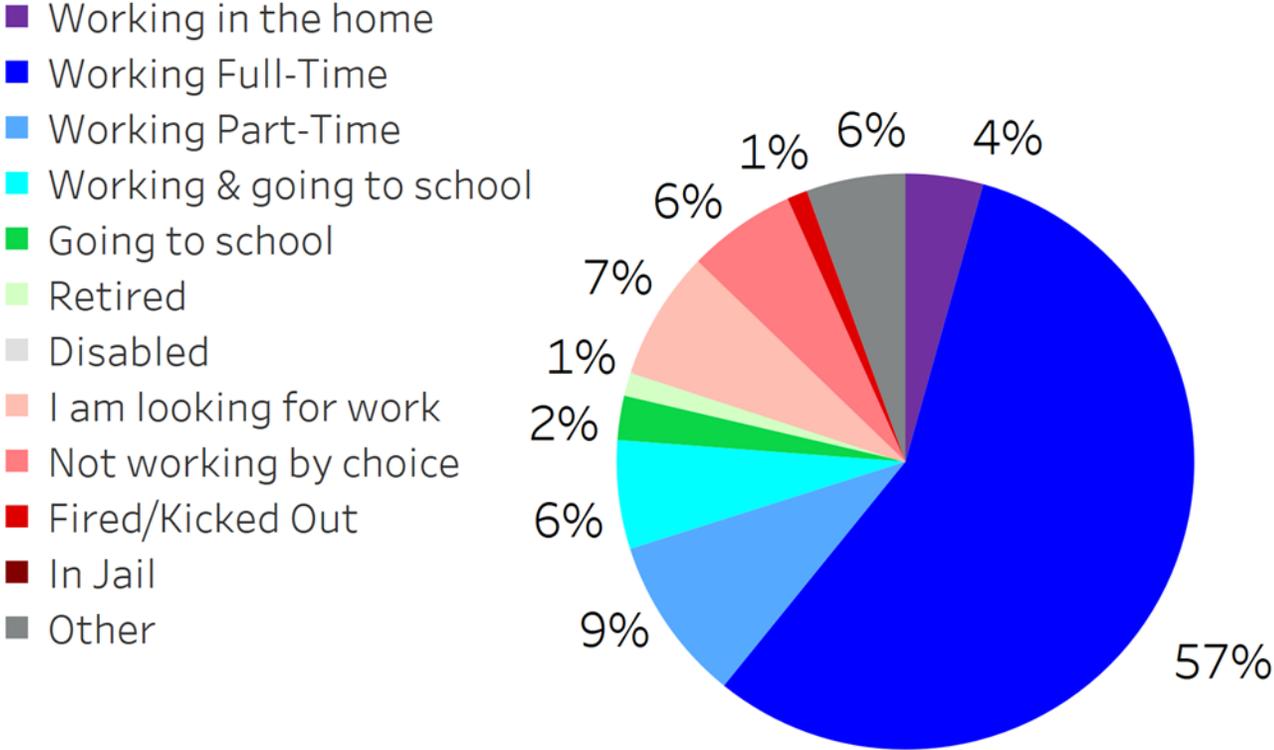
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(among 6,396 adult, non-professional SUD patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)

Employment at Intake



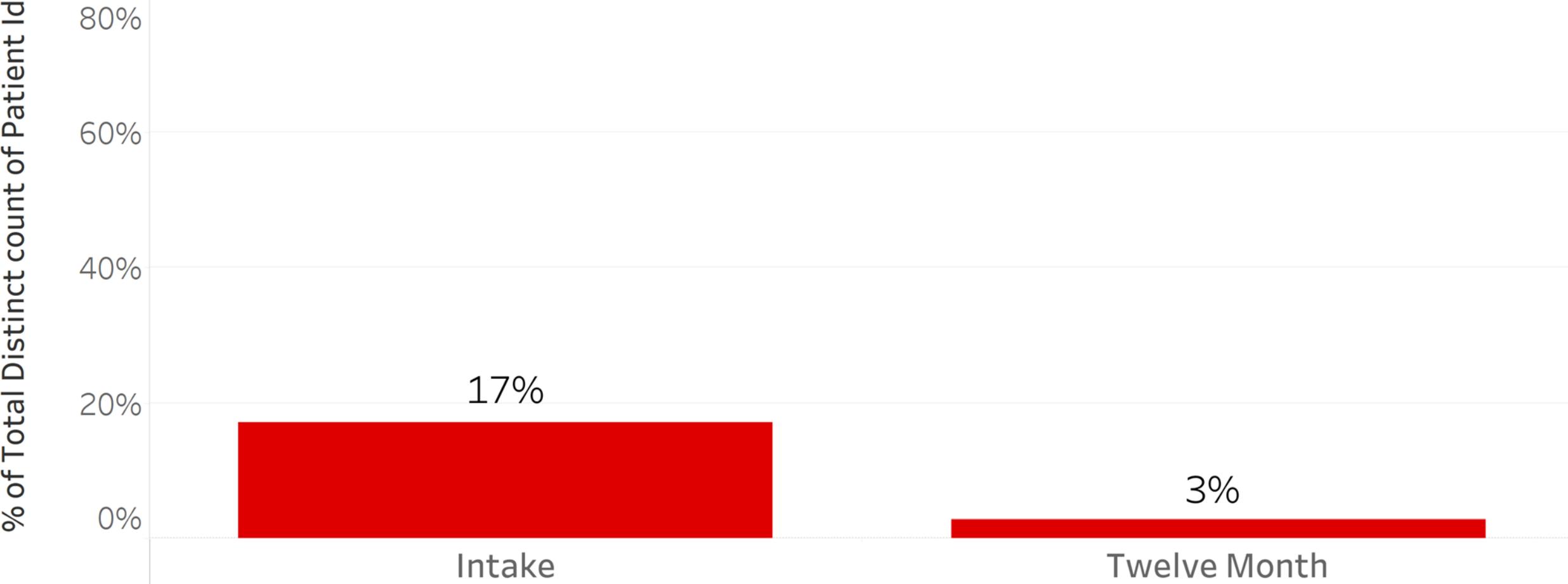
Employment at Twelve Month



% Charged with Serious Criminal Justice Offense

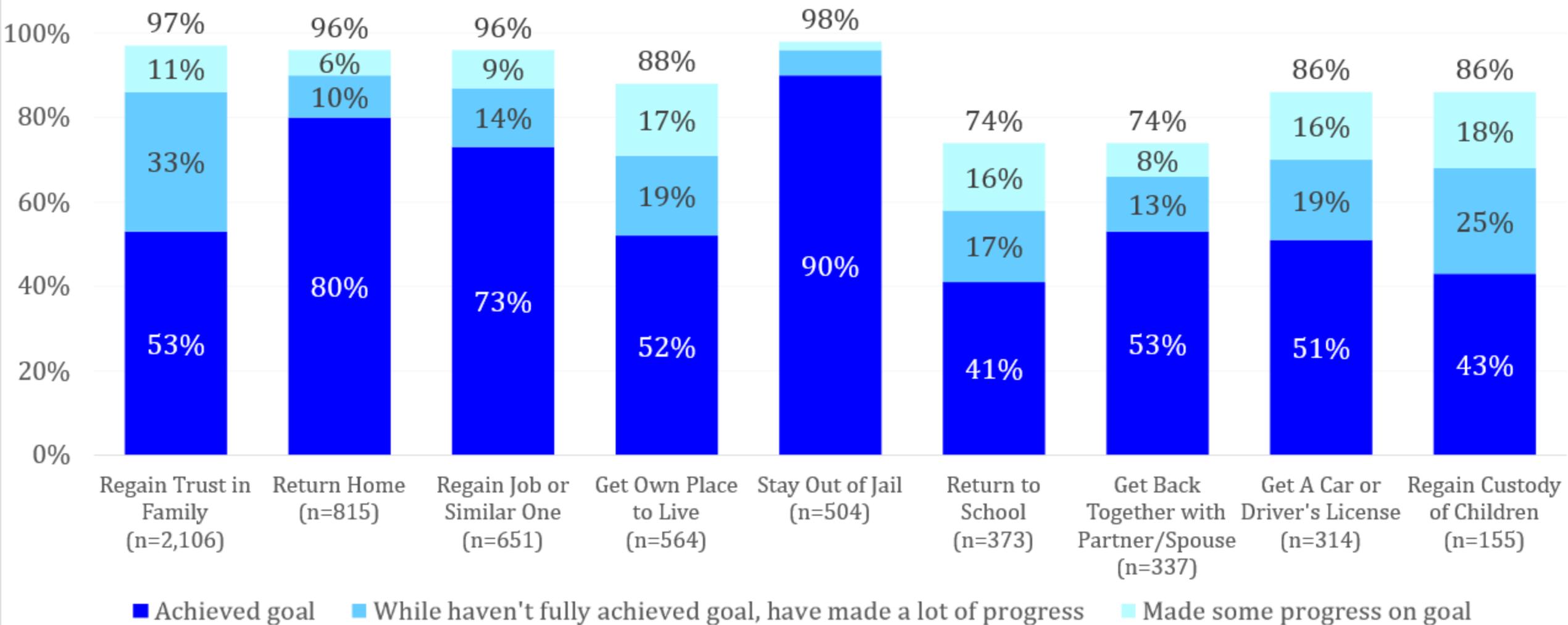
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(among 6,396 adult, non-professional SUD patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)



Vista Research Network

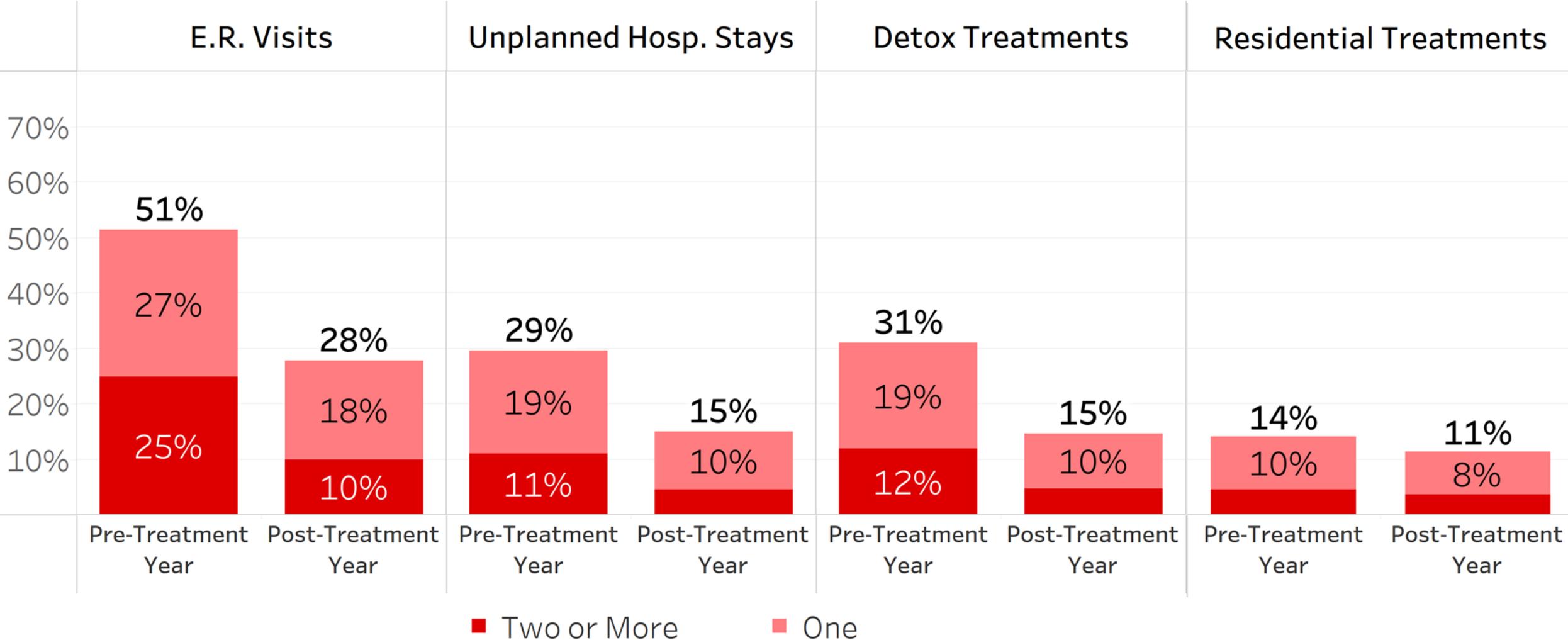
Progress on Achieving Non-Usage-Related Goals by One Year Post-Treatment
(among 5,560 adult, non-professional SUD patients discharged between 7/1/16 & 6/30/22 who reported being abstinent for at least the last 30 days at one year post)



Number of Expensive Medical Interventions

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(among 6,396 adult, non-professional SUD patients who discharged between 7/1/2016 and 6/30/22 and completed a 12-month survey)



Patient Satisfaction with Treatment

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(among adult, non-professional SUD patients discharged between 7/1/2016 and 5/31/2023)

